



Options after the Leaving Certificate

St Farnan's Post Primary Class of 2025/2026

Choosing The Right Course

Step 1:

Consider your INTERESTS, SKILLS, VALUES, PERSONALITY



Interest: Course content should be the main consideration when deciding upon your choices for next year.



Skills: A course should match a person's skills set.



Values: Courses that match your value set as a person are more likely to be fulfilling.



Personality: Does the course suit your personality?



Step 2:

Research courses and the Colleges/Universities



Step 3:

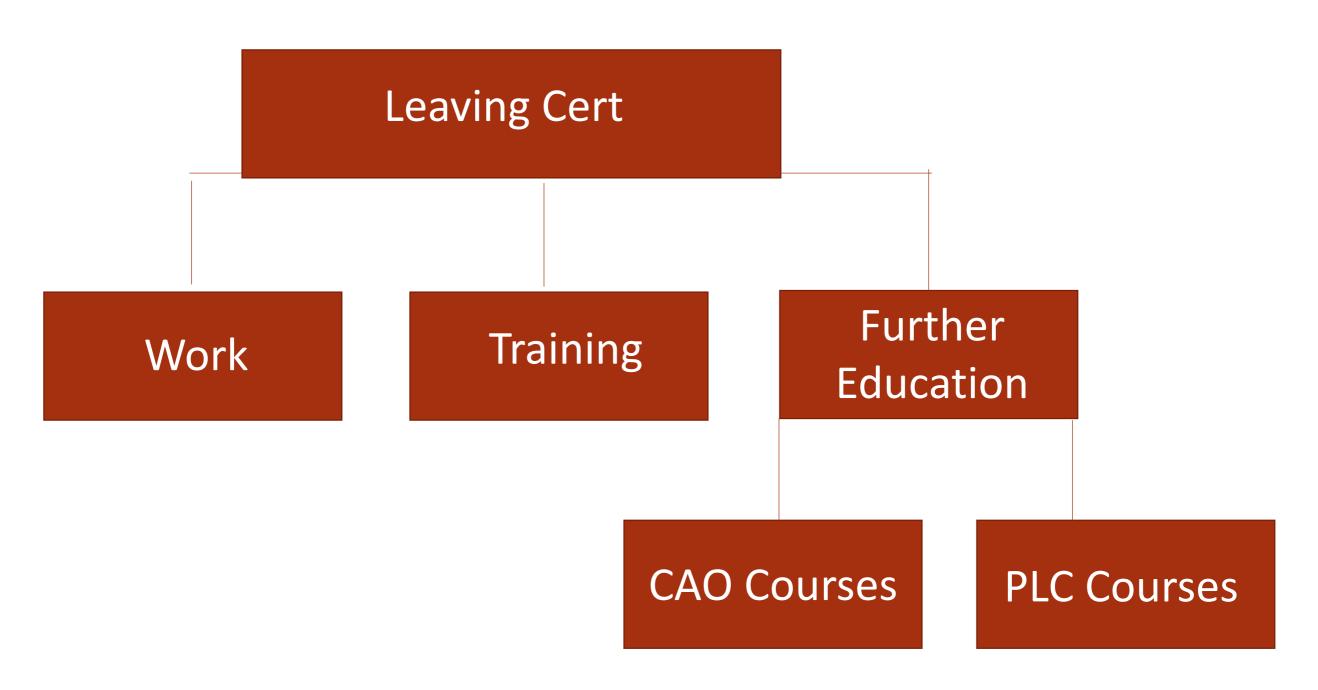
Match what you have come to know about yourself (self - assessment) to a course/s



Step 4: Take Action

Once fully informed about relevant courses, it is then the time to start the application process.

Options after the Leaving Cert





What is the CAO?

Central Applications Office for applications to 3rd level higher Education (level 6,7,8 courses) colleges/universities in Ireland

What do they do?

The CAO process all the applications, they issue offers of places and then record acceptances for the colleges to their undergraduate courses

CAO Handbook for parents



their next step



Link for parents/guardians: https://www.cao.ie/index.php?page=parents

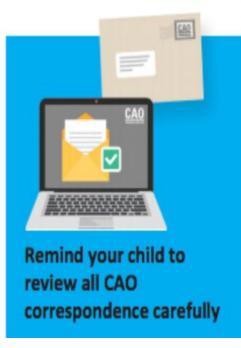
Your role as a parent/guardian

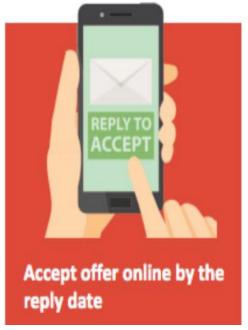


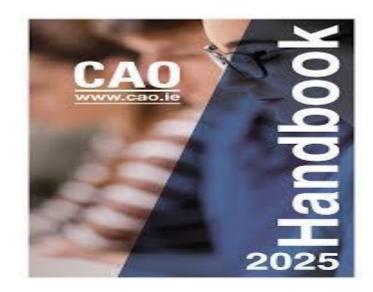












CAO HANDBOOK for Students

Now only digital copies available

- Section 1 all the information needed to explain CAO process
- Section 2 lists all available CAO courses (level 6,7,8)
- Handbook can be downloaded:
- https://www.cao.ie/handbook.php



HEI contact details

Downloads

Points Calculator
Important Dates

Student Resources

Access Routes
DARE / HEAR

Restrictions



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Data Privacy

About CAO

Useful Links

FAQ Contact Us

Central Applications Office

The Central Applications Office processes applications for undergraduate courses in Irish Higher Education Institutions (HEIs). Decisions on admissions to undergraduate courses are made by the HEIs who instruct CAO to make offers to successful candidates.



Visit the CAO Applicant News page for regular updates.

Need Help?

Click here for the demo application, video guides and answers to frequently

asked questions

Advanced Entry

Click here for applications to year 2, 3 and 4.

