



EAT SMART WITH

THE LUNCH BUNCH

ea catering
WEEK ONE

Braidside IPS
Week commencing:
27th January 2025

MONDAY

MAIN COURSES

Oven-Baked Fish Fingers

SIDES

Baked Beans /
Marrowfat Peas

And

Pasta Spirals /
Oven-baked Wedges

DESSERT

Vanilla Ice-Cream,
with Pears & Butterscotch
Sauce

TUESDAY

MAIN COURSES

Homemade BBQ Chicken
Pizza

SIDES

Coleslaw /
Baton Carrots

And

Chipped Potato /
Baked Potato

DESSERT

Homemade Banana Cake

WEDNESDAY

MAIN COURSES

"Lunch Bunch" Chicken
Curry
& Naan Bread

SIDES

Sweetcorn /
Roast Courgette

And

Boiled Rice /
Mashed Potato

DESSERT

Chocolate & Raspberry
Spongecake with Custard

THURSDAY

MAIN COURSES

Roast Pork,
Stuffing & Gravy

SIDES

Fresh Seasonal Vegetables

And

Mashed Potato /
Oven Roast Potato

DESSERT

Home-baked Popcorn
Cookie
& Orange Wedges

FRIDAY

MAIN COURSES

Beef Burger & Bap

SIDES

Mini Corn-on-the-Cob /
Garden Peas

And

Chipped Potato /
Baked Potato

DESSERT

Frozen Strawberry
Mousse

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY



EAT SMART WITH

THE LUNCH BUNCH

ea catering
WEEK TWO

Braidside IPS
Week commencing:
3rd February 2025

MONDAY

MAIN COURSES

Fish Finger "Seadog"
served in a finger roll

SIDES

Marrowfat Peas /
Baked Beans

And

Chipped Potato /
Baby Potato

DESSERT

Apple & Pear Crumble
with Custard

TUESDAY

MAIN COURSES

Savoury Beef Mince
& Crusty Bread

SIDES

Sweetcorn /
Baton Carrots

And

Oven-baked Cubed Potato
/ Mashed Potato

DESSERT

Arctic Roll
& Winter Berry Sauce

WEDNESDAY

MAIN COURSES

Peppered Chicken

SIDES

Sweetcorn / Garden Peas

And

Mashed Potato /
Boiled Rice

DESSERT

Home-baked Jam &
Coconut Sponge & Custard

THURSDAY

MAIN COURSES

Roast Gammon,
Stuffing & Gravy

SIDES

Fresh Seasonal Vegetables

And

Mashed Potato /
Oven Roast Potato

DESSERT

Chocolate Rice Krispie
Square

FRIDAY

MAIN COURSES

Crispy Baked Chicken
Burger & Bap

SIDES

Spaghetti Hoops /
Asian Slaw

And

Chipped Potato /
Baked Potato

DESSERT

Raspberry Jelly
& Peach Slices

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

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