

Larne and Inver Primary School 2021 – 2022



MENU - Four weekly cycle **Beginning: Week 3 – Monday 21st February 2022**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>Chicken Nuggets Baked Beans Coleslaw Chips or Baked Potato</p> <p>Melon & Yogurt</p>	<p>Chicken Curry with Boiled Rice, Naan Bread & Carrot Sticks</p> <p>Chocolate Brownie with Chocolate flavoured sauce & Orange Wedges</p>	<p>Roast Beef with stuffing. Baton Carrots, Broccoli, Oven dry roasted potatoes with gravy.</p> <p>Fresh Fruit & Ice Cream Sundae</p>	<p>Irish Stew</p> <p>Or</p> <p>Chicken Fried Rice & Crusty Bread</p> <p>Cookie & grapes</p>	<p>Salmon fishcake or Fish fingers Garden peas Homemade potato wedges with sweet chilli dipping sauce. OR Sweet Chilli Chicken Pitta Bread Crusty Bread & Salad</p> <p>Kiwi & strawberry sponge & Custard</p>
WEEK 2	<p>Cheese pizza Side salad, Corn Chips or Baked potato.</p> <p>Yoghurt and fruit</p>	<p>Pasta bolognaise, carrot batons & crusty bread.</p> <p>Semolina or Yoghurt & Fruit.</p>	<p>Roast chicken, stuffing, Carrot & parsnips. Oven dry roast potato & gravy</p> <p>Fruit & yoghurt</p>	<p>Fish fingers</p> <p>OR</p> <p>Chicken Pie with Soda top</p> <p>Peas, Cube Roast Potato Wholemeal bread.</p> <p>Chocolate & pear sponge with custard.</p>	<p>Steak burger in bap, Salad, coleslaw & Homemade cubed potatoes</p> <p>Shortbread, fruit & yoghurt.</p>
WEEK 3	<p>Hot dog, sauté onions, side salad, chips, potato salad.</p> <p>Pineapple and yoghurt.</p>	<p>Spaghetti bolognaise with wheaten bread.</p> <p>Strawberry swiss roll with dairy custard</p>	<p>Roast beef with stuffing, Cabbage & carrots Roast potatoes with gravy.</p> <p>Rice pudding with pears.</p>	<p>Fish Fingers, baked beans, salad, potatoes and crusty bread OR Baked Potato with beans, Cheese or tuna</p> <p>Fruit & yoghurt</p>	<p>Chicken curry, boiled rice, carrot sticks & Naan bread.</p> <p>Chocolate cookie, chunk of banana & Milkshake</p>
WEEK 4	<p>Hawaiian burger Coleslaw, Chips potato salad</p> <p>fruit & yoghurt</p>	<p>Chicken Curry with boiled rice, carrot sticks & Naan bread.</p> <p>Fruit filled meringue shell with custard</p>	<p>Roast Pork & stuffing, diced turnip, broccoli florets, roast potatoes & gravy.</p> <p>Cheese & crackers with cut grapes.</p>	<p>Buffet Day</p> <p>Crusty roll, cheese, chicken nuggets, pizza, cocktail sausages & carrot sticks.</p> <p>Fruit muffin & Banana chunk</p>	<p>Fish fingers, beans & mashed potatoes. Crusty bread OR Lasagne with Salad & Crusty Bread</p> <p>Melon & frozen yoghurt.</p>

Unfortunately, the menu may change due to circumstances beyond our control. Please contact the Principal if your child has any allergies/dietary requirements.