
Gaelscoil Naomh Pádraig

Leamhcán, Co. Bhaile Átha Cliath

Uimh Rolla 19940G. Fón: 6241355 Facs: 6241301 www.gsnp.ie oifig.gsnp@gmail.com



12/01/22

Clár Bí Sábháilte - leasuithe

A thuismitheoir/chaomhnóir dhíl,

Tá sé beartaithe againn clár oideachais ar shábháilteacht phearsanta a theagasc sna seachtainí beaga atá amach romhainn dar teideal Bí Sábháilte. Beidh an clár leasaithe Bí Sábháilte á mhúineadh i ngach rang-ghrúpa ó Naíonáin Bheaga suas go Rang 6. Is éard is aidhm leis an gclár Bí Sábháilte ná scileanna sábháilteachta pearsanta a bheidh de dhíth orthu a theagasc do pháistí le go mbeidh siad in ann iad féin a iompar i gcásanna a bheadh goilliúnach nó contúirteach. Pléitear ann i dtosach cásanna coitianta a mbeidh ar bhunús na bpáistí déileáil leo in am éigin, m.sh. iad ag dul ar strae nó duine ag imirt bulaíocht orthu. Múineann an clár do pháistí chomh maith, na scileanna sábháilteachta a bheidh ag teastáil uathu le hiad féin a chosaint ar mhí-úsáid ghnéasach nó chorpartha agus cuirfear béim ar a thábhachtaí agus atá sé aon fhadhbanna a bheadh acu a chur in iúl do dhuine fásta a bhfuil muinín acu as nó aisti.

Is cuid den churaclam Oideachas Sóisialta, Pearsanta agus Sláinte é an clár Bí Sábháilte agus iarrtar ar gach bunscoil é a chur i bhfeidhm. Tá sé riachtanach go mbeadh comhoibriú idir tuismitheoirí agus múinteoirí ionas go n-éireoidh leis an gclár seo. Tá sé tábhachtach go mbeadh tuismitheoirí ar an eolas faoi ábhar na gceachtanna Bí Sábháilte agus go mbeadh siad in ann na ceachtanna a phlé lena gcuid páistí. B' fhéidir go dtabharfadh do pháiste bileoga oibre abhaile a thabharfaidh treoir duit maidir leis na topaicí atá á phlé sa rang agus conas is féidir leat na teachtaireachtaí a athreisiú sa bhaile.

Gaelscoil Naomh Pádraig

Leamhcán, Co. Bhaile Átha Cliath

Uimh Rolla 19940G. Fón: 6241355 Facs: 6241301 www.gsnp.ie oifig.gsnp@gmail.com

Is féidir leat ábhar na gceachtanna Bí Sábháilte a léamh agus dul i gcleachtadh orthu ag:

www.staysafe.ie/teachers/resources.htm

Ar an leathanach seo: roghnaigh an rang-ghrúpa a bhaineann le do pháiste agus osclóidh an clár iomlán suas duit. Is féidir ábhar na gceachtanna a léamh anseo. Seo a leanas na leathanaigh a bhaineann leis na rang-ghrúpaí agus na ceachtanna ar thadhail agus rún & insint:

N1 & N2: Tadhail - ó lch 45 ar aghaidh; Rúin & Insint - ó lch 55 ar aghaidh

R1 & R2: Tadhail - ó lch 49 ar aghaidh; Rúin & Insint - ó lch 63 ar aghaidh

R3 & R4: Tadhail - ó lch 52 ar aghaidh; Rúin & Insint - ó lch 67 ar aghaidh

R5 & R6: Tadhail - ó lch 51 ar aghaidh; Rúin & Insint - ó lch 61 ar aghaidh

Tá achmhainní eile atá an-úsáideach agus cabhrach do thuismitheoirí. Lean na treoracha seo a leanas chun teacht orthu:

- cliceáil ar **'parents'** ar bharr an leathanaigh
- cliceáil ar **'stay safe lessons'** (ar an gclár roghnaitheach ar chlé)

AGUS

- Is féidir cliceáil ar: **'A Parent's Guide'** (ar an gclár roghnaitheach ar bhun ar chlé)

Téigh i dteagmháil leis an scoil más mian leat an clár a phlé a thuilleadh. Go raibh maith agat as comhoibriú linn,

Le meas,

Liam Breathnach (P.O)

Gaelscoil Naomh Pádraig

Leamhcán, Co. Bhaile Átha Cliath

Uimh Rolla 19940G. Fón: 6241355 Facs: 6241301 www.gsnp.ie oifig.gsnp@gmail.com



12/01/22

Revised Stay Safe Programme

Dear parent/guardian,

We are planning to teach a personal safety education programme called Stay Safe over the next few weeks. This will be taught in all class groups from Junior Infants up to Sixth Class. The aim of the Stay Safe programme is to teach children personal safety skills so they can look after themselves in situations which could be upsetting or dangerous. It deals initially with common situations which most children will experience at some stage or other, e.g. getting lost or being bullied. The programme also teaches children the safety skills necessary to protect themselves from physical or sexual abuse and emphasises the importance of telling a trusted adult about any problems they have.

The Stay Safe programme is part of the Social, Personal and Health Education curriculum which all primary schools are required to implement. Co-operation between parents and teachers is essential to the success of this programme. It is important that parents are aware of the content of the Stay Safe lessons and are able to discuss the lessons with their children. Your child may bring home worksheets which will inform you on the topics being covered in class and how you can reinforce the messages at home.

Gaelscoil Naomh Pádraig

Leamhcán, Co. Bhaile Átha Cliath

Uimh Rolla 19940G. Fón: 6241355 Facs: 6241301 www.gsnp.ie oifig.gsnp@gmail.com

You can familiarise yourself with the content of the Stay Safe lessons at:

www.staysafe.ie/teachers/resources.htm

Once on the page: The Stay Safe Lessons for each class group will appear in the centre of your screen. Select the class groups relevant to your child and the programme content lessons will open for you. The following are the page numbers for the topics based on 'Touch' and 'Secrets and Telling'

N1 & N2 Touch - from page 45; Secrets & Telling - from page 55

R1 & R2 Touch - from page 49; Secrets & Telling - from page 63

R3 & R4 Touch - from page 55; Secrets & Telling - from page 67

R5 & R6 Touch - from page 51; Secrets & Telling - from page 61

There is also a useful resource for parents under the parents section. To access this please follow the instructions

- click on '**parents**' on the main menu (across the top of the page)
- click on '**stay safe lessons**' (on the vertical menu to the left)

AND

- You can also click on: '**A Parent's Guide**' which is at the bottom of the vertical menu on the left.

Please contact the school if you wish to discuss the programme further. Thank you for your co-operation,

Yours sincerely,

Liam Breathnach (P.O)