






ST John the Baptist PS School Lunch Menu May 21



	Monday	Tuesday	Wednesday	Thursday	Friday
 Week 1 – 03/05/21		Breast of Chicken curry with boiled rice or Italian lasagne, crunchy coleslaw, garden peas, naan bread, mashed potato, selection of salads Fruit muffin	Fresh breaded Cod goujons with lemon slice or spicy chicken noodles, baked beans, tartar sauce, mushy peas, tossed salad, mashed potato Ice-cream pot	Roast breast of chicken, herb stuffing, cauliflower cheese, fresh diced carrots & parsnips, crispy roast potato, mashed potato Chocolate cookie	Homemade breaded chicken bites or hot Thai chicken wrap, selection of salads, salsa dip, sweetcorn, chips, baked potato Jelly pot
 Week 2 – 10/05/21	Savoury mince & onion or oriental chicken stir fry with noodles, fresh baton carrots, broccoli florets, mashed potato Chocolate muffin,	Breast of chicken curry & boiled rice, steak burger, gravy, French green beans, fresh diced turnip, mashed potato, home baked oven wedges Vanilla cookie	Breaded cod fish fingers or Spanish meat balls with boiled rice, baked beans, sweetcorn, Mediterranean roasted vegetables, mashed potato Cheese, crackers & grapes	Roast turkey, herb stuffing, gravy, cranberry sauce, fresh carrot & parsnip, fresh savoy cabbage, crispy oven roast potatoes, mashed potato Flakemeal biscuit,	Hot dog, sauté onions or bang bang chicken, carrot and cucumber sticks with homemade garlic dip, peas, selection of salads, chips, baby boiled potato Ice-cream pot
 Week 3 – 17/05/21	Breast of chicken curry & boiled rice or oven baked sausages, garden peas, mashed fresh turnip, selection of salads, mashed potato Chocolate cookie	Irish stew or hand breaded chicken bites, gravy, sweetcorn, homemade wheaten bread, broccoli florets, mashed potato Shortbread biscuit, yoghurt or fruit	Spaghetti Bolognese with sliced crusty baguette, or fresh breaded cod fillet, lemon slice and tartar, baked beans, carrot & cucumber sticks, selection of salads, mashed potato Jelly pot	Roast beef, herb stuffing, gravy, cauliflower cheese, fresh baton carrots, crispy oven roast potatoes, mashed potato Fruit muffin	Homemade Marguerita pizza or salt & chilli chicken with boiled rice, crunchy fresh coleslaw, tossed salad, beetroot salad, traditional champ, chips Ice-cream
 24/05/21	Oven baked sausages or Italian pasta bake, healthy garlic bread, baked beans, fresh diced turnip, tossed salads, mashed potato Flakemeal biscuit,	Oven baked homemade bread chicken goujons or spicy chicken fajita with warm tortilla wrap, garden peas, selection of salads, mashed potato, selection of dipping sauces, Jelly pot	Breast of chicken curry & boiled rice or homemade cottage pie, gravy, naan bread, fresh sliced carrots, medley of vegetables, mashed potato Chocolate muffin	Roast loin of pork, apple sauce, herb stuffing, gravy, fresh baton carrots, broccoli florets, crispy oven roast potatoes, mashed potato Cheese, crackers or grapes	Homemade Marguerita pizza or salmon salad, baguette, sweetcorn, crunchy coleslaw, pasta salad, tossed salad, chips, chilli baby boiled potato Ice-cream pot

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form