



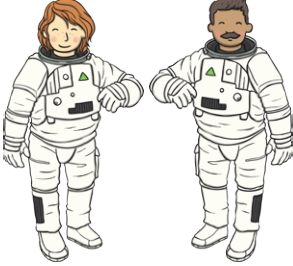


Tim Peake's Space Diary

17th December 2015

Dear Diary,

I love my new life on the International Space Station. On my first day, I checked everything was safe and got used to floating around.

Every day I...

 exercise	 do tests	 have a meeting with the crew
 fix things	 eat food	

Most days are the same but I don't like Sunday because it's cleaning day!

14th January 2016

Dear Diary,

Tomorrow I am going on my first ever spacewalk! I have been getting ready for the spacewalk for a long time.

I am very excited. I will work on the outside of the space station for six hours and thirty minutes.

My tools and suit are ready and everything is planned. It's time to go for a walk. See you on the other side!

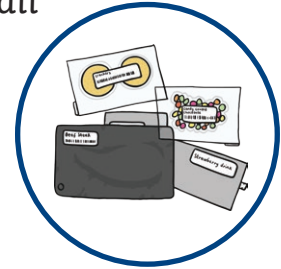
Tim Peake's Space Diary

17th December 2015

Dear Diary,

I am settling into my new life on the International Space Station. On my first day I checked everything was safe and got used to floating around.

I start every day with a meeting with the crew. We all talk about what we are doing that day. We often spend the day exercising, doing tests and fixing things. At the end of the day, we all sit down together for a meal of freeze-dried food. I don't like it much but I'm sure I'll get used to it!



Most days are the same but the only day I don't like is Sunday because it's cleaning day! The crew all help to give the space station a Hoover and wipe. Dust floats around in space so it's really important to keep things clean and tidy!

14th January 2016

Dear Diary,



Tomorrow, we are going on our first ever spacewalk outside the Space Station! We have been getting ready for the spacewalk for weeks in space. Before that I did years of training – it takes a long time to prepare for a spacewalk! But I guess nothing can prepare us for the feeling of floating in space!

I am very excited but I have no time to think about how I feel. The six hours and thirty minutes we will work on the outside of the space station are planned in detail.

Our tools and suits are ready, we've done all our training and everything is planned. It's finally time to go for a walk. See you on the other side!

Tim Peake's Space Diary

17th December 2015

Dear Diary,

I am settling into my new life on the International Space Station. My first full day was spent checking everything was safe and getting used to being weightless. It is a very strange feeling and takes a while to get used to!

I start every day with a meeting with the other astronauts. We all talk about what we are doing that day. We often spend the day exercising, doing experiments and fixing things on the spacecraft. At the end of the day, we have another meeting and then sit down together for a meal of freeze-dried food. It tastes very different to the food back on Earth but I'll have to get used to it!



The only day I don't like is Sunday, because it's cleaning day! The whole crew help to give the spacecraft a Hoover and wipe. Dust floats around in space so it's really important to keep things clean and tidy!

14th January 2016

Dear Diary,



Tomorrow, I am going on my first ever spacewalk outside of the spacecraft. We have been getting ready for the spacewalk for weeks in space, and months before that on Earth. Before that, I did years of training; it takes a long time to prepare for a spacewalk! But I guess nothing can prepare us for the feeling of being outside of a spacecraft, floating in space!

I am very excited but I have no time to think about how I feel. The six hours and thirty minutes we will work on the outside of the spacecraft are planned in detail. The plans for what we will do are almost 40 pages long! You have to be good at reading to be an astronaut.

Our tools and spacesuits are ready and we've completed all our training and preparations. It's finally time to go for a walk. See you on the other side!