Important Dates:













Some Colleges/Universities in Surrounding areas

(mostly level 8 degree courses)

- Maynooth University
- DCU Dublin City University
- UCD University College Dublin
- TCD Trinity College Dublin
- NCAD National College of Art and Design
- IADT Institute of Art, Design and Technology
- NCI National College of Ireland
- RCSI Royal College of Surgeons Ireland









Examples of Technological Universities

(these colleges offer courses at levels 6,7 & 8)

TUD - Technological University Dublin- (formally DIT, Blanchardstown and Tallaght)



TUS - Technological University of the Shannon (Limerick, Athlone, Thurles and Clare)

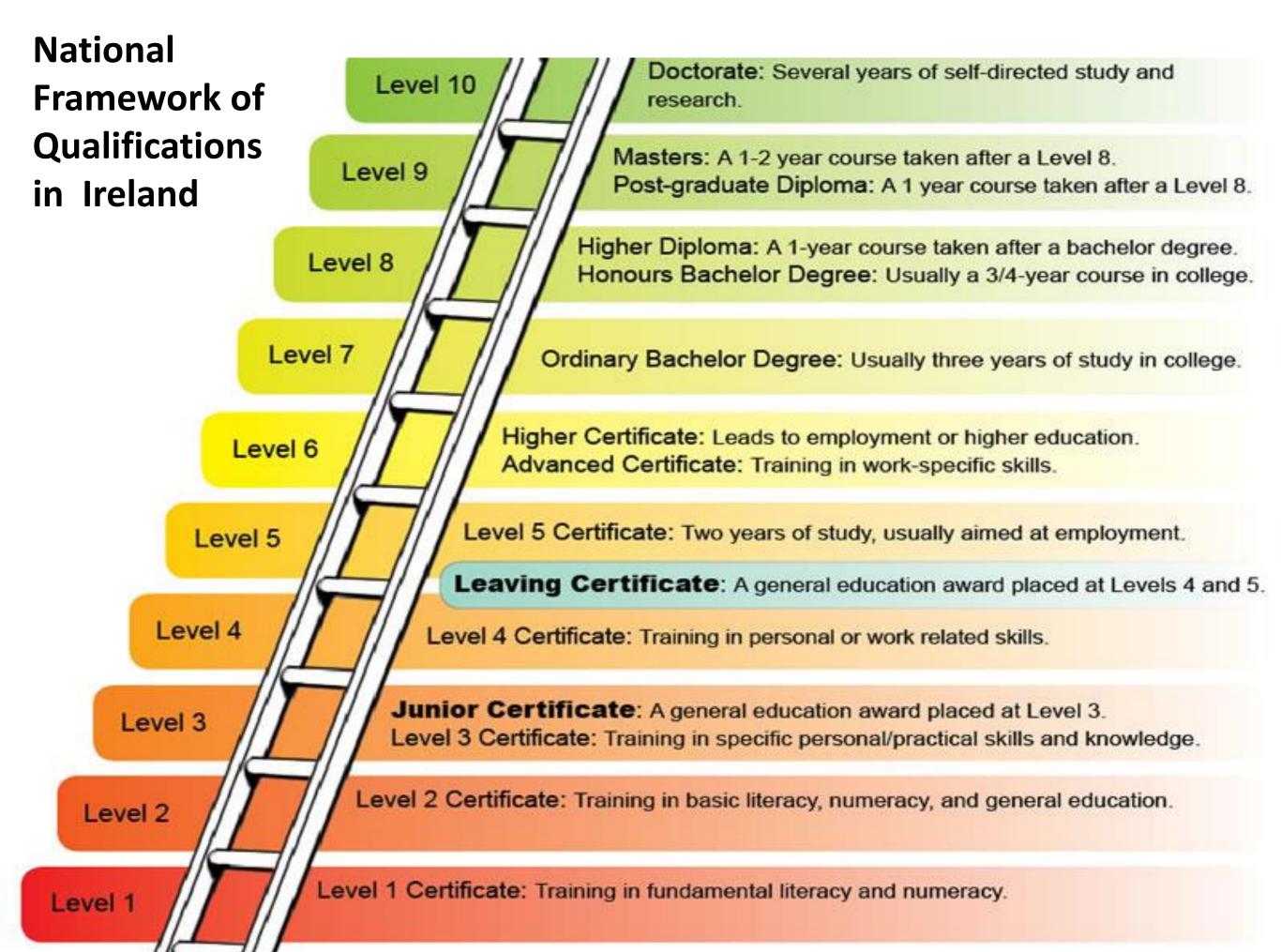
SETU - South East Technological University (Carlow, Waterford and Wexford

MTU - Munster Technological University (Cork and Kerry)

ATU - Atlantic Technological University- (Galway, Mayo, Letterkenny, Sligo and St.Angela's Sligo)





