

**EDUCATION AUTHORITY (SOUTHERN REGION)
CATERING SERVICES**

St Marys October 2018

	Week commencing: 1st	Week commencing: 8th	Week commencing: 15th	Week commencing: 22nd
Monday	Bacon or Stew Mixed Vegetable, Mashed Potatoes, Gravy Cookie & Fruit	Savoury Mince or Steakburger Peas, Gravy Mashed Potatoes Muffin & Fruit	Bacon, Shepherds Pie Cabbage, Gravy Mashed Potatoes Cookie & Fruit	Spaghetti Bolognese, Bacon Mixed Vegetables, Gravy Mashed Potatoes Cookie & Fruit
Tuesday	Fish Fingers or Chicken Korma & Rice Salad Bar Chips, Baby Potatoes Strawberry Mousse & Fruit	Chicken Nuggets, Pasta Bake Salad Bar Chips, Baby Potatoes Frozen Yoghurt & Fruit	Fish Fingers or Chicken Curry & Rice Peas, Coleslaw Chips, Baked Potatoes Strawberry Mousse & Fruit	Homemade Pizza Sweet & Sour Chicken & Rice Sweetcorn Chips or Baked Potatoes Frozen Yoghurt & Fruit
Wednesday	Lasagne or Chicken Crumble Cabbage, Gravy Mashed Potatoes, coleslaw Muffin & Fruit	Homemade Pizza Peppered Chicken & Rice Baked Beans, Carrots Chips, Potatoes Ice cream & Wafers & Fruit	Homemade Pizza Chicken Pasta Bake Sweetcorn, Mashed Potatoes, Gravy Muffin & Fruit	Fish Bite or Chicken Wrap Salad Bar Chips or Baby Potatoes Jelly & Ice cream & Fruit
Thursday	Roast Chicken & Stuffing Sweetcorn Mashed & Oven Roast Potatoes Shortbread & Fruit	Roast Gammon & Stuffing Broccoli, Gravy Mashed & Oven Roast Potatoes Cookie & Fruit	Roast Pork & Stuffing Carrots, Gravy Mashed & Roast Potatoes Flakemeal & Fruit	Harvest Dinner!!!! Roast Turkey & Stuffing Peas, Carrots & Gravy Roast & Mashed Potatoes Muffin & Fruit
Friday	Sausages or Tuna Wrap Baked Beans, Carrots Chips, Baked Potatoes Jelly & Icecream	Homemade Chicken Soup Hotdogs & Onions Tuna Roll Jelly & Icecream	Sausages or Chicken Wrap Baked Beans, Broccoli Chips, Boiled Potatoes Jelly & Ice cream	Chicken Soup Steakburger, Onions Cheese Roll Ice cream Tub & Fruit

Milk & Water available daily

Fruit and Yoghurt and Bread available daily

Menu subject to deliveries

If a child has an allergy, please contact the Principal/Unit Catering Supervisor