

## Parent Help – Online Safety



Digitally Aware, Wise and Resilient



Please find some useful links if you weren't able to attend our **Thrive Academy workshop** on helping parents navigate screentime, internet safety and much more.

<https://www.internetmatters.org/>

<https://www.commonsensemedia.org/>

<https://www.webwise.ie/>

<https://www.ceopeducation.co.uk/parents/>

<https://www.smartphonefreechildhood.org/>

**Finally,**

<https://www.thriveac.org/> who are available to book for parent workshops, student workshops, teacher and staff training!