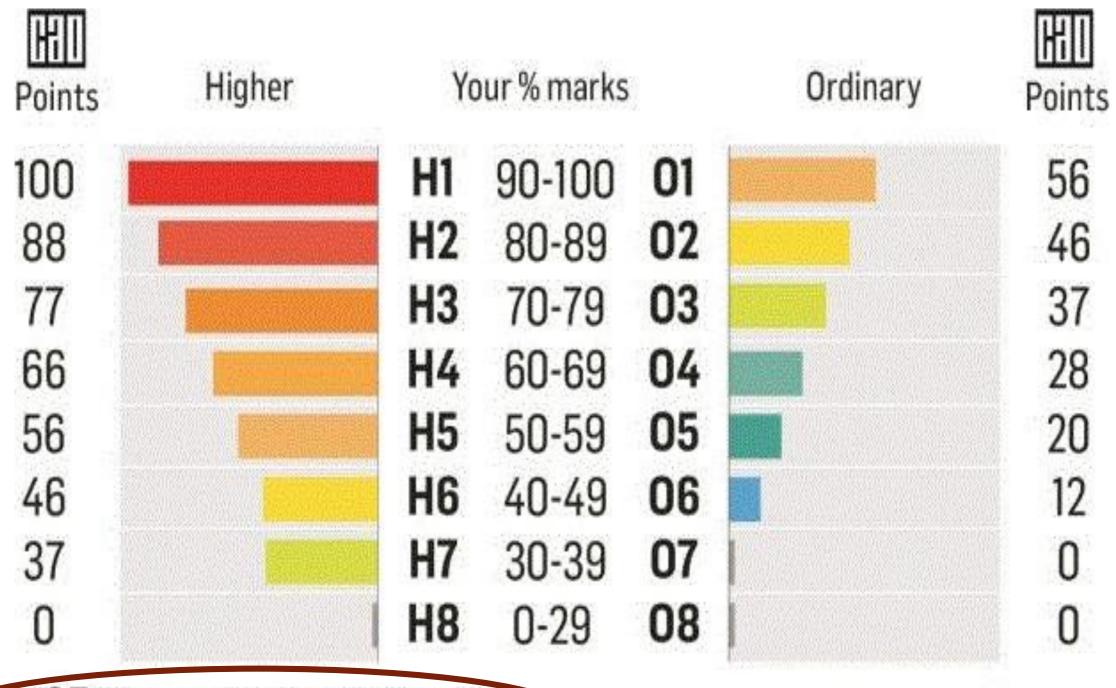


Application to 3rd level



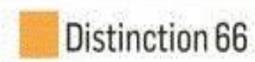
There are 3 conditions that must be met for a student to be offered a place on a 3rd level course in a Higher Education institute (HEI)

- 1. Minimum entry requirements
- 2. Specific course entry requirements
- 3. Leaving cert points



+25 Bonus points for H1-H6 maths

Top possible points 625







Top 6
Results
Count



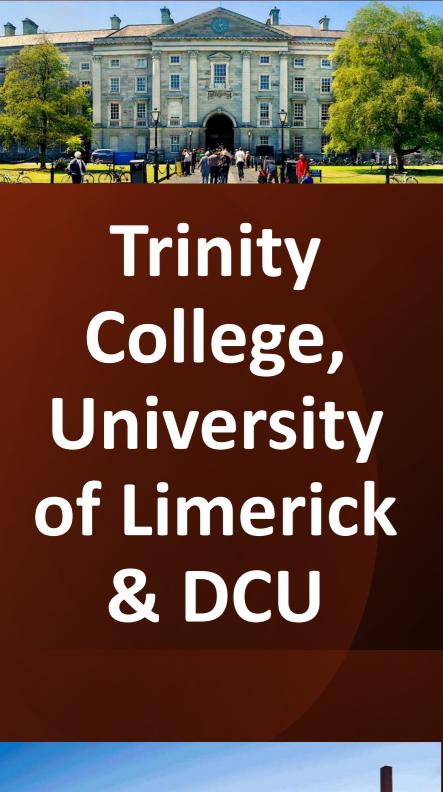
Matriculation (Minimum) Entry Requirements



To be allowed into a college for any course, you must meet the **college matriculation requirements**.

NUI (Examples, UCD, Maynooth University, UCC, Galway University, RCSI, NCAD):

- Six subjects, minimum of two Higher
 Level H5/50%+ (or higher)
- Pass in English, Irish (unless exempt)
- Third language needed for approximately 60% of courses- (this can be a third language outside of school such as Polish, Ukrainian etc)
- Most science & engineering courses excluded
- Maths required for Business, Science, and Engineering etc.





- Requires six subjects, two
 (three for TCD and DCU's BEd)
 of which must be at least Grade
 H5(50%+) at Higher Level
- Subjects must include a 06/H7
 in English, Maths(foundation level
 maths acceptable for some courses) and a
 language other than English(e.g.
 Irish)

Technological Universities



- For most Level 8 Honours degrees, 6 Leaving Certificate subjects, with at least Grade H5 in 2 subjects at Higher Level and Grade 06/H7 in 4 other subjects, including Maths and either Irish or English
- For Levels 6 and 7(Higher Certificate and Ordinary Degree): 5 Leaving Cert subjects at Grade O6/H7, including Maths and either Irish or English
- Need to check individual courses

Essential Subjects

Must check specific course requirements

Science Subject(s) are required for **MOST** science degrees and medical/ health courses.

Most (not all) Honours Engineering Degrees require **Higher** Mathematics.

H4 (or higher) in Honours Irish is required for Primary Teaching.

Chemistry required for a lot (not all) of Pharmacy, Veterinary Medicine, Dietetics, Dentistry courses

Exemptions

- Generally speaking, anybody applying to an NUI institution (e.g Maynooth, UCD etc.)who was born and had all their education in the Republic of Ireland must present Irish (achieving at least pass at Ordinary Level) for Matriculation purposes.
- Students not born in the Republic of Ireland or educated for an extended period outside Ireland may apply to NUI for an exemption from the Irish language requirement.
- Students with specific learning difficulties affecting language acquisition (dyslexia) may apply for exemption from the Third Language requirement.
- Exemptions do not automatically transfer from school – you must apply for 3rd level exemption.

Exemptions

- If applying to TCD, University of Limerick or Mary Immaculate college, you must contact the relevant admissions office directly.
- In the case of NUI colleges (UCC, UCD, Maynooth University and University of Galway), you must fill out an NUI exemption form which is available on the NUI website.

https://exemptions.nui.ie/

 Applicants who wish to have their NUI Exemptions recorded on the CAO application in time for the Statement of Application Record process in May, must submit their NUI Exemption Application to NUI no later than March 2026

Filling up your course choices on the CAO form

Level 8 Courses Honours degree courses	Level 6 & 7 courses Higher certificate and ordinary degrees
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.

Genuine Order of preference is the rule!!

You may get an offer from both lists – but you can only accepy 1 offer



ROUND ONE

CAO Computer	Course	College Requirements	Faculty Requirements	Points Requirements	Criteria Met	Offers	
	Course 1	С					
	Course 2	С	F				
	Course 3	С	F				
	Course 4	С	F				
	Course 5	С	F	Р	*	OFFER	1
	Course 6	С	F	Р	*		
	Course 7	C	F		ses B		
	Course 8	C			Offer Are Deleted From CAO Computer		
	Course 9						
	Course 10	С	F	CAO	Comp	utei	

Consecution Guidance ROUND TWO							
CAO Computer	Course	College Requirements	Faculty Requirements	Points Requirements	Criteria Met	Offers	
	Course 1	С					
	Course 2	С	F	P	*	OFFER 2	
	Course 3	С	F		Delete	d	
	Course 4	С	- E				
	Course 5	С	F	Р	*	OFFER 1	L
	Course 6	С	F	Р	*		
	Course 7	C	F	Cour	rses B	elow	
	Course 8	С			Offer Are		
	Course 9		7		Comp		
	Course 10	С	F	CAO	Comp	Juter	

Genuine Order of Preference



- You do not need to guess what the points are going to be for the courses you are interested in.
- Simply list your courses in genuine order of preference from the highest preference 1, to the lowest preference 10.
- If you are entitled to an offer, you will be offered the highest preference that you are entitled to.

