

Bubbles



It is hard to resist playing with bubbles! Your child is most likely to start reaching for them immediately... stretching, hitting, jumping and turning.

As children reach to catch or burst bubbles they often cross the 'midline', which help develop pathways in the brain which are important for various motor and cognitive (thinking) skills.

Blowing bubbles is also a great activity to help children develop the muscles in the mouth that are needed to speak.

The movements needed to make sounds e.g. " p, b, m, n, h, y, (yes) , d, w, can be practised, helping children's speech.

Bubbles!

b b b

Sometimes blowing into a straw is the best way to start - it is not always considered polite to blow bubbles in drink but is lots of fun!!

Playing with bubbles also encourages turn taking, eye-contact and eye-hand co-ordination.

Bubbles are not very expensive but can also be easily made at home.

For example: mix 1 cup of water and 1 tablespoon of dishwashing liquid and there you have it, your very own bubbles!

