



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK FOUR

Served weeks commencing:
28 October, 25 November
23 December, 20 January

MONDAY

MAIN COURSES

Oven-Baked Fish Goujons

SIDES

Steamed Garden Peas /
Spaghetti Hoops

And

Chipped Potato /
Baked Potato

DESSERT

Chocolate & Raspberry
Brownie

TUESDAY

MAIN COURSES

Cottage Pie

SIDES

Baton Carrots /
Steamed Broccoli

And

Garlic & Herb Potato
Wedges / Pasta Spirals

DESSERT

Ice-cream, Jelly & Two Fruit

WEDNESDAY

MAIN COURSES

"Lunch Bunch" Chicken Curry
& Naan Bread

SIDES

Sweetcorn /
Roasted Butternut Squash

And

Boiled Rice /
Mashed Potato

DESSERT

Chocolate & Pear Sponge
with Custard

THURSDAY

MAIN COURSES

Turkey & Ham,
Stuffing, Gravy

SIDES

Fresh Seasonal Vegetables

And

Mashed Potato /
Oven Roast Potato

DESSERT

Homemade Flapjack
& Orange Wedges

FRIDAY

MAIN COURSES

Oven-Baked Chicken
Nuggets

SIDES

Baked Beans /
Garden Peas

And

Chipped Potato /
Baked Potato

DESSERT

Choice of Fruit Yoghurt Pot

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS,
PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT
AVAILABILITY