

If you or your children have returned from a specified country in last 14 days

The specified countries are:

- China (other than Hubei)
- Hong Kong
- Japan
- Macau
- Malaysia
- Singapore
- South Korea
- Taiwan
- Thailand

If you or your children are well:

- You don't need to avoid contact with other people
- Your other family members don't need to take any precautions or make any changes to their own activities

If you become unwell:

- Stay indoors and avoid contact with other people as you would with other flu viruses
- Follow the [home isolation advice sheet](#)
- Call NHS 111 immediately in order for you to be assessed by an appropriate specialist in hospital, as quickly as possible

Symptoms to look out for

If you've returned from the specified countries or Hubei, look out for the following symptoms:

- Cough
- Difficulty in breathing
- Fever (a temperature of 38 degrees C or higher)
-

If you have any of these symptoms:

- If it's an emergency, call 999 and tell them which country you have returned from in the past 14 days
- If you're unwell, but it's not an emergency, call NHS 111 and tell them which country you have returned from in the past 14 days
-

While you wait for further advice:

- Avoid contact with others
- Stay at home – don't go to work or school
- Don't travel while sick
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, throwing tissues in the bin
- Wash your hands often with soap and water for at least 20 seconds (or an alcohol-based sanitiser if soap and water aren't available)

If you or your child have any further concerns or questions, please do not hesitate to contact the School Office.

Yours sincerely



Charlotte Taylor
Headteacher