



EAT SMART WITH

THE LUNCH BUNCH

ea catering

WEEK ONE

Served weeks commencing:

7 October, 4 November

2 December, 30 December

27 January

MONDAY

MENU 1

Oven-Baked Fish Fingers & Baked Beans & Oven-baked Wedges.

DESSERT

Vanilla Ice-Cream, with Pears & Butterscotch Sauce.

MENU 2

Beef Bolognaise & Garlic Bread with Marrowfat Peas & Pasta Spirals.

DESSERT

Vanilla Ice-Cream, with Pears & Butterscotch Sauce

TUESDAY

MENU 1

Homemade BBQ Chicken Pizza with Coleslaw & Chipped Potato.

DESSERT

Homemade Banana Cake

MENU 2

Traditional Irish Stew & Wheaten Bread
Baton Carrots & Baked Potato

DESSERT

Homemade Banana Cake

WEDNESDAY

MENU 1

"Lunch Bunch" Chicken Curry & Naan Bread & Roast Courgette & Boiled Rice

DESSERT

Chocolate & Raspberry Spongecake with Custard

MENU 2

Baked Quorn Dippers & BBQ Sauce & Sweetcorn & Mashed Potato

DESSERT

Chocolate & Raspberry Spongecake with Custard

THURSDAY

MENU 1

Roast Pork, Stuffing & Gravy & Fresh Seasonal Vegetables & Oven Roast Potato

DESSERT

Home-baked Popcorn Cookie & Orange Wedges

MENU 2

Chicken Goujons & Sweet Chilli Dip
Mashed Potato

DESSERT

Home-baked Popcorn Cookie & Orange Wedges

FRIDAY

MENU 1

Beef Burger & Bap with Mini Corn-on-the-Cob & Chipped Potato

DESSERT

Frozen Strawberry Mousse

MENU 2

Rainbow Salad Wrap
Iceberg Lettuce, Tomato, Cucumber, Pepper, Cheese.
Garden Peas & Baked Potato

DESSERT

Frozen Strawberry Mousse

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABILITY