

# EAT SMART WITH

# THE LUNCH BUNCH



WEEK BEGINNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 February <i>Start</i> 17 March 14 April 12 May 9 June	Homemade Beef Bolognaise -Or- Home-Baked Margherita Pizza & Coleslaw  Green Beans & Diced Carrots  Penne Pasta or Baby Potatoes with Herbs  Iced Lemon Sponge Finger	Baked Breaded Whiting & Tartare Mayo -Or- Creamy Mac 'n' Cheese & Garlic Bread  Garden Peas & Sweetcorn Chipped Potatoes or Baked Jacket Potato Forest Fruits Flavoured Jelly with Mandarin Oranges	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread -Or- Quorn Filler with Creamy Pepper Sauce Broccoli & Roasted Butternut Squash Steamed Fluffy Rice or Oven Baked Herb Wedges <i>Palma</i> Cheese sauce with Strawberry Sauce	Cook's Garrnon with Stuffing & Gravy -Or- Penne Pasta with Tomato & Basil Sauce  Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Belgian Waffle with Fruit Salad & Chocolate Sauce	Oven Baked Chicken Goujons with choice of Dip -Or- Baked Potato with Cheesey Beans & Salad  Baked Beans & Coleslaw Chipped Potatoes or Baked Jacket Potato Artic Roll with Summer Berry Sauce
24 February 24 March 21 April 19 May 16 June	Golden Crumbed Fish Fingers & Mayo Dip -Or- Roasted Garlic & Pesto Chicken Pasta  Garden Peas & Baked Beans Mashed Potato or Pasta Salad  Homebaked Chocolate & Raspberry Brownie	Homemade Beef Lasagne with Garlic Bread Slice -Or- Home-Baked Margherita Pizza with Salad in Season  Baton Carrots & Broccoli Chipped Potato & Baby Potato Salad Assorted Yoghurt Pots & Fresh Fruit Salad	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread -Or- Oven-Baked Pork Sausages with Gravy or Ketchup  Sweetcorn & Spaghetti Hoops Steamed Fluffy Rice or Mashed Potato Caramel Apple Crumble & Custard	Cook's Roast Turkey with Stuffing & Gravy -Or- Salmon Fishcake with Mayo  Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Ice Cream with Two Fruits	Cheesburger with Burger Sauce in Bap -Or- Tex-Mex Chicken Fajita  Mini Corn on the Cob & Coleslaw Chipped Potatoes or Baked Jacket Potato Homebaked Oaty Biscuit with Fresh Fruit
3 March 31 March 28 April 26 May 23 June	Oven Baked Cod Goujons with Mayo Dip -Or- Veggie Dog with Crispy Onions & Ketchup  Garden Peas & Potato Salad Chipped Potatoes or Baked Jacket Potato Ice-Cream Slider & Orange Wedges	Homemade Spaghetti Bolognaise -Or- Chicken Tikka Mayo Wrap with Salad & Coleslaw  Baton Carrots & Broccoli Spaghetti & Parsley Baby Potatoes Homemade Jam & Coconut Sponge & Custard	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread -Or- Home Baked Margherita or BBQ Chicken Pizza  Mini Corn on the Cob & Butternut Squash Steamed Rice or Oven Roasted Cubed Potatoes Summer Fruit Salad & Yoghurt	Cook's Roast Pork with Stuffing & Gravy -Or- Homemade Savoury Mince with Crusty Bread  Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Strawberry Jelly & Sliced Pears	Oven Baked Chicken Nuggets with Choice of Dip -Or- Ham & Mushroom Carbonara & Garlic Bread Slice  Sweetcorn & Baked Beans Chipped Potatoes or Baked Jacket Potato Homemade Shortbread & Watermelon Wedge
10 March 7 April 5 May 2 June 30 June	Baked Cod Bites with mayo Dip -Or- Sweet Chilli Chicken Panini & Salad in Season  Mushy Peas & Coleslaw Chipped Potatoes or Baked Jacket Potato Chocolate Krispie Square & Orange Wedges	Home-Baked Margherita or Tex-Mex Spicy Beef Pizza -Or- Penne Pasta & Roasted Mediterranean Vegetables  Baton Carrots & Broccoli Oven Baked Paprika Wedges & Baby Potato Salad Cola Jelly & Chopped Fruit	Lunch Bunch Chicken Curry with Freshly Baked Mini Naan Bread -Or- BBQ Pulled Pork with Cheese in Brioche Bun  Sweetcorn & Roasted Butternut Squash Steamed Fluffy Rice & Pasta Salad Angel Cake & Custard	Cook's Roast Beef & Yorkshire Pudding with Stuffing & Gravy -Or- Quorn Dippers with Choice of Dip  Fresh Selection of Vegetables in Season Oven Baked Roast Potatoes & Mashed Potatoes Ice-Cream Sliced Pears & Caramel Sauce	Hot Dog with Ketchup -Or- BBQ Chicken Wrap with Salad in Season Mini Corn on the Cob & Baked Beans Skinny "French Fries" or Baked Jacket Potato Chocolate Cookie & Milkshake

MILK, WATER, BREAD & FRESH FRUIT  
AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS, OR HAVE SPECIAL DIETARY REQUIREMENTS,  
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT  
AVAILABILITY