



Ofcom: March 2023
Children and Parents:
Media Use and Attitudes

Ofcom have released a report into media use, attitudes and understanding among children aged 3-17. It also includes findings on parents' views about their children's media use, and how parents of children aged 3-17 monitor and manage their children's online activity. Access the full report here:

https://www.ofcom.org.uk/ data/a ssets/pdf file/0027/255852/children s-media-use-and-attitudes-report-2023.pdf

#### Information about the report

- 97% of children have internet access at home in 2022.
- 89% of children played video games
- 25% played games with people they didn't know.
- 22% talked to people they didn't know.

Parents/carers mostly worried about their child:

- Seeing age-inappropriate content.
- Being cyberbullied
- Seeing pro self-harm content
- Giving out personal details
- Having data collected by companies.

# WHO'S LOOKING AFTER THE CHILDREN? & SOCIAL MEDIA DILEMMA

In this newsletter edition I would like all parents to start by watching the following two films relating to what's behind social media and how it can impact the way we bring up our children.

Mrs Sadler (Online Safety and Computing Subject Leader)

#### Who's looking after children?

A recently published video by the Financial Times, gives an important insight to the impact of social media on our children and our family life. The video is well worth a watch as a parent to consider how you talk to your children about, their social media use. You can find the video on YouTube by following the link below:

https://www.youtube.com/watch?v=6UY2HOpuTlk



#### Social Media Dilemma Official Trailer

This documentary-drama hybrid explores the dangerous human impact of social networking, with tech experts sounding the alarm on their own creations.

https://www.youtube.com/watch?v=uaaC57tcci0



## **Online Safety Newsletter**

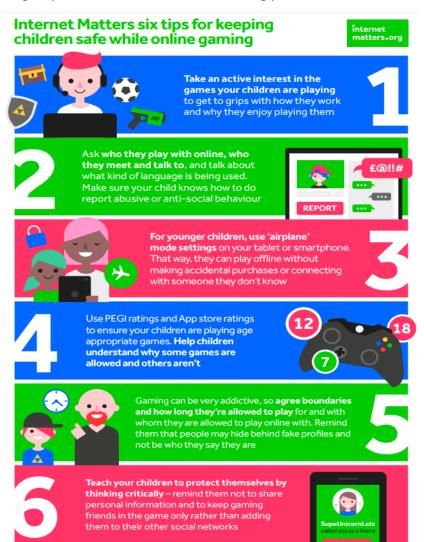




May 2023 Edition

### **ONLINE GAMING**

Online Gaming is becoming increasingly popular with primary school children and last half term during lessons, the children were sharing the potential risks and different behaviours they have encountered when online. Please spend time talking to your children about the following poster from Internet Matters.



#### **Poster: From Internet Matters**

https://www.internetmatters.org/wp-content/uploads/2019/04/Internet-Matters-Tips-Keeping-children-safe-while-online-gaming.pdf

#### Further information about online gaming:

https://www.internetmatters.org/resources/online-gaming-advice/the-basics/

https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-games/

#### **TIPS for Safer Gaming**

Games are a great way for children to stay busy and stay in touch with friends and family. However, there are things to consider if your child plays games online.

- Age ratings (refer to PEGI age ratings).
- Messaging and contact functions within the game.
- Talking to people they don't know.
- In-app/game purchases
- Trolling, griefing and scams.
   Cyberbullying and use of bad language.
- Know how to report or block any problems.

#### Check:

- The age rating
- The games content
- The chat function
- How to change the game's settings
- Any difference or changes in your child's behaviour or sleep
- Agree gaming time
- Talk regularly to your child and watch them play their game
- Make a family agreement