

Whiteabbey P.S Choice Menu 2019

**school
food**

Try Something New today
www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and
water
are available daily.**

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Salmon Cakes with Beans, Oven Baked Diced Potato's OR Filled Baguettes Salad, Coleslaw Fresh Fruit & Yoghurt	Chilli Beef & Rice Or Homemade Wedges Garden Peas Or BBQ Chicken Wrap Coleslaw Homemade Wedges Fruit Sponge with Custard	Roast Loin of Pork Diced Carrot & Parsnip Mashed Potatoes & Oven Baked Potatoes Stuffing & Gravy Fresh Fruit & Ice-cream	Chicken Curry with Boiled Rice, Naan Bread Carrot Stick or BBQ Chicken/Cheese Panini Tossed Salad Chocolate Cookie Fresh Fruit & Milkshake	Chicken Chunks Peas, Sweetcorn Tossed Salad Chips OR Chicken & Broccoli Bake Tossed Salad Baked Potato Melon Wedges & Yoghurt
Week Two	Steak Burger in a Bap Coleslaw & Homemade Spiced Cubed Potatoes Or Chilli Chicken Pasta & Wheaten Bread Fresh Fruit , Yoghurt	PARTY DAY Selection of Sandwichs Chicken Goujons Finger of Pizza Cocktail Sausages Carrot Stick Fresh Fruit Milkshake	Roast Chicken. Stuffing Broccoli, Sweetcorn Mashed Potatoes & Oven Roast Potato & Gravy Fresh Fruit & Yoghurt	Chicken Curry with Boiled Rice, Naan Bread Or Pasta Bolognaise, Carrot Batons & Crusty Bread Melon Wedge, milkshake	Homemade French-bread Pizza, or Fish Fingers Salad/Beans & Chips/Baked Potatoes
Week Three	Oven Baked Breaded Whiting, Baked Beans, & Oven Roasted Diced Potatoes OR Sweet Chilli Chicken With Noodles & Stir Fried Veg Fresh Fruit & Yoghurt	Lasagne Tossed Salad ,Coleslaw Crusty Bread OR Filled Banquette Tossed Salad Coleslaw Apple Sponge & Custard	Roast Gammon, & Pineapple Cabbage, Baton Carrots mashed Potatoes & Oven Roast Potatoes Gravy Fresh Fruit & Frozen Yoghurt	Chicken Curry with Boiled Rice , Naan Bread Or Sweet Chilli Wraps With Tossed Salad Fruit Cookie Fresh Fruit, Milkshake	Steak Casserole Garden Peas, Sweetcorn Mashed Potatoes OR Sausages Baked Beans Chips Fresh Fruit & Yoghurt
Week Four	Fish Fingers Peas & Mashed Potatoes Or Chicken Wraps Tossed Salad Coleslaw Fresh Fruit & Yoghurt	PARTY DAY Selection of sandwiches Chicken Goujons Finger of Pizza Cocktail Sausages Pasta Salad Fruit Muffin & Milkshake	Roast Beef Stuffing & Mashed Turnip Peas, Mashed Potatoes Oven Roast Potatoes Gravy Fruit Sponge & Custard	Chicken Curry with Boiled Rice & Naan Bread Or Filled Baked Potato Tossed Salad Coleslaw Fresh Fruit & Yoghurt	Steak Burger in a Bap Grated Cheese & Tossed Salad OR Chinese Chicken with Noodles Chips or Baked Potatoes Fresh Fruit & Yoghurt

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