

# EAT SMART WITH THE LUNCH BUNCH



Week beginning	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> September 29 <sup>th</sup> September	Homemade Beef Bolognese - Or Green Beans & Diced Carrots - Penne Pasta or Baby Potatoes with Herbs  Iced Lemon Sponge Finger	Baked Breaded Whiting & Tartare Mayo  Garden Peas & Sweetcorn Chipped Potatoes or Baked Jacket Potatoes  Forest Fruits Flavoured Jelly with Mandarin Oranges	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread  Broccoli & Roasted Butternut Squash Steamed Fluffy Rice or Oven-Baked Herb Wedges  Cheesecake with Strawberry Sauce	Cook's Gammon with Stuffing & Gravy  Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes  Belgian Waffle with Fruit Salad & Chocolate Sauce	Oven Baked Chicken Goujons with choice of Dip  Baked Beans & Coleslaw Chipped Potatoes or Baked Jacket Potato  Artis Roll with Summer Berry Sauce
8 <sup>th</sup> September	Golden Crumbed Fish Fingers & Mayo Dip  Garden Peas & Baked Beans Mashed Potato or Pasta Salad  Homebaked Chocolate & Raspberry Dessert	Homemade Beef Bolognese Bake with Garlic Bread Slice  Baton Carrots & Broccoli Chipped Potato & Baby Potato Salad  Assorted Yoghurt Pots & Fresh Fruit Salad	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread  Sweetcorn & Spaghetti Hoops Steamed Fluffy Rice or Mashed Potato  Caramel Apple Crumble & Custard	Cook's Roast Turkey with Stuffing & Gravy - Or - Salmon Fishcake with Mayo  Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes  Ice Cream with Two Fruits	Cheeseburger with Burger Sauce in Bag - Or - Mini Corn on the Cob & Coleslaw Chipped Potatoes or Baked Jacket Potato  Homebaked Gutty Biscuits with Fresh Fruit
15 <sup>th</sup> September	Oven Baked Cod Goujons with Mayo Dip  Garden Peas & Potato Salad Chipped Potatoes or Baked Jacket Potato  Ice-Cream Slider & Orange Wedges	Homemade Spaghetti Bolognese  Baton Carrots & Broccoli Spaghetti & Parsley Baby Potatoes  Homemade Jam & Custard Sponge & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread - Or - Mini Corn on the Cob & Butternut Squash Steamed Rice or Oven Roasted Cubed Potatoes  Summer Fruit Salad & Yoghurt	Cook's Roast Pork with Stuffing & Gravy  Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes  Strawberry Jelly & Sliced Pears	Oven Baked Chicken Nuggets with Choice of Dip  -Sweetcorn & Baked Beans - Chipped Potatoes or Baked Jacket Potato  Homemade Shortbread & Watermelon Wedge
22 <sup>nd</sup> September	Baked Cod Bites with mayo Dip  Mashed Peas & Coleslaw Chipped Potatoes or Baked Jacket Potato  Chocolate Krispie Square & Orange Wedges	Home-Baked Margherita or Tex-Mex Spicy Beef Pizza - Or - Baton Carrots & Broccoli Oven Baked Paprika Wedges & Baby Potato Salad  Cola Jelly & Chopped Fruit	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread  Sweetcorn & Roasted Butternut Squash - Steamed Fluffy Rice & Pasta Salad  Angel Cake & Custard	Cook's Roast Beef & Yorkshire Pudding with Stuffing & Gravy  Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes  Ice-Cream Sliced Pears & Caramel Sauce	Hot Dog with Ketchup  Mini Corn on the Cob & Baked Beans Skippy "French Fries" or Baked Jacket Potato  Chocolate Cookie & Milkshake

MILK, WATER, BREAD & FRESH FRUIT  
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS,  
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT  
AVAILABILITY