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ROUTE Wellbeing Find health & wellbeing services near you

Support











Phone: 07516918133 Mon-Fri Email: northfieldfamilies@northfieldcommunity.org Follow us: @northfieldfamilies on Facebook and Instagram www.northfieldcommunity.org



## In October we hosted our first Early Help Community Lunch!

Huge thank you to everyone who came it was great to meet you. We hope to hold these regularly with different themes, so keep a look out for the next date.



# **Upcoming Early Help Event!**

# Northfield Early Help Breakfast For Professionals SEND Focused

A chance for us to network, share resources and organisations who can support local families and identify any gaps in services.

Including speakers from some great organisations.



As SEND needs are one of the highest needs in our locality, we would love to get local professionals together to share resources and meet some of the great organisations who can support. We hope to see you there! Please click the link to reserve a spot https://www.eventbrite.co.uk/e/early-helpbreakfast-send-focused-for-professionals

# Fathers engagement project

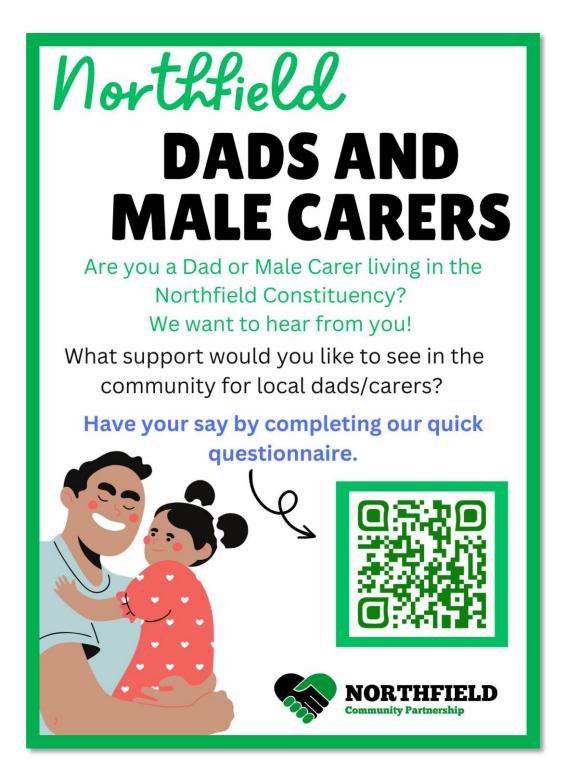
We have started to reach out to local **Dads and Male Carers** to see what they would like to see in the community and what support they would like from the new Family Hubs offer and Early Help.

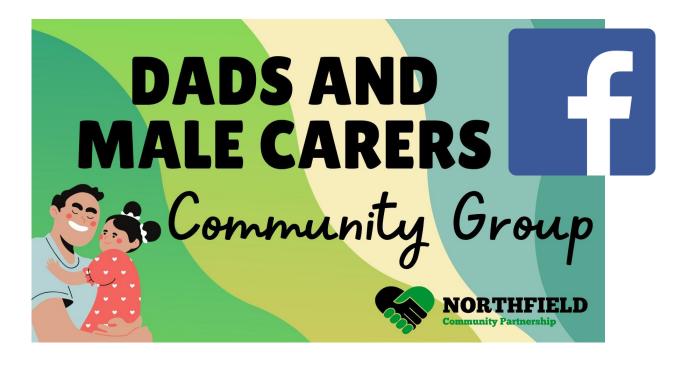
We've started with a quick questionnaire. Could you please share this with any Dads you are working with or parents at your schools.

I have attached the poster which has a QR code that will take you straight to the form when scanned with a mobile. Alternatively, here is the **link to the questionnaire -**

## https://forms.gle/HJM4Xtc7yrKzsriH9

In the near future we also hope to put on some events for Dads and their children which we will also share with you.



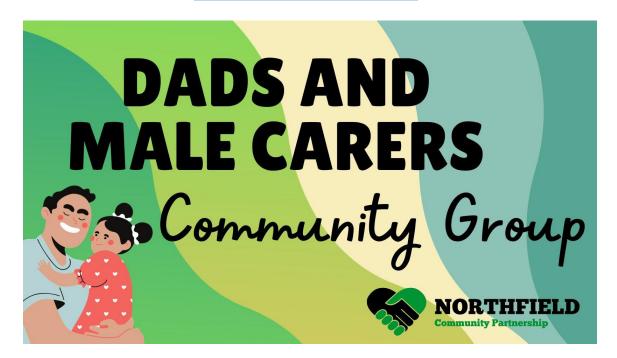


# <u>Northfield Dads / Male</u> <u>Carers Community Group</u>

After gathering information and speaking to local dads we felt that there was a lack of support in our area. When asked what support they would like they said online. We have now created a Facebook group where dads/male carers can join and support each other.

