

EAT SMART WEEK

THE LUNCH BUNCH



**WEEK
BEGINNING**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

18th February 16th March 13th April 11th May 8th June	Baked Fish Goujons with Lemon Mayo - Or - Classic Margherita Pizza Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato Selection of Fruit Yoghurt Pots	Penne Pasta and Tomato Bake with Herb Crust Baton Carrots & Green Beans Fusilli Pasta & Fresh Seasonal Salad Mandarin Orange Sponge with Custard	Cheese & Tomato Panini Melt with Coleslaw Garden Peas & Fresh Seasonal Salad Steamed Rice & Oven Roast Wedges Fruit	Quorn Dippers Steamed Broccoli & Cauliflower Mashed Potatoes & Oven Roast Potatoes Chocolate and Pear Sponge Cake	Baked Potato with Butter Beans in Tomato Sauce & Cheese Melt Garden Peas & Mini Corn on the Cob Chipped Potatoes & Baked Potato Vanilla Ice Cream with Sliced Peas
23rd February 23rd March 20th April 18th May 15th June	Golden Baked Cod Bites - Or - Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato Frozen Strawberry Yoghurt and Fruit Tub	Classic Margherita Pizza Sweetcorn, Fresh Seasonal Salad & Coleslaw Steamed Rice & Oven Roast Wedges Homemade Apple Sponge with Custard	Oven Roasted Vegetable Sausages with Tomato & Bean Stew Garden Peas & Diced Carrots Steamed Rice & Mashed Potatoes Fresh Fruit Salad with Strawberry Yoghurt	Roast Quorn Fillet with Rich Gravy Roast Carrots & Spring Cabbage Mashed Potatoes & Oven Roast Potatoes Fruit Muffin and Milkshake	Halel Burger with Tomato Ketchup - Or - Mini Corn on the Cob & Crunchy Veggie Sticks Chipped Potatoes & Baby Potatoes Oatmeal Biscuit with Orange Wedges
2nd March 30th March 27th April 25th May 22nd June	Golden Crumbed Fish Fingers - Or - Mighty Mac 'n' Cheese Garden Peas & Spaghetti Hoops Chipped Potatoes & Mashed Potatoes Banana-flavoured Mousse	Spring Frittata with Coleslaw Steamed Broccoli & Fresh Seasonal Salad Fusilli Pasta & Herbed Baby Potatoes Summer Fruit Sponge Finger Cheese Pizza - Or - Mediterranean Roasted Vegetable Quesadilla with Hummus Sweetcorn & Coleslaw Chipped Potatoes & Baby Potatoes Raspberry Jelly with Two Fruits	Chilli and Garlic Quorn Bites Green Beans & Baton Carrots Steamed Rice & Oven Roast Wedges Blueberry and Lemon Sponge with Custard	Quorn Dippers Cauliflower & Roast Butternut Squash Mashed Potatoes & Oven Roast Potatoes Jelly Whip with Mandarin Oranges	Cheese and Tomato Deli Roll with Fresh Seasonal Salad Sweetcorn & Baked Beans Chipped Potatoes & Mashed Potatoes Frozen Vanilla Yoghurt with Melon Wedge
9th March 6th April 4th May 1st June 29th June	Omelette Baton Carrots & Steamed Broccoli Fusilli Pasta & Oven Roast Wedges Melon, Mandarin and Pineapple Pot	Cheese and Veg Tortilla Boat Garden Peas & Roast Butternut Squash Steamed Rice & Potato Salad Pineapple Upside Down Cake with Custard	Baked Salmon and Tomato Pasta Roast Carrot & Cauliflower Mashed Potatoes & Oven Roast Potatoes Chocolate-flavoured Mousse with Chopped Fruit	Halel Goujons - Or - Tuna and Pasta Salad Garden Peas & Baked Beans Chipped Potatoes, Baked Potato & Fresh Seasonal Salad Homemade Flakemeal Biscuit with Melon Wedge	

**MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY**

**MENU SUBJECT TO
PRODUCT AVAILABILITY**

**IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL**