

High Frequency Word Activities

Here are some creative (and effective) ways to reinforce High Frequency words at home. High frequency words are words which appear frequently in texts. In order to promote fluency and due to the often difficult phonetic nature of these words, they should not be "sounded out" but rather rote learned and said on sight.



1. Sky Writing - Stand up and extend your dominant arm all the way out in front of you. Pointing with two fingers, write the word in the air starting from the left side of the body all the way to the right. Make the letters at least two feet high!

2 Walk and Chalk - Write really big words on the pavement, driveway or playground when you are outside.

3. Easel Painting - Standing at a large easel, paint your high frequency words and read them.

4. Tactile/Fine Motor Development-Write the word with your finger in...

Sand or flour on a plastic tray

shaving cream on a baking sheet

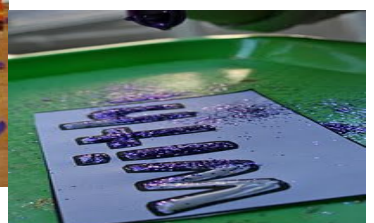
On fine sandpaper

Write on different surfaces with different writing utensils...

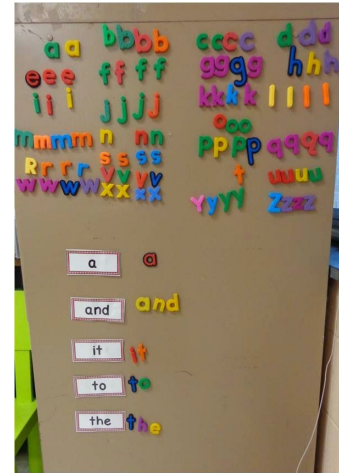
dry erase markers on a whiteboard

crayon on paper

marker on tin foil



5. **Create Words Out of Different Materials**-Make high frequency words out of play dough, or stickers, use pieces of old scrap paper to rip and glue and make words, make each word with coloured glitter glue or pipe cleaners, use magnetic letters to make words etc.



6. **Stick words on toys/in places around your home**- You can ask your child to say these words as they "meet" them around your home or ask they to "give you" "stack" or place toys with certain words on them in various places. eg put the block with "was" on top of the block with "the".