# EAT SMART WITH <br> WEEKS SERVED MONDAY TUESDAY WEDNESDAY 

THURSDAY

| 19 February <br> 18 March <br> 15 April <br> 13 May <br> 10 June <br> 2 September <br> 30 September | Breaded Fish \& Lemon Mayo <br> Garden Peas / Baked Beans Chipped / Baked Potato <br> Raspberry Jelly \& Two Fruits | Beef Bolognese <br> Sweetcorn, Pasta spirals \& Crusty Bread <br> Chocolate Cookie \& Orange | Chicken Curry \& Naan Bread <br> Green Beans Boiled Rice <br> Fruit Sponge \& Custard | Roast Pork, Stuffing \& Gravy Carrots \& Broccoli <br> Mashed / Oven Roast Potato <br> Pineapple Delight | Hot Dog <br> with Tomato Ketchup <br> Spaghetti Hoops / Sweetcorn Chipped / Potatoes Ice-Cream \& Mandarin Oranges |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 26 February <br> 25 March <br> 22 April <br> 20 May <br> 17 June <br> 9 September | Golden Crumbed Fish Fingers <br> Baked Beans \& Garden Peas Chipped / Baked Potato <br> Homemade Flakemeal Biscuit | Beef Bolognese <br> Diced Carrots Pasta Spirals, Crusty Bread <br> Mandarin Orange Sponge \& Custard | Chicken Curry \& Naan Bread <br> Garden Peas Boiled Rice <br> Arctic Roll and Peaches | Roast Gammon, Stuffing \& Gravy <br> Turnip \& Cabbage Mashed / Oven Roast Potato <br> Homemade Brownie \& Orange Wedges | Chicken Goujons \& Sweet Chilli Dip <br> Spaghetti Hoops / Sweetcorn Chipped Potatoes <br> Fruit Muffin \& Orange Juice |
| 4 March <br> 1 April <br> 29 April <br> 27 May <br> 24 June <br> 16 September | Golden Crumbed Fish Fingers <br> Sweetcorn \& Roasted Peppers Chipped / Baked Potato / Coleslaw Ice-Cream, Pears \& Chocolate Sauce | Beef Meatballs in Tomato \& Basil Sauce <br> Green Beans / Baton Carrots Pasta Spirals <br> Sticky Date Pudding \& Custard | Homemade Cottage Pie <br> Spring Greens Oven Baked Potato Wedges <br> Summer Fruit Cheesecake | Roast Chicken, Stuffing \& Gravy <br> Carrots \& Parsnips Mashed / Oven Roast Potato <br> Golden Krispie Square | School "Chippy Day" Chicken Goujons / Sausages <br> Beans/Peas Chipped/Potatoes <br> Frozen Fruit Yoghurt |
| 11 March <br> 8 April <br> 6 May <br> 3 June <br> 26 August <br> 23 September | Baked Pork Sausages \& Gravy <br> Baked Beans / Garden Peas Chipped / Baked Potato Ice-Cream \& Two Fruits | Breaded Fish \& Lemon Mayo <br> Garden Peas Diced Carrots Mashed Potato <br> Fruit Sponge \& Custard | BBQ Pulled Pork Pizza Wrap <br> Sweetcorn Oven Roasted Garlic \& Paprika Wedges Jaffa Cake Pots | Roast Chicken, Stuffing \& Gravy <br> Broccoli \& Cauliflower Mashed / Oven Roast Potato <br> Fresh Fruit Salad \& Yoghurt | Beef Burger in Bap with Onions Corn on the Cob / Pasta Salad Chipped Potato Lemon Shortbread \& Melon Wedge |

