



EAT SMART WITH THE LUNCH BUNCH

Break £2.50

ea catering
WEEK FOUR

Served weeks commencing:
11 March, 8 April,
6 May, 3 June
26 August, 23 September

MONDAY ^{8th April} TUESDAY ^{9th April} WEDNESDAY ^{10th April} THURSDAY ^{11th April} FRIDAY ^{12th April}

MAIN COURSES

Baked Pork Sausages & Gravy

Or

Jerk Chicken & Caribbean Rice with Flatbread

SIDES

Baked Beans / Garden Peas

Chipped / Baked Potato

DESSERT

Ice-Cream & Two Fruits

name:
class:

MAIN COURSES

Chicken Curry & Naan Bread

Or

BBQ Pulled Pork Pizza Wrap

SIDES

Sweetcorn / Baton Carrots

Boiled Rice / Oven Roasted Garlic & Paprika Wedges

DESSERT

Jaffa Cake Pots

name:
class:

MAIN COURSES

Breaded Fish & Lemon Mayo

Or

Beef Lasagne / Garlic Bread / Coleslaw

SIDES

Garden Peas / Diced Carrots

Mashed / Baby Potato

DESSERT

Fruit Sponge & Custard

name:
class:

MAIN COURSES

Roast Turkey, Stuffing & Gravy

Or

Roast Butternut Squash, Penne Pasta and Tomato & Pesto Sauce

SIDES

Savoy Cabbage / Diced Turnip

Mashed / Oven Roast Potato

DESSERT

Fresh Fruit Salad & Yoghurt

name:
class:

MAIN COURSES

Beef Burger / Bean Burger in Bap with Onions

Or

Salt & Chilli Chicken

SIDES

Corn on the Cob / Pasta Salad

Chipped Potato / Steamed Rice

DESSERT

Lemon Shortbread & Melon Wedge

name:
class:

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