

# Staff Webinar Series



Spring Term 2026

Free webinars for education professionals across Trafford packed with practical strategies for supporting students' mental health and wellbeing.

Register now for 



## Supporting Students with EBSNA

02.02.26 3.30pm – 4.30pm

Scan the QR code or follow this [link](#).



## Supporting Students with Academic Stress

10.02.26 at 3.30pm – 4.30pm

Scan the QR code or follow [this link](#).



## Supporting Students with Low Mood

10.03.26 3.30pm – 4.30pm

Scan the QR code or follow this [link](#).



## Trafford Thrive in Education

Questions? Contact us:

[traffordthrive.education@mft.nhs.uk](mailto:traffordthrive.education@mft.nhs.uk)

0161 549 6451

# Family Webinar Series



Spring Term 2026

Free webinars for parents and carers across Trafford packed with practical strategies for supporting your child's mental health and wellbeing.

Register now for 



Supporting Young People with their Body Image

27.01.26 at 9.30am – 10.30am

Scan the QR code or follow this [link](#).

Supporting Young People who Self-Harm

24.02.26 at 12:30 – 1:30pm

Scan the QR code or follow this [link](#).



Supporting Young People with Academic Stress

31.03.2026 at 12:30 – 1:30pm

Scan the QR code or follow this [link](#).



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