Important things to remember

- Know what the course involves before applying. If you are not interested in the modules that are covered in the course, then the course might not be for you.
- Courses should be placed in genuine order of preference on the form.
- Only apply for courses you genuinely want to study.
- Restricted courses (i.e courses that require a portfolio/audition etc.) must be on your CAO application by 1st February
- Course titles don't always reveal the true focus of the course.
- Check Alert lists on CAO website -<u>https://www.cao.ie/index.php?page=alertlists&bb=studentresources</u>
- RESEARCH, RESEARCH!



CAO Key Dates

Important things to remember

CAO Online application opens (create account on www.cao.ie)	5 th November 2025
Closing date for discounted application fee (€35)	20 th January 2025
Normal closing date for application (€50) Closing date for restricted courses*	1 st February 2025
Closing date for late applications (€65)	1 st May 2025
Dates for free change of mind	5th May- 1st July 2026
Round one offers	Few days after LC results in August
Round two offers	Early September

Statement of Application Record (End of May)



- Before the end of May, all applicants will receive a Statement of Application Record by email from the CAO.
- This is an extremely important communication, instructing applicants to carefully review and verify their account information.
- Log in to your CAO Account to check and confirm your account information, including your personal details, the qualifications and assessments section (examination and exemption information), exam number and your course choices.
- Any errors or omissions must be communicated to CAO immediately.
- If you have not received this statement by the end of May, contact CAO via www.CAO.ie/contact
- Failure to do so may have very serious consequences, for example, you might not receive an offer.

Change of Mind Facility

- The free 'change of mind' facility offers applicants the opportunity to add, remove or change the order of their course choices on the CAO form.
- When entering new courses or editing existing course choices, applicants must list all courses on the new choices list in their preferred order of preference.
- One can change their mind for free from the 5th May up until July 1st at 5pm. Restricted courses must be applied for by the 1st February.
- Restricted courses are courses that have criteria outside of Leaving Certificate points, for example, an Art course might require a portfolio. A music course might require a performance as part of their entry requirements to get on the course. The CAO handbook lists the courses that are restricted. 2 – 3% of the courses are restricted courses.



HI

How are offers made?



- Offers are made on the basis of the L.C.results achieved by each student, the number of students applying for a particular course and the number of places available on that course
- Points for courses are based on popularity not difficulty

Common **Errors**

- Not enough research into courses
- Listing courses in order of points instead of genuine preference
- Underestimating / overestimating Leaving Certificate results
- Targeting low point courses in hope of getting College place
- Targeting Level 8 courses only and ignoring Level 7 & 6 courses or not filling in all 10 choices
- Not having a backup plan i.e. lower point course or a PLC
- Not considering courses outside certain geographic areas

Deferring a place



- If you wish to defer an offer of a place, you do not accept your offer. You must email the Admissions Office of the college immediately
- The email must arrive to the Admissions Office of the college at least two days before the reply date shown on the Offer Notice.
- The college will then communicate their decision to you directly.
- In order to take up a deferred place you must reapply through CAO in the succeeding year and place the deferred course as your first and only preference on the CAO form

Post Leaving Certificate Course – Colleges of Further Education

Separate to CAO -Usually at level 5 but some offered at level 6 (1 or 2 years)

Do not require leaving cert points!

Minimum entry requirements are usually 5 passes in OL Leaving cert /and an interview

Are now free but some have registration fees or "course charges"

PLC can be used to access CAO courses (instead of LC results) or as a route straight to the world of work

Amazing variety of courses – can apply to individual PLC college or now via FE tab on CAO website







