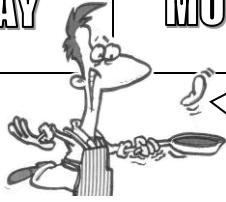




Lent Calendar of Kindness 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Will somebody please help me with these pancakes!!!		5 Ash Wednesday No sweets today. Pray, Fast, Give	6 Make a decision to try and be better during Lent	7 Women's World Day of Prayer	8 Get up early and help with the laundry
9 Pray for a Missionary in a far away place	10 Be very kind all day	11 Pray for the teachers in your school	12 If you have a pet, look after it	13 If you're lucky enough to have a nana, call in for a chat and a cup of tea	14 Can you raise funds for Children Helping Children this Lent?	15 Don't leave anyone out of your games
16 Pray for the lonely and the sick	17 Lá Fhéile Pádraig Shona Duit	18 Give someone a compliment	19 Ask an older relative to tell you about their childhood	20 If you get treats today, try to share them	21 If you've hurt someone's feelings, say sorry	22 Help with chores around the house today
23 Say a prayer for children who have less than you	24 Remember that Jesus walks beside you every day	25 If you can't say something nice, stay QUIET	26 If you have a baby in your house try to help as much as possible	27 Don't forget to enter our Easter colouring competition. Ask your teacher!	28 When you go to bed tonight say a prayer for children who have nowhere safe to sleep	29 Pray for peace for your home and family
30 Mother's Day	31 Tidy your room today	1 Donate toys you don't play with anymore to charity	2 Instead of watching TV have a chat with a family member	3 Help to clean the dirty dishes after dinner	4 Have fun today but remember to stay kind	5 Pray for street children around the world who have no safe home to live in
6 Don't lose your temper, say a little prayer for peace instead	7 Give thanks for the food you have and pray for children who are hungry	8 Thank God for all the little creatures we share the planet with	9 Pay attention in school	10 Plant some Spring flowers or help in the garden	11 Help to sweep up the leaves in the garden	12 Make the world a better place...SMILE!
13 Palm Sunday	14 Give someone you love a big hug today	15 A smile is infectious... spread it around!	16 Make sure that you don't eat any chocolate eggs until Sunday...	17 HOLY THURSDAY	18 GOOD FRIDAY	19 HOLY SATURDAY
20 EASTER SUNDAY	<p>Read about the first Palm Sunday the Gospel of Luke (19:28-40)</p> <p>Today we remember how Jesus died on the Cross. Say a special prayer for loved ones who have died too.</p>					<p>Pray for peace around the world</p>
<p>Celebrate that Jesus is risen!</p>						

Missio Ireland is the Pope's official charity for overseas mission. We encourage children to pray and to share whatever they can, no matter how little, with children in other parts of the world. Each year, millions of children are supported regardless of their background or belief. This is how children in Ireland can live out our motto **Children Helping Children**. To find out more contact:

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