

Larne and Inver Primary School 2020 – 2021



MENU - Four weekly cycle

Beginning: Week 1 – Monday 12th April 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>Chicken bites, baked beans. Salad, coleslaw, chips/homemade chilli potato skins. Wholemeal bread</p> <p>Cheese & Crackers & Cut Grapes</p>	<p>Chicken Curry with boiled rice, Naan Bread & Carrot Sticks</p> <p>Chocolate Brownie with Chocolate flavoured sauce & Orange Wedges</p>	<p>Cottage Pie, sweetcorn & finely diced pepper. Mashed Potato. Wheaten Bread</p> <p>Watermelon Slice & Yogurt.</p>	<p>Roast Beef with stuffing. Baton carrots, broccoli, mashed & oven dry roasted potatoes with gravy.</p> <p>Fresh Fruit & Ice Cream Sundae</p>	<p>Salmon fishcakes/fish fingers Garden peas Homemade potato wedges with sweet chilli dipping sauce. Crusty Bread.</p> <p>Kiwi & strawberry egg sponge square</p>
WEEK 2	<p>Gourmet homemade pizza with chicken, peppers & tomato topping. Pineapple salsa, side salad, chips/baked potato.</p> <p>Yoghurt and fresh fruit salad.</p>	<p>Pasta bolognaise, carrot batons & crusty bread.</p> <p>Yogurt & trio of fruits.</p>	<p>Fish fingers, baked beans, mashed potato. Wholemeal bread.</p> <p>Chocolate & pear sponge with dairy custard.</p>	<p>Roast chicken, stuffing, sliced green beans, diced carrot & parsnips. Oven dry roast potato, mashed potato & gravy</p> <p>Summer fruits & yoghurt</p>	<p>Steak burger in bap, Salad, coleslaw & Homemade spiced, cubed potatoes</p> <p>Shortbread, fruit & yogurt.</p>
WEEK 3	<p>Hot dog, sauté onions, sweetcorn salsa, side salad, chips/potato salad.</p> <p>Fresh pineapple ring and yogurt.</p>	<p>Spaghetti bolognaise with wheaten bread.</p> <p>Strawberry swiss roll with dairy custard</p>	<p>Oven baked breaded whiting, baked beans, mashed potatoes and crusty bread.</p> <p>Forest fruits & yoghurt</p>	<p>Roast beef with stuffing, cabbage, carrots & parsnip. Mashed & oven dry roast potatoes with gravy.</p> <p>Rice pudding with pears.</p>	<p>Chicken curry, boiled rice, carrot sticks & Naan bread.</p> <p>Chocolate cookie, chunk of banana & Milkshake</p>
WEEK 4	<p>Hawaiian salad burger Asian slaw, Chips/potato salad</p> <p>Melody of fruit & yoghurt</p>	<p>Chicken Curry with boiled rice, carrot sticks & Naan bread.</p> <p>Fruit filled meringue shell drizzled with vanilla custard</p>	<p>Buffet Day</p> <p>Crusty roll, cheese sandwich, chicken nuggets, pizza fingers/cocktail sausages & carrot sticks.</p> <p>Fruit muffin, banana & milkshake.</p>	<p>Roast Pork & stuffing, diced turnip, broccoli florets, mashed & oven dry roast potatoes & gravy.</p> <p>Cheese & crackers with cut grapes.</p>	<p>Fish fingers, beans & mashed potatoes. Crusty bread.</p> <p>Melon wedge & frozen yogurt.</p>

Unfortunately, the menu may change due to circumstances beyond our control. Please contact the Principal if your child has any allergies/dietary requirements.