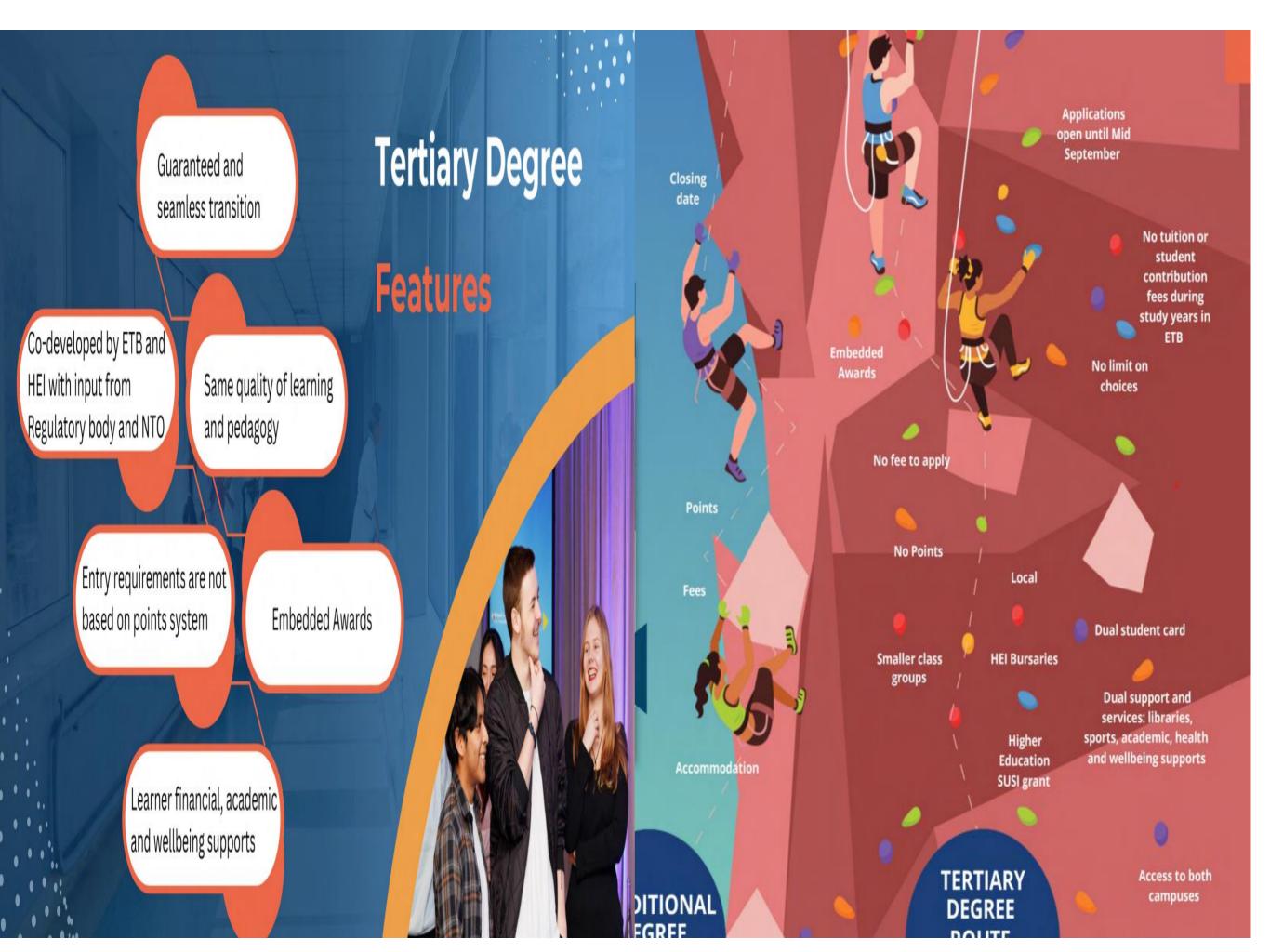






PLC Colleges There are many reasons why students choose to complete a PLC course

- Alternative route to university use PLC results and not LC results
- Taster year- before committing to 3/4 year degree
- Work experience direct experience of the type of work related to their course of study.
- A chance to acquire a qualification leading to employment.



Tertiary Degrees 2025

Art and Media

- BSc (Hons) Digital Arts
- BA (Hons) Immersive Media Production
- BSc (Hons) Software Development
- BA (Hons) Digital and Business Skills
- BA (Hons) Animation, Visual Effects & Motion Design

IT & Technology

- BSc (Hons) in Information Technology Management
- BSc (Hons) in Mobile & Web Computing
- BSc (Hons) in Software Development
- BSc in Process Manufacturing Practice & Technology

• BSc (Hons) in General Nursing

- BSc (Hons) in Mental Health Nursing
- Bachelor of Social Work (Hons)
- BSc (Hons) in Occupational Therapy
- BSc in Applied Health Care
- BSc (Hons) in Public Health and Health Promotion
- BSc (Hons) Intellectual Disability Nursing
- BA (Hons) Social Care Practice

Other

- BBs in Tourism and Hospitality Services
- Bachelor in Business (Hons); Bachelor of Business; BB (Hons) in Business
- BSc (Hons) Applied Sports Science
- BBs (Hons) Business and Psychology
- BA (Hons) Politics, Society and Media



- UCAS Applications site for studying in the UK
- 16th October Deadline for Medicine;
 Veterinary Medicine or Dentistry (require UCAT exam)
- 14th January 6pm all other courses
- Students will also need a reference and predicted grades submitted by a teacher
- Most degrees in England, Wales and Northern Ireland have tuition fees of £4,855(NI) to £9,250 sterling per year.
- Can apply for UK student finance but will have to repay loans once start earning
- Some fully funded courses in NI e.g. Nursing, physio, Occupational therapy etc.
- UCAS | At the heart of connecting people to higher education

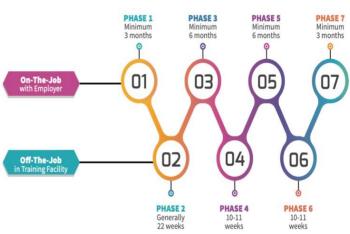




Applying to Europe

- 1200 undergraduate programmes are now taught through English in European Universities
- European fees there are no fees in Scandinavian countries and low fees in counties such as Germany, Austria and the Netherlands
- Often lower entry requirements
- Each college has different entry requirements and policies and a lot of research is needed.
- Can apply via www.eunicas.ie (38 euro fee to help with application for up to 6 universities in Europe)



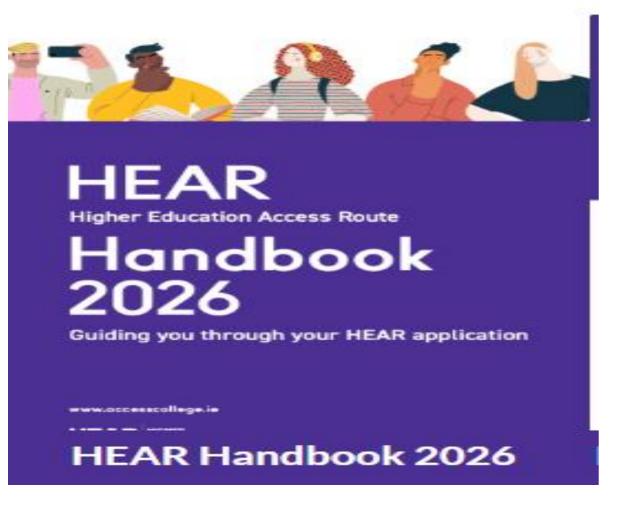


- Get paid while you train (Electrician in 4th year earns €816 a week)
- Nearly 80 different apprenticeships available
- Learning alternates between a workplace and an education /training institute with a minimum of 50% on the job training
- Traditional apprenticeships electrician, carpenter, plastering plumbing, mechanic, engineering etc
- New apprenticeships Finance, healthcare, lab technician, wind turbine technician, accounts technician, sales, software developer, auctioneering and property etc – new apprenticeships have various entry requirements. These new style apprenticeships can lead to an award ranging between Level 5 and Level 10 on the NFQ.
- It is up to the student to secure an apprenticeship
- All can be viewed at the following link: https://apprenticeship.ie/

Benefits of HEAR

Why apply to HEAR?

