Disclaimer: This resource is provided for informational and educational purposes only. As this resource refers to small items/loose parts which may present a choking risk, you must ensure that an adequate risk assessment is carried out prior to using this resource. You must contact a suitably qualified professional if you are unsure. Twinkl is not responsible for the health and safety of your group or environment. It is your responsibility to ensure the resource and the information/activity it contains are safe and appropriate to use in your situation.

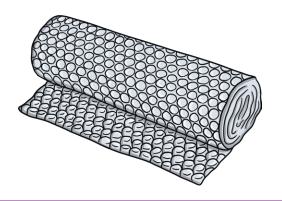
Twinkl is not responsible for the health and safety of your group or environment. Sensory activities can engage children in their play and learning, but supervising adults should check for allergens and assess any potential risks before an activity and only proceed if it is safe to do so. If you are unsure, always speak to a suitably qualified health professional.



Use bubble wrap.

How many bubbles can you pop?

Can you beat your score next time?



Fine Motor Skills

Use a colander and pipe cleaners.

Can you thread the pipe cleaners through the holes?

How many can you thread in a minute?



Fine Motor Skills

How many beads or buttons can you thread on a lace or string?

Can you make a pattern using different colours?



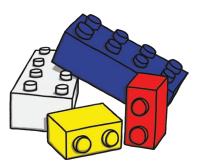
Use your thumb and finger to practise winding up toys. Watch them go, can you have a wind-up race?



Fine Motor Skills

Use small building bricks to make a construction.

Can you push the bricks together and then pull
them apart?



Fine Motor Skills

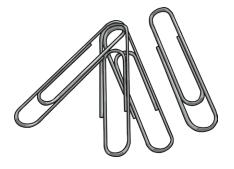
Use tweezers to see how many pieces of pasta, rice or pom-poms you can pick up.



Fine Motor Skills

Can you make a chain of paper clips?

Can you make a chain longer than a pencil, a ruler, a book or your table?



Use a mini hole punch – how many holes can you make in a piece of paper, card, tissue paper even leaves?



Fine Motor Skills

How quickly can you do up buttons or zips on a jacket or coat?



Fine Motor Skills

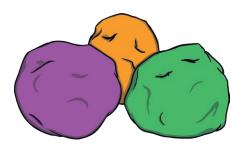
Pick up dominoes and make a long line next to each other, then knock them down!



Fine Motor Skills

Use your thumbs and fingers to make a modelling dough meal!

What other foods could you make?

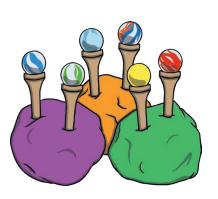


Trace around stencils with a pencil, felt tip, chalk or crayons.



Fine Motor Skills

Roll a ball of modelling dough. Push in golf tees.
See how many marbles you can balance. Can you
make a spiky hedgehog?



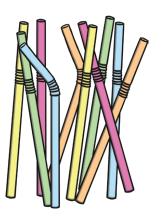
Fine Motor Skills

Use a sand tray and your finger, a feather, pipe cleaner, paint brush or spoon to make patterns, letters, numbers and shapes!

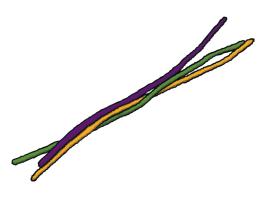


Fine Motor Skills

Chop up straws into small parts. Thread onto string or ribbon to make a necklace or bracelet.

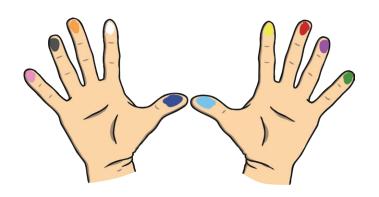


Wind pipe cleaners around twigs to make mini snakes or curly worms!



Fine Motor Skills

Use finger paints to make a fingerprint picture, painting or collage!



Fine Motor Skills

Use pegs to hang out washing on a washing line.

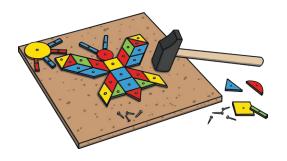
How many pieces can you hang

out using two pegs?

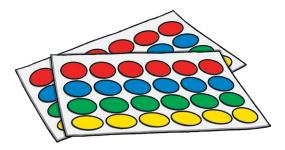


Fine Motor Skills

Use a cork board, mini hammer and wooden shapes to create a picture!

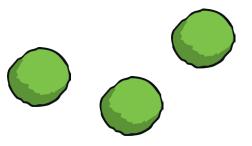


Use colourful sticky dots, to peel and stick to create a dotty picture!



Fine Motor Skills

Use an ice cream scoop or spoon to move pom-poms from one bowl to another. How quickly can you move 5, 10, 20?



Fine Motor Skills

Sort coins into different colour groups. Then use money to post coins into a money box.



Fine Motor Skills

Use pegs and a peg board to make different pattern and pictures. Can you stretch elastic bands across the pegs to make shapes?

