

Lisnagelvin Nursery School

Winter Menu 2021 - 2022

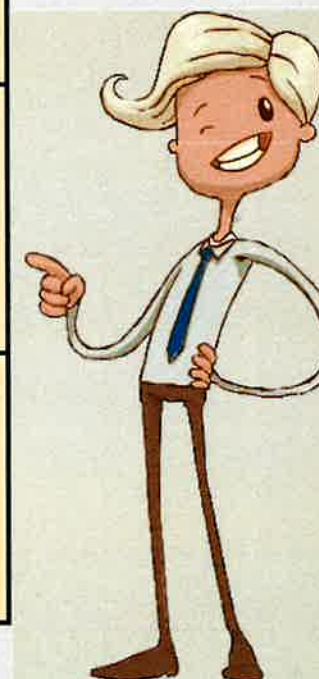
school food

Try Something New Today

www.schoolfoodni.com

Bread, salad, fruit, yoghurt, milk and water

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 1st Nov 29th Nov 3rd Jan 31st Jan 28th Feb 28th Mar	H/M Soup & Sandwiches Oven Baked Sausages Irish Stew Baked Beans / Carrots Salad Chips / Mashed Potatoes Decorated Sponge / Fruit Custard	H/M Soup & Sandwiches Chicken Curry & Rice Salmon Fish Cakes Peas / Salad Mashed Potatoes Parsley Sauce Flakemeal Biscuits / Fruit Custard (RMF)	H/M Soup & Sandwiches Baked Gammon Stuffing & Gravy Dry Oven Roast / Creamed Potatoes/Salad Cabbage / Carrots Ice-Cream & Chocolate Sauce Fruit	H/M Soup & Sandwiches Spaghetti Bolognese Pizza Salad Broccoli & Carrots Mashed Potatoes Fruit Muffin / Fruit Custard (H)	H/M Soup & Sandwiches H/M Chicken Goujons Savoury Baguettes Salad Peas Herb Diced/Mashed Potato Semolina / Fruit Crackers & Cheese (RMF)
Week Two 8th Nov 6th Dec 10th Jan 7th Feb 7th Mar 4th April	H/M Soup & Sandwiches Chicken Curry & Rice Cottage Pie Mixed Vegetables / Salad Mashed Potato Fruit / Ice Cream (H)	H/M Soup & Sandwiches Oven Baked Sausages Cheese & Tomato Pizza Baked Beans / Broccoli Oven Diced/Creamed Potatoes Salad Rice Pudding & Fruit Cheese & Biscuits (RMF)	H/M Soup & Sandwiches Roast Pork Stuffing & Gravy / Salad Dry Oven Roast / Creamed Potatoes Baton Carrots / Cabbage Wholemeal Biscuits Fruit & Custard (H)	H/M Soup & Sandwiches Oven Baked Fish Chicken Paninis Peas Salad Mashed Potatoes Fruit Muffin / Fruit Custard (RMF)	H/M Soup & Sandwiches Beef Burger & Bap Pasta Bake Salad Peas & Sweetcorn Chips / Mashed Potato Fruit Sponge / Fruit Custard
Week Three 15th Nov 13th Dec 17th Jan 14th Feb 14th Mar 11th April	H/M Soup & Sandwiches Spaghetti Bolognese Oven Baked Chicken Nuggets Carrots / Salad Creamed Potatoes Jelly & Fruit Ice Cream	H/M Soup & Sandwiches Chicken Baguette Beef Burger & Gravy Salad Peas & Sweetcorn Herb Dice / Mashed Potato Fruit Cookies / Fruit Custard (H)	H/M Soup & Sandwiches Roast Turkey Stuffing & Gravy Dry Oven Roast / Creamed Potatoes / Gravy Cabbage & Carrots Fruit Sponge / Fruit Custard (RMF) (H)	H/M Soup & Sandwiches Chicken Curry & Rice Oven Baked Fish Sweetcorn / Peas Mashed Potatoes / Salad Fruit Muffin / Fruit Custard (RMF)	H/M Soup & Sandwiches Hot Dog Lasagne Baked Beans / Carrots Salad Chips / Mashed Potato Wholemeal Biscuits Fruit / Custard
Week Four 22nd Nov 20th Dec 24th Jan 21st Feb 21st Mar	H/M Soup & Sandwiches Oven Baked Fish Savory Pizza Carrots / Salad Mashed Potato Fruit Sponge / Fruit Custard (RMF)	H/M Soup & Sandwiches Oven Baked Sausages Pasta Bake Baked Beans / Peas & Corn Salad Chips & Mashed Potatoes Flakemeal Biscuits / Fruit Custard	H/M Soup & Sandwiches Roast Beef Stuffing & Gravy Dry Oven Roast / Creamed Potatoes / Salad Turnips / Carrots Fruit Crumble / Sponge Custard / Fruit (H)	H/M Soup & Sandwiches Beef Burger & Gravy Chicken Curry & Rice Mixed Vegetables Oven Diced/Creamed Potatoes / Salad Fruit Muffin / Fruit Custard (H)	H/M Soup & Sandwiches Home Made Chicken Goujons Cottage Pie Broccoli / Carrots Mashed Potato Rice Pudding / Fruit Frozen Yoghurt / Fruit

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