- Reduced points CAO offers in the participating colleges provided you meet the minimum entry requirements.
- Post-entry supports such as financial, academic, social and personal.



An example: If the Leaving Certificate points for a course are 366 points, an eligible HEAR applicant could be offered a place with a lower points score e.g. 356 points.

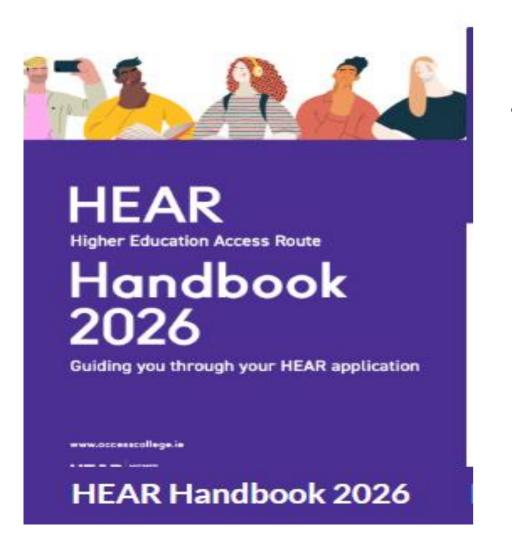
Applicants need to meet entry and programme requirements to be considered for a HEAR reduced points offer.

- The amount of points a particular course is reduced by is dependent on:
 - The overall number of places on the course
 - The number of reserved HEAR places on the course
 - The number of HEAR eligible applicants competing for these reserved places.
- The reduction in points for HEAR places can vary every year.
- For some colleges such as UCD, Maynooth, DCU students would need a minimum 300 points to be eligible
- Apply for HEAR on CAO application (must apply by 1st March and send in documentation by 10th March 2025)

More information: https://accesscollege.ie/hear/how-do-i-apply/application-guides-resources-and-forms/

Number of dependent children* in your family	HEAR Income Limit
Fewer than 4	€46,790
4-7	€51,325
8 or more	€55,630

Add €4,785 to the total family/household income for every sibling/parent enrolled in a full time college, university or post leaving certificate course.



- 1. Was your household income on or below €46,790 in 2024?
- 2. Do you or your family have a Medical Card/GP Visit Card? (in date on 31st Dec 2005)
- 3. Did your parents/guardians receive a meanstested social welfare payment for at least 26 weeks in 2024?
- 4. Have you attended a DEIS second level school for five years?
- 5. Do you live in an area of concentrated disadvantage or have you experienced homelessness within the last two years?

https://data.pobal.ie/Portal/apps/experiencebuilder/experience/?id=3b0acba7eb694ffa85340a60f81d516c

Criteria	Score
1. Income (Mandatory)	All applicants to HEAR need to meet the low-income criteria (no score awarded)
2. Medical Card	Medical card in date on 31st December 2025 Yes = 1 No = 0
3. Means-Tested Social Welfare Benefits	Yes = 2 No = 0
4. Area (Deprivation Index Score)	Extremely Disadvantaged = 2.5 Very Disadvantaged = 2.5 Experienced homelessness = 2.5 Disadvantaged = 1.5 Marginally Below Average or higher = 0
5. DEIS School Status	Yes = 1.5 No = 0
Maximum Achievable Points	7

What the score means:

Your total criteria score is added up to see if you are HEAR Priority, HEAR Eligible or HEAR Ineligible.

Total Criteria Score	Eligibility
5.5 - 7	HEAR Priority (Applicant competes for HEAR-reduced points offers via CAO and is prioritised for offers)
2.5 - 5	HEAR Eligible but not HEAR priority status (Applicant competes for HEAR-reduced points offers via CAO)
2 or Lower	Not Eligible for HEAR (But still considered for CAO offers)



HEAR PRIORITY Groups

HEAR HIGHER EDUCATION ACCESS ROUTE

The HEAR scheme recognises that not all communities are represented in higher education in Ireland.

In order to increase the number of HEAR students from these communities progressing to higher education, HEAR has agreed to prioritise the following groups:

- Care-Experienced Applicants.
- Applicants from Traveller Communities.
- Applicants from Roma Communities.
- Young Parents.
- Applicants who are both HEAR and DARE eligible.



What is DARE?

The Disability Access Route to Education (DARE) is a third level alternative admissions scheme for school-leavers whose disabilities have had a negative impact on their second level education.

DARE offers reduced points places to school leavers who as a result of having a disability have experienced additional educational challenges in second level education.





Disabilities eligible for consideration

- Autistic Spectrum Disorder (including Asperger's Syndrome)
- ADD/ADHD
- Blind/Vision Impaired
- Deaf/Hard of Hearing
- DCD Dyspraxia
- Dyslexia/Significant Literacy Difficulties
- Dyscalculia/Significant Numeracy Difficulties
- Mental Health Condition
- Neurological Condition (Incl. Brain Injury & Epilepsy)
- Physical Disability
- Significant Ongoing Illness
- Speech & Language Communication Disorder

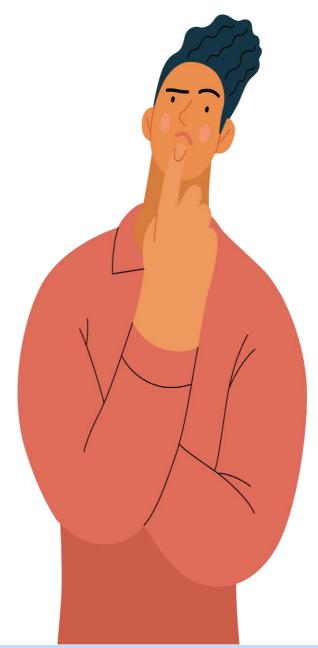




DARE Eligibility Criteria



 Applicants must provide the required evidence of their disability and provide an Educational Impact Statement from their school to be considered for DARE.







DARE

Disability Access Route to Education

Handbook 2026

Guiding you through your DARE application

www.accesscollege.i

DADE DISABILITY

DARE Handbook 2026

Link to DARE information

 https://accesscollege.ie/dare/ how-do-i-apply/applicationguides-resources-and-forms/

 Apply for DARE on CAO application (must apply by 1st March and send in documentation by 10th March 2026)



HEAR/DARE Information session

 Information Sessions will take place online in January 2026 Remember...

