

EAT SMART WEEK

THE LUNCH BUNCH



WEEK
BEGINNING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

16th February 16th March 13th April 11th May 8th June	Baked Fish Goujons with Lemon Mayo Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato Selection of Fruit Yoghurt Pots	Homemade Beef Bolognese Baton Carrots & Green Beans Fusilli Pasta & Fresh Seasonal Salad Mandarin Orange Sponge with Custard	Lunch Bunch Chicken Curry & Mini Naan Bread Garden Peas & Fresh Seasonal Salad Steamed Rice & Oven Roast Wedges Peach & Raspberry Traybake Trifle	Roast Pork with Stuffing and Rich Gravy Steamed Broccoli & Cauliflower Mashed Potatoes & Oven Roast Potatoes Chocolate and Pear Sponge Cake	Hot Dog with Tomato Ketchup Garden Peas & Mini Corn on the Cob Chipped Potatoes & Baked Potato Vanilla Ice Cream with Sliced Peas
23rd February 23rd March 20th April 18th May 15th June	Golden Baked Cod Bites Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato Frozen Strawberry Yoghurt and Fruit Tub	Mid Beef Chili Sweetcorn, Fresh Seasonal Salad & Coleslaw Steamed Rice & Oven Roast Wedges Homemade Apple Sponge with Custard	Lunch Bunch Chicken Curry & Mini Naan Bread Garden Peas & Diced Carrots Steamed Rice & Mashed Potatoes Fresh Fruit Salad with Strawberry Yoghurt	Roast Turkey with Stuffing and Rich Gravy Roast Carrots & Spring Cabbage Mashed Potatoes & Oven Roast Potatoes Fruit Muffin and Milkshake	Cheeseburger with Tomato Ketchup Mini Corn on the Cob & Crunchy Veggie Sticks Chipped Potatoes & Baby Potatoes Oatmeal Biscuit with Orange Wedges
2nd March 30th March 27th April 25th May 22nd June	Golden Crumbed Fish Fingers Garden Peas & Spaghetti Hoops Chipped Potatoes & Mashed Potatoes Banana-flavoured Mousse	Homemade Beef Bolognese Steamed Broccoli & Fresh Seasonal Salad Fusilli Pasta & Herbed Baby Potatoes Summer Fruit Sponge Finger	Lunch Bunch Chicken Curry & Mini Naan Bread Green Beans & Baton Carrots Steamed Rice & Oven Roast Wedges Blueberry and Lemon Sponge with Custard	Roast Gammon with Stuffing and Rich Gravy Cauliflower & Roast Butternut Squash Mashed Potatoes & Oven Roast Potatoes Jelly Whip with Mandarin Oranges	Baked Pork Sausages Sweetcorn & Baked Beans Chipped Potatoes & Mashed Potatoes Frozen Vanilla Yoghurt with Melon Wedge
9th March 6th April 4th May 1st June 29th June	Homemade Beef Bolognese Baton Carrots & Steamed Broccoli Fusilli Pasta & Oven Roast Wedges Melon, Mandarin and Pineapple Pot	Ham and Cheese Pizza Sweetcorn & Coleslaw Chipped Potatoes & Baby Potatoes Raspberry Jelly with Two Fruits	Lunch Bunch Chicken Curry & Mini Naan Bread Garden Peas & Roast Butternut Squash Steamed Rice & Potato Salad Pineapple Upside Down Cake with Custard	Roast Beef with Yorkshire Pudding, Stuffing and Rich Gravy Or Baked Salmon and Tomato Pasta Roast Carrot & Cauliflower Mashed Potatoes & Oven Roast Potatoes Chocolate-flavoured Mousse with Chopped Fruit	Oven Baked Chicken Goujons Garden Peas & Baked Beans Chipped Potatoes, Baked Potato & Fresh Seasonal Salad Homemade Flakemeal Biscuit with Melon Wedge