We will be monitoring this page and sharing any information, support and events that may benefit them.

Link for Facebook group https://www.facebook.com/groups/10625 75284938237/



# Northfield DADS AND MALE CARERS

Coffee morning for Dads and Male Parent Carers living in the Northfield Constituency (B31, B45, B29, B38)

Come along and meet new people, learn about support available and share your ideas for the local community.

Drinks on us! Under 3s Welcome

## **COSY COFFEE NORTHFIELD**



## THURS 16TH NOVEMBER 9:30AM – 11AM



Lego Donations



We are looking for Lego/Duplo donations for our upcoming family events. If you have any you are ready to part with, any donations would be greatly appreciated.

Please message us or call 0121 411 2157 for more information.



# **New Early Help Flyer – Please Share**



Northfield Community Partnership is working with Birmingham Children's Partnership to support all families in our constituency.

<u>Contact Our Early Help Team</u>

For referral forms Google 'Birmingham Childrens Partnership Resources

07516918133 northfieldfamilies@northfieldcommunity.org

NorthfieldFamilies

Northfield Families- Northfield

**Community Partnership** 







Halloween Events









Further information at: <u>Secretary@friendsofmanorfarmpark.org.uk</u> Visit our website at: <u>www.friendsofmanorfarmpark.org.uk</u> Find us on Facebook: <u>www.facebook.com/manorfarmpark</u>

# FAMILY LED RIDE

cobirmingham

Join us for a fun day out by bike! Pit stop at the Autumn Antics event in Manor Farm Park

Thursday 2nd November Start/Finish The Hub on the Green, Bournville



#### PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE OCTOBER HALF TERM 2023

#### moneysavingcentral.co.uk/kids-eat-free



#### MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

#### M&S CAFES

Spend £5 & get one free kid's meal Mon - Fri during the Oct Half term (various dates)

#### SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

#### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

#### **BEEFEATER & BREWERS FAYRE**

Two children under 16 can get a free breakfast every day with one paying adult!

#### THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

#### TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

#### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

#### TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

#### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

#### YO! SUSHI

From Monday 16th October - Friday 27th 2023 kids eat free with every £10 adult spend

#### **GORDON RAMSEY RESTAURANTS**

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

#### BILLS

2 kids eat FREE Monday - Friday from Monday 23rd October - Friday 3rd November 2023

#### **BELLA ITALIA**

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

#### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

#### TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

#### PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

#### IKEA

Kids get a meal from 95p daily from 11am

### HUNGRY HORSE

Kids eat for £1 on Mondays

#### FUTURE INNS Under 5s eat for free with any adult meal.



Lunch 1pm, free hot drinks, kid's corner B29 5LE

Fridays St Gabriel's 3.30-5pm Come & Play for families; games, snacks, and fun

More info Rachel rjewson@encounterchurch.uk 07548731257 or Fiona revdfiona@stgabrielsweoleycastle.com 0121 4763505





Join ROAM on Friday mornings this winter in Manor Farm Park

#### Just turn up for all-weather fun in nature and to meet other local families.

- Nature play
- Arts & crafts
- Area for non-walkers

Hot drinks for adults and a drink/small snack for children will be available.

## For more information email play@roam.ora.uk

Please note there are no toilet facilities available in the park.



#### When?

Fridays 10:00am - 11:30am starting November 3rd until 8th December 2023

#### Where?

Manor Farm Park, Birmingham, B31 2AB How?

#### HOW?

No booking required - meet us in the Top Meadow, to the left of the car park. Don't forget wellies & waterproofs!

#### What does it cost?

FREE of charge thanks to generous funding from the John Feeney Charitable Trust. Sessions are delivered by local charity ROAM.







**STARTING 9TH NOVEMBER** 



# FREE BOXING FOR YOUNG PEOPLE AGED 11-16 YEARS

InUnity are excited to partner with Birmingham Community Boxing Project to bring FREE boxing classes to young people in Rubery.

## COME & GET INVOLVED THURSDAYS 5:15PM-6:15PM DEELANDS HALL, B45 9RR



Parental consent required. Follow QR code to register or go to www.inunityuk.org/registration-form















Government help with childcare costs for parents. Whether you have toddlers or teens, you could get support.

**HELP PAYING FOR** 

**OUR CHILDCARE** 

## **Childcare Choices**

Please make parents aware of this site and what is available to them.

https://www.childcarechoices.gov.uk/

## **Job Vacancies**

The Advice Service Team at **Our Place Support** are currently seeking an additional **Advisor** to join their team and help meet the increased demand for support on benefits, housing and unemployment.

The position is part time at 15 hours per week and they are able to consider a range of flexible working patterns.

This link provides full details of the opportunity and a downloadable Job Description and Application Form: <u>https://www.ourplacesupport.org/recruitment/advice-service/</u>

For more information, please contact <u>recruitment@ourplacesupport.org</u>