You can apply to both DARE & HEAR









Supporting You All The Way

SUSI is Ireland's national awarding authority for further and higher education grants. We offer support to eligible students in approved, full-time courses at PLC, undergraduate and postgraduate levels and in some cases, to students studying outside Ireland.

Applying to SUSI

- SUSI will not open for 2026 applications until mid April next year
- SUSI is awarded on household income and will be based on the calendar year 2025
- Most of the information on the SUSI website is for the 2024/2025 academic year



What Grants are Available?

Student grants are divided into:

- Maintenance grants
- Fee grants

Maintenance Grants

Maintenance grants help students with their living costs and are paid directly to the student's bank account.

Fee Grants

Fee grants pay tuition fees for students who do not qualify for the Free Fees Scheme. Fee grants can also pay the Student Contribution and the cost of essential field trips.

Student grants are available for students looking to study at PLC, undergraduate and postgraduate levels.



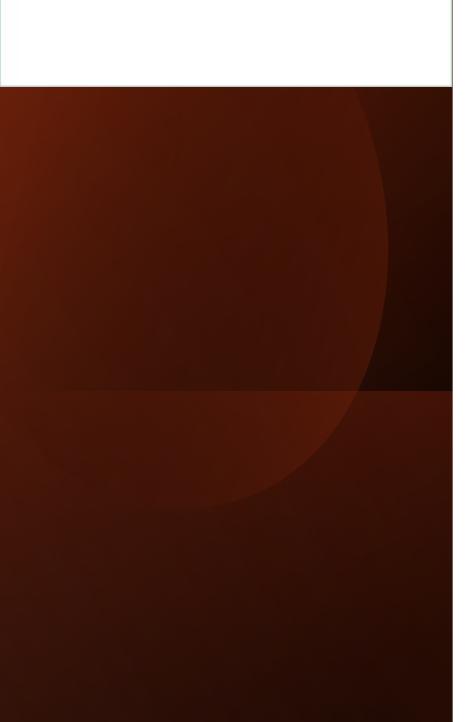
	Ireland		Northern Ireland and UK		EU Member states		
	Maintenance Grant	Fee Grant	Maintenance Grant	Fee Grant	Maintenance Grant	Fee Grant	
PLC	Yes	No	No	No	No	No	
Undergraduate	Yes	Yes	Yes	No	Yes	No	
Postgraduate	Yes*	Yes	Yes*	Yes**	No	No	

SUSI current thresholds

 https://www.susi.ie/eligibilitycriteria/income/full-time-undergraduateincome-thresholds-and-grant-award-rates/

No maintenance 50% student contribution	Reckonable income must be under €71,300	Reckonable income must be under €78,145	Reckonable income must be under €84,710	+€4,950
No maintenance €500 Student Contribution	Reckonable income must be under €115,000	Reckonable income must be under €126,040	Reckonable income must be under €136,630	+€4,950





- To check if you are eligible visit <u>https://susi.ie/eligibility-reckoner-app-irish/index.html</u>
- Can bring maintenance grant to UK/EU
- Based on household income and number of dependants (children under 16 or those in full time education or deemed medically unfit for work)
- In separated families income threshold will be based on the parent the child lives with (maintenance is included in income)
- Students are allowed earn up to €8,424 for Holiday Earnings
- Apply mid -April 2026 on SUSI.ie students will need parental help



SCHOLARSHIPS

- Many Higher Education institutions offer their own scholarship or bursary schemes.
- Please go to the individual college websites to find out what scholarships are available in that institution.
- Careers Portal has a good section about scholarships available on the careers portal website. Click on 'Tools' then click on 'Scholarships' under the Education Section to find out what scholarships are available in each institution.

Sources of Information

Useful Links

www.cao.ie www.careersportal.ie www.qualifax.ie www.fetch.ie www.NTO.ie (National Tertiary Office) www.accesscollege.ie (Hear/Dare) www.ucas.com (applying to UK) www.eunicas.ie (applying to EU) www.susi.ie (Grant Information) www.apprenticeships.ie www.military.ie

Open days - College visits

Career Talks in school

Current students / graduates









Advice to parents

Keep an open mind about courses

Many of the jobs of the future haven't even been invented yet

Students should pick something they enjoy

Many of the large companies don't mind what your degree is in as they run graduate programmes

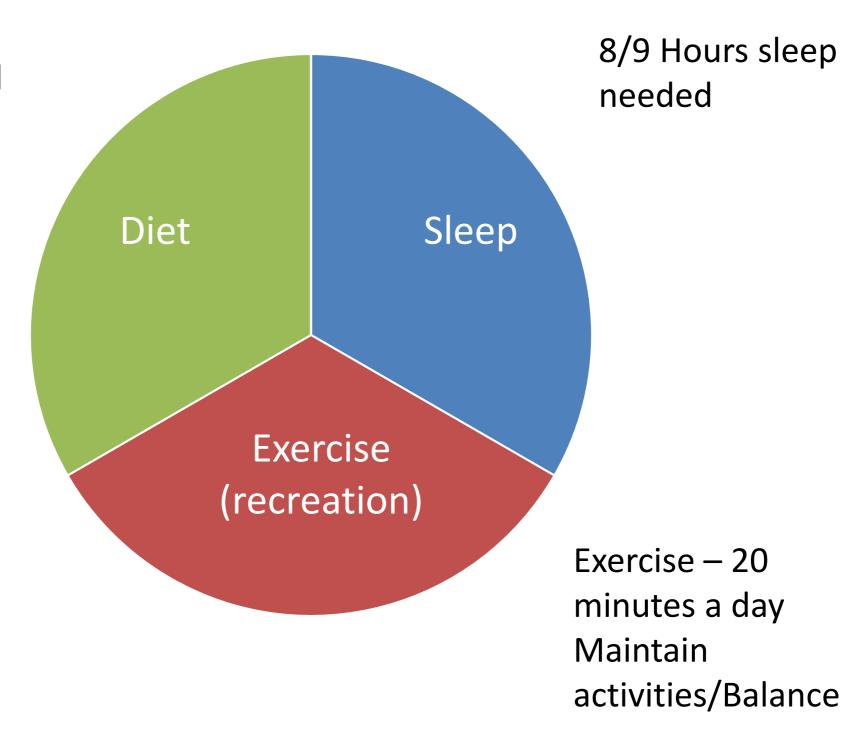
There are always alternative routes into various careers

