

If You're Happy And You Know It

If you're happy and you know it, clap your hands.
If you're happy and you know it, clap your hands.
If you're happy and you know it, and you really
want to show it if you're happy and you know it
clap your hands.

If you're happy and you know it, stamp your feet.
If you're happy and you know it, stamp your feet.
If you're happy and you know it, and you really
want to show it if you're happy and you know it
clap your hands.

If you're happy and you know it, shout hooray.
If you're happy and you know it, shout hooray
If you're happy and you know it, and you really
want to show it if you're happy and you know it
shout hooray.

Happy and you know it in Makaton

<https://www.youtube.com/watch?v=q8agOV3bB6A>



Sometimes I feel happy

Sometimes I feel happy,
Sometimes I feel sad.
Sometimes I feel curious,
Sometimes I feel mad.

Sometimes I feel silly,
Sometimes I feel surprised.
How many feelings,
Do I have inside?

Jean Warren

Emotions Hokey Pokey

You put your happy face in
Your take your happy face out
you put your happy face in
and you shake it all about

You do the hokey pokey
And you turn yourself around
Everybody turn around

You put your sad face in
Your take your sad face out
you put your sad face in
and you shake it all about

You do the hokey pokey
And you turn yourself around
Everybody turn around

You put your angry face in
Your take your angry face out
you put your angry face in
and you shake it all about

You do the hokey pokey
And you turn yourself around
Everybody turn around

You put your scared face in
Your take your scared face out
you put your scared face in
and you shake it all about

You do the hokey pokey
And you turn yourself around
Everybody turn around

You put your silly face in
Your take your silly face out
you put your silly face in
And you shake it all about

You do the hokey pokey
And you turn yourself around
Everybody turn around

Everybody turn around.

Tune: "Twinkle, Twinkle Little Star"

I have feelings, so do you.
Let's all sing about a few.
We get happy, we get sad.
We get scared, we get mad.
I am proud of being me
That's a feeling, too, you see.
I have feelings, so do you.
We just sang about a few.



The More We Get Together

The more we get together, together,
together,

The more we get together the happier
we will be.

Because your friends are my friends and
my friends are your friends.

The more we get together the happier
we will be.



Any Way I Feel

When I am happy, I laugh. ha,ha,ha.

When I am sad I cry. Boo, hoo,hoo.

When I am angry. I Yell Rats, rats, rats.

When I am down, I sigh. Ahh, ahh, ahh

Any way I feel, I can show it to you.

Do you ever feel the same way, too?

When I am tired. I yawn. Aw, aw,aw.

When I am silly. I giggle. Hee, hee, hee.

When I am sick. I moan. Oh, oh, oh.

When I am excited. I wiggle.jiggle,jiggle.

Any way I feel, I can show it to you.

Do you ever feel the same way too?

Emotion Action Song

If your happy and you know it
clap your hands.

If your sad and you know it
cross your arms.

If your mad and you know it
stop your feet.

If your excited and you know it
jump up and down

If your sad and you know it
make a frown.

If your scared and you know it
hide your face.

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