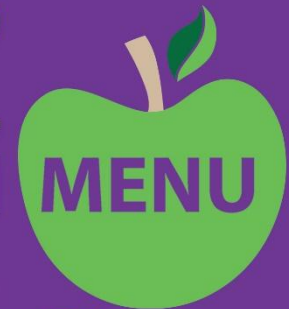


TRAFFORD SCHOOL LUNCH MENU



Available Daily

Fresh Salad

Jugs of Water

Yoghurt

Fresh Fruit

Jacket Potato with Beans or Cheese

Sandwiches



We Serve **15,000 meals per day**, that's **2850,000 per year!**



All our **fish** is **MSC approved** and all our **bananas** and **sugar** are **Fair Trade**



We support **MEAT FREE Mondays**

All our **Beef** is from the **UK or Ireland** and we can **trace every cut of meat** back to the **Farms of Origin**



	WEEK 1	WEEK 2	WEEK 3
Monday	Vegan Sausage Roll Maccaroni Cheese Skin on Potato Wedges, Green Beans Frozen Mango Smoothie	Roast Vegetable & Tomato Pasta Bake Cheese Whirl Salad, Sweetcorn Frozen Raspberry Smoothie	Wrap Day- Selection of Cheese and Tomato Wrap, Beetroot Falafel Wrap Salad, Peas and Potato Cubes Frozen Orange Smoothie
Tuesday	Cajun Chicken Fillet Burger Vegetable Burger in Wholemeal Bun Peas and Sweetcorn, Potato Cubes Pear Crumble & Custard	Peperoni Pizza Cheese and Tomato Pizza Peas, Green Beans Chocolate Beetroot Brownie	Spaghetti Bolognese, Garlic Bread Vegan Spaghetti Bolognese, Garlic Bread Broccoli, Sweetcorn Peaches and Cream
Wednesday	Pork and Carrot Meat Ball Spaghetti Veggie Meat Ball Spaghetti Green Beans, Sweetcorn Cheese and Crackers	Creamy Chicken Pie with Puff Pastry Lid Roast Quorn Vegan Fillet Roast Potatoes, Broccoli, and Cauliflower Fruit Medley	Roast Beef Dinner, Yorkshire Pudding Roast Vegan Quorn Fillet Roast Potatoes, Green Beans, Carrot Batons Apple Sponge
Thursday	Homemade Cottage Pie Homemade Vegan Cottage Pie Mashed Potato, Broccoli and Carrot Batons Fruits of the Forest Jelly	Butchers Sausage Hot Dog in Roll Vegan Hot Dog in Roll Mixed Salad, Sweetcorn and Wedges Strawberry Whip with Strawberry Slices	Chicken Curry, Rice, Naan Bread Vegetable Curry, Rice, Naan Bread Cauliflower and Peas Orange Jelly with Mandarin Segments
Friday	Breaded Fish Fillet Cheese and Tomato Frittata Chips, Baked Beans Chocolate Krispies Cake	Bubble Battered Salmon Fillet or Fish Fingers Vegetable Samosa's Chips, Baked Beans Blueberry Muffins	Breaded Omega 3 Fish Fingers Vegan Fishless Fillet Chips, Baked Beans Shortbread Biscuits



Our **chicken** and **milk** are **Food Standards Assured** and we only use **Lion Quality Eggs**



We can **bespoke our menu's** to reflect your children's **dietary needs**, so that school meals can be **enjoyed by all children**