Help them fill in forms

Talk to them about plans/courses

Student Self – Care and Wellbeing

Healthy Food and Lifestyle Stay Hydrated





Contact

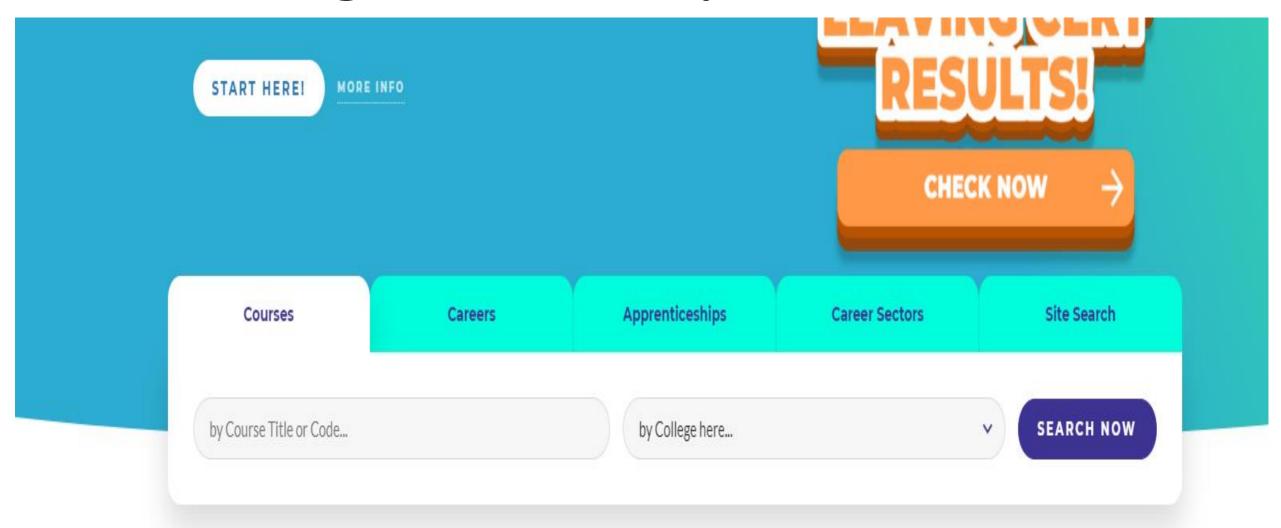
- We offer Guidance 1-1 appointments throughout the year
- Drop in clinics
- Open day information/Career Expos
- Weekly email/Googleclassroom updates
- Guidance classes
- College/career guest speakers

Contact emails:

anitacleary@stfarnans.ie

shayes@stfarnans.ie

Searching on careersportal.ie - Demo





School

I am a second level student researching my subjects, courses and career options



Graduates

I am an undergraduate/graduate researching career opportunities



Adult Learners

I want to return to education and explore options and supports available

Filter by: Clear All	Found 108 courses				Sort by		Course Title 🗸	
Course Name or Code clear	nursing X							Print 🕝
nursing	Code	Course Title	College	Level	Points 2019	QQI Link?	Years	
Example: " ani " will find <u>ani</u> mal and mech <u>ani</u> cal.	CA DC21		Dublin City University - DCU	8	498 ▲	60	4 Years	•
☐ My favourites ★	TR91		Trinity College Dublin - TCD	8	510 ▲		4 Years	•
Course Type	CK71		University College Cork - UCC	8	533 ▲	o [©]	4 Years	•
PLC (Further Education) CAO (Higher Education)	DN45		University College Dublin - UCD	8	506 ▲	o [©]	4 Years	•
Direct Entry (Higher Education) Apprenticeship Courses Employment Courses	5M446		Drogheda Institute of Further Education	(5)		go	1 Year	•
Course Level	AL63	Dontol Murcina	Athlone Institute of Technology - AIT	6	298 ▼	o [©]	2 Years	•
Level 9	TR80	Dantel Missesines	Trinity College Dublin - TCD	7	419 ▲		2 Years	•
Level 8 Level 7	Direct Ent		University College Cork - UCC	7			16 Months	· •
Level 6 Level 5	₩ PL		Marino College of Further Education	5			2 Years	•
Level 4 or less Career Sectors	CA LY81		Letterkenny Institute of Technology - LYIT	6	223 ▲	o	2 Years	•

Course Summary

Language Options

Entry Requirements

PLC Progression Links

The Student

Career Progression

Further Research

COURSE SUMMARY

Nurses are problem-solvers with a natural tendency to care about how people feel and usually have qualities such as resilience, empathy, reliability, integrity and good communication skills are leading qualities in the nursing field.

Nurses play a critical role in society, helping people to achieve, maintain or regain the best possible health while also offering patients support and dignity. During this course, you'll develop deep nursing knowledge, along with skills such as critical thinking, reflective practice, research principles and problem-based learning. You'll learn how to ensure the care you deliver as a compassionate and committed nurse is current and evidence-based.

Extensive practical experience

DCU offers this four-and-a-half-year course in partnership with health service providers from both the public and private healthcare sectors. You'll complete several placements in each year of the programme, across adult and children's hospitals as well as community facilities, along

BSc in Nursing - Short Overview

COLLEGE LINK



College Link > DC218 - Childrens and General Nursing (Integrated)

Colleges often have information about the course on their own website, along with other useful information relating to the college. (Note: Not always available)

Irish Times Parent Letter

My daughter isn't sure what course to apply for. How can I help?

'While all of this can feel daunting, there should be no need to feel anxious. Your daughter is not necessarily selecting a career at this stage; she is in the process of deciding which courses represent the best fit in terms of her interests, aptitudes and ability over the coming years. If she gets that step right, the career journey will fall naturally into place in the years ahead'

