

Workshops for Parents

West Winds Primary School

Parent's Emotional Health

Tuesday 3rd May 2022 at 3.00pm - 4.30pm

This session aims to support parents to understand how parental mental health can impact on children and to share top tips to improve parental emotional wellbeing and self care strategies.

Children's Emotional Health

Tuesday 10th May 2022 at 3.00pm - 4.30pm

This session aims to support parents to recognise the importance of their child's emotional health whilst sharing tips and techniques to develop their child's mental health and wellbeing.

Promoting Positive Behaviour

Tuesday 17th May 2022 at 3.00pm - 4.30pm

This session aims to help parents understand children's behaviours, recognise the triggers to their child's behaviour and gives practical tips on how to reinforce positive behaviour.

To book a place on one or all of the above sessions,
please email your name and email address to,
office@westwindsprimary.org

Please remember to state which session(s) you would like to attend.

