

# EAT SMART WEEK THE LUNCH BUNCH



## WEEK BEGINNING

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

|   |  |  |  |  |   |
|---|--|--|--|--|---|
| <b>16th February</b><br><b>16th March</b><br><b>13th April</b><br><b>11th May</b><br><b>8th June</b>  | <b>P1-P3</b><br>Baked Fish Goujons with Lemon Mayo<br><b>P4 – P7</b><br>Classic Margherita Pizza<br><br>Steamed Broccoli & Baked Beans<br>Chipped Potatoes & Baked Potato<br><br>Selection of Fruit Yoghurt Pots | Homemade Beef Bolognese<br><br>Baton Carrots & Green Beans<br>Fusilli Pasta & Fresh Seasonal Salad<br><br>Mandarin Orange Sponge with Custard    | Lunch Bunch Chicken Curry & Mini Naan Bread<br><br>Garden Peas & Fresh Seasonal Salad<br>Steamed Rice & Oven Roast Wedges<br><br>Peach & Raspberry Traybake Trifle | Roast Pork with Stuffing and Rich Gravy<br><br>Steamed Broccoli & Cauliflower<br>Mashed Potatoes & Oven Roast Potatoes<br><br>Chocolate and Pear Sponge Cake           | Hot Dog with Tomato Ketchup<br><br>Garden Peas & Mini Corn on the Cob<br>Chipped Potatoes & Baked Potato<br><br>Vanilla Ice Cream with Sliced Pears                     |
| <b>23rd February</b><br><b>23rd March</b><br><b>20th April</b><br><b>18th May</b><br><b>15th June</b> | <b>P1-P3</b><br>Golden Baked Cod Bites<br><b>P4-P7</b><br>Sweet Potato and Chicken Bake<br><br>Steamed Broccoli & Baked Beans<br>Chipped Potatoes & Baked Potato<br><br>Frozen Strawberry Yoghurt and Fruit Tub  | Mild Beef Chilli<br><br>Sweetcorn, Fresh Seasonal Salad & Coleslaw<br>Steamed Rice & Oven Roast Wedges<br><br>Homemade Apple Sponge with Custard | Lunch Bunch Chicken Curry & Mini Naan Bread<br><br>Garden Peas & Diced Carrots<br>Steamed Rice & Mashed Potatoes<br><br>Fresh Fruit Salad with Strawberry Yoghurt  | Roast Turkey with Stuffing and Rich Gravy<br><br>Roast Carrots & Spring Cabbage<br>Mashed Potatoes & Oven Roast Potatoes<br><br>Fruit Muffin and Milkshake             | Cheeseburger with Tomato Ketchup<br><br>Mini Corn on the Cob & Crunchy Veggie Sticks<br>Chipped Potatoes & Baby Potatoes<br><br>Oatmeal Biscuit with Orange Wedges      |
| <b>2nd March</b><br><b>30th March</b><br><b>27th April</b><br><b>25th May</b><br><b>22nd June</b>     | <b>P1-P3</b><br>Golden Crumbed Fish Fingers<br><b>P4 – P7</b><br>Mighty Mac 'n' Cheese<br>Garden Peas & Spaghetti Hoops<br>Chipped Potatoes & Mashed Potatoes<br><br>Banana-flavoured Mousse                     | Homemade Beef Bolognese<br><br>Steamed Broccoli & Fresh Seasonal Salad<br>Fusilli Pasta & Herbed Baby Potatoes<br><br>Summer Fruit Sponge Finger | Lunch Bunch Chicken Curry & Mini Naan Bread<br><br>Green Beans & Baton Carrots<br>Steamed Rice & Oven Roast Wedges<br><br>Blueberry and Lemon Sponge with Custard  | Roast Gammon with Stuffing and Rich Gravy<br><br>Cauliflower & Roast Butternut Squash<br>Mashed Potatoes & Oven Roast Potatoes<br><br>Jelly Whip with Mandarin Oranges | Baked Pork Sausages<br><br>Sweetcorn & Baked Beans<br>Chipped Potatoes & Mashed Potatoes<br><br>Frozen Vanilla Yoghurt with Melon Wedge                                 |
| <b>9th March</b><br><b>6th April</b><br><b>4th May</b><br><b>1st June</b><br><b>29th June</b>         | Homemade Beef Bolognese<br><br>Baton Carrots & Steamed Broccoli<br>Fusilli Pasta & Oven Roasted Wedges<br><br>Melon, Mandarin and Pineapple Pot  | Ham and Cheese Pizza<br><br>Sweetcorn & Coleslaw<br>Chipped Potatoes & Baby Potatoes<br><br>Raspberry Jelly with Two Fruits                      | Lunch Bunch Chicken Curry & Mini Naan Bread<br><br>Steamed Rice & Potato Salad<br><br>Pineapple Upside Down Cake with Custard                                      | Roast Beef with Yorkshire Pudding, Stuffing and Rich Gravy<br><br>Mashed Potatoes & Oven Roast Potatoes<br><br>Chocolate-flavoured Mousse with Chopped Fruit           | Oven Baked Chicken Goujons<br><br>Garden Peas & Baked Beans<br>Chipped Potatoes, Baked Potato & Fresh Seasonal Salad<br><br>Homemade Flakemeal Biscuit with Melon Wedge |

MILK, WATER, BREAD AND  
FRESH FRUIT AVAILABLE DAILY

MENU SUBJECT TO  
PRODUCT AVAILABILITY

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR  
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL