

Personal, Social and Emotional Development:



- Encourage your child to put his/her **coat** and **shoes** on independently.
- Get your child to cut out foods from magazines or labels of food from your home.
- Make a poster of “**Healthy Foods I Like to Eat.**” Talk about foods that are good for you.

Early Mathematical Experiences:



- Count with your child naturally in your home e.g. putting away the shopping – count the tins of food, or when walking up the stairs.
- **Vegetable Printing** – Get some paint, cut a potato and carrot in half and let your child print a pattern on a page. You can also use broccoli, corn on the cob, peppers or any other root vegetables.

World Around Us:



- **People Who Help Us** - Talk to your child about the importance of **people who help us** e.g. nurse, doctor, fire fighter, police officer, hairdresser, etc. Play a game e.g. ‘Who works in a hospital...who uses a hose to put out fires?’
- **Building Dens** – **We are learning about light and dark.** Build a den with your child. Talk about things that we can do during the day, and staying safe in the dark e.g. reflective jackets.

November
2020

Home
Learning

Language Development:



- Put familiar items in a box or a bag. Take turns lifting items out. Encourage your child to name and describe the item e.g. ‘Toothbrush’ – “I brush my teeth with it.”
- Some **People Who Help Us** stories that you may find interesting on **youtubekids** are:
 - Doctor De Soto
 - I Don’t Want to go the the Hospital
 - Peace at Last www.literacytrust.org.uk

Physical Development & Movement:



- Give your child a pair of **tweezers** and small white marshmallows. Pretend the marshmallows are teeth and see how many they can lift using tweezers.
- Let your child put on a pair of welly boots and jump in **muddy** puddles. How far can you jump? How high can you jump? Making splashes is so much fun!



The Arts:



- Get an empty cereal box and let your child experiment by making a police car, fire engine or ambulance. Use bottle tops for the wheels, tin foil for lights and windows.
- Let your child experiment with **shaving foam**. Squirt some shaving foam into a tub. Add their favourite colour. They will love this sensory experience!

Songs We Have Been Learning:



Head, Shoulders, Knees and Toes

Head, shoulders, knees and toes
Knees and toes
Head, shoulders, knees and toes,
Knees and toes
And eyes and ears and mouth and nose
Head, shoulders, knees and toes
Knees and toes.

Miss Polly

Miss Polly had a dolly who was
Sick, sick, sick.
So she phoned for the doctor
To come quick, quick, quick.
The doctor came with a bag and a hat,
And he knocked on the door
With a rat-a-tat-tat.
He looked at the dolly and he shook his head.
He said Miss Polly put her straight to bed.
He wrote on a paper for a pill, pill, pill.
I'll be back in the morning with my bill, bill, bill.

Media Initiatives For Children

Anti-Bullying Week from 16th – 20th November.

This month we will introduce our new friend Puppet Tom. In Tom's story, his friends did not include him when they were playing in the park.

Parents will receive separate information about **Media Initiatives** programme.

During **Anti-Bullying** Week talk to your child about playing kindly with other children.

You can access Tom's story on:
https://youtu.be/7ZXpr_Ct-FM

Other Useful Links/Ideas:



Looking after our teeth is **very important**. Please go to **Getting Ready to Learn** tab on our website to view the resource on **Dental Health**.

Please view our **Home Learning** tab on our website to view our document on **The Road to Reading**.

Number Blocks is a mathematical programme and is currently running on **CBeebies** every day at **06:55** and **13:15**.

NI Forest School Ideas www.forestschoolawards.org

1 **Autumn Leaf Storm** – Since the leaves are still falling from the trees, you can get your child to create a **storm** using the leaves on the ground! (see *Home Learning* tab on *SNS* website.)

2 **Barefoot Investigation** – Explore the properties of different materials using your feet! (*Home Learning* tab on *SNS* website)

