






MENU NOVEMBER 2019
ST. JOHN THE BAPTIST PRIMARY SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
 Week 1 – 04/11/19	Chicken breast nuggets or salmon wraps, crusty bread, baked beans, coleslaw, creamed potato cookie, yoghurt or fruit	Pepperoni pizza or savoury mince, sweetcorn, salad, boiled potato, loaf bread biscuit, yoghurt or fruit	Lasagne or grilled bacon, coleslaw, mixed veg, cabbage, creamed potato, crusty bread muffin, yoghurt or fruit	Roast pork & apple sauce, stuffing, gravy, broccoli, turnip, mashed potato, brown bread frozen mousse, yoghurt or fruit	Battered fish or chicken fricassee & boiled rice, chips, peas, tomato sauce, loaf bread ice-cream, yoghurt or fruit
 Week 2 – 11/11/19	Savoury mince or stuffed bacon roll, mashed potato, cabbage, mixed veg, crusty bread muffin, yoghurt or fruit	Chicken curry & boiled rice or chicken mayo wrap, ciabatta or naan bread, salad, creamed potato, sweetcorn cookie, yoghurt or fruit	Pork casserole or sausages, mashed potato, baked beans, coleslaw, turnip ciabatta bread biscuit, yoghurt or fruit	Roast beef, gravy, stuffing, loaf bread, creamed potato, broccoli, carrots/parsnips ice-cream & jelly, yoghurt or fruit	Fish fingers or chicken & pasta bake, chips, peas, loaf bread, tomato sauce, boiled potato, coleslaw frozen mousse, yoghurt or fruit
 Week 3 – 18/11/19	Spaghetti Bolognese or cod bites, crusty bread, cabbage, creamed potato, mixed veg, gravy cookie, yoghurt or fruit	Chicken & cheese pizza or chilli chicken & boiled rice, chips, loaf bread, sweetcorn, coleslaw, boiled potato muffin, yoghurt or fruit	Steak burgers or grilled bacon, baked beans, coleslaw, creamed potato, ciabatta bread flakemeal biscuit, yoghurt or fruit	Roast chicken, gravy, stuffing, broccoli, carrots/parsnips, loaf bread, creamed potato jelly & ice-cream, yoghurt or fruit	Vegetable soup or tuna wrap, hot dogs & onions, grated cheese, tomato sauce biscuit, yoghurt or fruit
 Week 4 – 25/11/19	Lasagne or stuffed bacon rolls, salad, coleslaw, cabbage, boiled potato, ciabatta bread muffin, yoghurt or fruit	Chicken curry & boiled rice or battered fish, naan or crusty bread, peas, tomato sauce, mashed potato biscuit, yoghurt or fruit	Pepperoni pizza or cottage pie, crusty bread, baked beans, coleslaw, boiled potato, mixed veg cookie, yoghurt or fruit	Roast gammon, gravy, stuffing, cabbage, turnip, mashed potato, loaf bread frozen mousse, yoghurt or fruit	Chicken breast nuggets or sweet & sour chicken, chips, creamed potato, sweetcorn ice-cream, yoghurt or fruit
 Week 5 –					

MENU SUBJECT TO DELIVERIES – Milk and Water available daily
If your child has a food allergy, please inform the Principal/Unit Catering Supervisor