



**Week beginning Monday 8th February 2021
Newsletter**

www.stmaryspsportaferry.co.uk

Week Beginning 8th February

Thank you to everyone who sent in their pictures this week of their child engaging in their favourite activity or expressing themselves through dressing up. It was great to see many of you getting involved and it certainly helped to lift our spirits. This is the last week of remote learning before the scheduled mid-term break. There will be no engagement or uploading of work during the week beginning 12th February. Also there will be no supervision available for pupils during that week. The next set of 2-week packs will be available for collection on 22nd February from the school hall. Hopefully by that stage we will have a better indicator on a proposed return date to school.

As ever, continue to be assured that we appreciate all you are doing and that you are doing such a brilliant job. Remember, if you need anything from us, continue to get in touch and we will do our best for you and your children, as always.

If you have any queries we would appreciate you contacting the school to discuss by email: pgilchrist570@c2kni.net



RISE NI

RISE NI is an early intervention service. Their aim is to help children enjoy, achieve and learn to the best of their ability in school. RISE NI, work with children to promote their:

- social, emotional and behavioural development;
- speech, language and communication development;
- sensory - motor development (the process of receiving messages from our senses and producing a response) and visual - perceptual development (the ability to make sense of what we see).

RISE NI has launched a [RISE NI website for Parents](#) - giving access to information, useful leaflets, how to contact the team and how to access a parenting programme. That link is below and I have included an information leaflet with this newsletter.

<https://view.pagetiger.com/RISENI/parents>



Safer Internet Day

Safer Internet Day 2021 is on the 9th of February and will be celebrated with the theme "An internet we trust - exploring reliability in the online world". Through this theme we are encouraging our pupils to open up conversations about how they explore information, looking at the strategies they can implement to spot and speak out against harmful and misleading content online.

Safer Internet Day 2021 celebrates the amazing range of information and opportunities online, and its potential to inform, connect and inspire us, whilst also looking at how young people can separate fact from fiction. More information will be issued through the school website on Tuesday.



Story Writing Competition (Repeat)

The school have been approached by Portaferry Amateur Dramatics Group who have received funding to record various podcasts and the first one will feature our school pupils. We have agreed on a 1000 story writing competition for P4-7 pupils. The stories can be about whatever your child wants to write about. The selected winning entries will be recorded by someone within the drama group and broadcast on Ferry FM. The closing date is 11th February for entries. See poster overleaf for further details.

**Saint Mary's Primary School
Creative Story Writing
Competition**

Write a story of 1000 words or less.
Your story can be about anything you wish to write about.
The winning stories will be selected and recorded by an actor to be recorded onto a podcast.
This podcast can be heard online and on Ferry FM

Closing date for entries;
Thursday 11th February
Send all entries to
pgilchrist570@c2kni.net

PIC-COLLAGE

3 Minute Gratitude Journals Well- Being Wednesday

Each Wednesday, during this period of school closures we will be putting up some thoughts, ideas and suggestions on how you may wish, as a family, to get involved in "Wellbeing Wednesday" at home. All we ask is for you to be open to the ideas expressed and maybe pick one theme, line or quotation and try to incorporate it into your home. This will be issued through our school website.

Wellbeing Wednesdays

Let your light shine
Notice... Simple things that bring joy
Keep Learning... Embrace new experiences, See opportunities, Surprise Yourself!
Connect... Talk and Listen, Be there, Feel Connected
Give... Time, Patience, Words
Be Active... Do what you can do and enjoy what you do
Challenges... Be kind, Grow, Make, Bake, Daily Mile
Together we can do so much!!

Monthly Themes

Jan - Gratitude and Mindfulness	April - Coping with challenges
Feb - Health and Fitness	May - Resilience
March - Grow and Growth mindset	June - Celebrating Success

Parenting NI Webinars

The next session of our very popular Parent webinars is scheduled to take place on Tuesday 23rd February from 11am-12pm. The focus of this discussion is on "Children's Emotional Health" whereby it aims to help encourage parents to recognise the importance of their child's mental health and offer advice to help support their child's emotional well-being. This is open to everyone and not just members of our schooling community. Pass this on and for further details contact stmarypspsg@gmail.com





ParentingNI

23RD

FEB

2021



CHILDRENS' EMOTIONAL HEALTH

Children who have positive emotional health and wellbeing tend to have better outcomes in life. This workshop encourages parents of children to recognise the importance of their children's mental health, exploring how parents can provide opportunities for children's emotional development.

11AM - 12PM

TO REGISTER CONTACT:

STMARYSPSPSG@GMAIL.COM





For further information in your local area please visit www.familysupportni.gov.uk or contact your local team.

You can watch a short video on RISE NI at www.pha.site/RISENI



Public Health Agency
12-22 Linenhall Street, Belfast BT2 8BS.
Tel: 0300 555 0114 (local rate).
www.publichealth.hscni.net



01/10



RISE NI (Regional Integrated Support for Education NI) supports children in schools by working closely with parents and school staff to help children develop the foundation skills for learning.

What support does RISE NI provide?

RISE NI will provide support as required to meet children's needs.



RISE NI is an early intervention service.

Our aim is to help children enjoy, achieve and learn to the best of their ability in school.

What areas do we mainly focus on?

In RISE NI, we work with children to promote:

- social, emotional and behavioural development;
- speech, language and communication development;
- sensory – motor development (the process of receiving messages from our senses and producing a response) and visual – perceptual development (the ability to make sense of what we see).

Who are we?

The RISE NI service may include the following staff:

- behaviour therapists and specialists;
- clinical and associate psychologists;
- occupational therapists;
- physiotherapists;
- speech and language therapists;
- dietitians;
- therapy assistants and support workers;
- clerical officers.



Universal support
General training, advice and strategies to school staff and parents to enhance and enrich the development of all children.

Targeted support
Targeted advice, consultation, strategies, training, class based and small group programmes.

Specialist support
Assessment for children with persistent needs who have not responded positively to strategies and support already used in school.

