



EAT SMART WITH THE LUNCH BUNCH

WEEKS SERVED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 October 4 November 2 December 30 December 27 January	Oven-Baked Fish Fingers Baked Beans & Oven-baked Wedges. Vanilla Ice-Cream	Traditional Irish Stew & Wheaten Bread - Baton Carrots Chipped Potato Homemade Banana Cake	"Lunch Bunch" Chicken Curry & Naan Bread – Boiled Rice Chocolate & Raspberry Sponge cake with custard	Roast Pork, Stuffing & Gravy, Fresh Seasonal Vegetables, Mashed Potato Home-baked Popcorn Cookie & orange wedges	Beef Burger & Bap, Garden Peas, Chipped Potato Frozen Strawberry Mousse
14 October 11 November 9 December 6 January 3 February	Fish Finger "Seadog" served in a finger roll, Chipped potatoes Apple & Pear Crumble with Custard	Savoury Beef Mince & Crusty Bread Baton Carrots, Mashed Potato Arctic Roll & Winter Berry Sauce	Oven-Baked Pork Sausages, Garden Peas Mashed Potato Home-baked Jam & Coconut Sponge & custard	Roast Gammon, Stuffing & Gravy, Fresh Seasonal Vegetables, Mashed potatoes Chocolate Rice Krispie Square	Crispy Baked Chicken Burger & Bap Spaghetti Hoops, Chipped Potato Raspberry Jelly & Peach Slices
21 October 18 November 16 December 13 January 10 February	Homemade Ham & Cheese Pizza Roast Potato Wedges Vanilla Ice-Cream	Roast Chicken and Gravy Mashed Potato Apple Sponge with Custard	Lunch Bunch" Chicken Curry & Naan Bread Boiled Rice Frozen Smoothie	Roast Beef, Yorkshire Pudding & Gravy Fresh Seasonal Vegetables Mashed Potato Chocolate Cracknel & Custard	Hotdog & Tomato Ketchup Baked Beans, Chipped Potato Homemade Oatmeal Biscuit & Fresh Fruit Pot
28 October 25 November 23 December 20 January	Oven-Baked Fish Goujons Spaghetti Hoops Chipped Potato Chocolate & Raspberry Brownie	Oven-Baked Chicken Goujons Choice of Dip Baton Carrots, Garlic & Herb Potato Wedges Ice-cream, Jelly & Two Fruit	Oven-Baked Cod Fishcake Sweetcorn, Mashed Potato Chocolate & Pear Sponge with Custard	Turkey & Ham, Stuffing, Gravy, Fresh Seasonal Vegetables, Mashed Potato Homemade Flapjack & Orange Wedges	Homemade Beef Lasagne with crunchy coleslaw, Baked Beans, Chipped potato. Choice of Fruit Yoghurt Pot

MILK, WATER, BREAD AND FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL