

EAT SMART WEEK

THE LUNCH BUNCH



WEEK BEGINNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16th February 16th March 11th May 8th June	Baked Fish Goujons with Lemon Mayo Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato Selection of Fruit Yoghurt Pots	Homemade Beef Bolognese Baton Carrots & Green Beans Fusilli Pasta & Fresh Seasonal Salad Mandarin Orange Sponge with Custard	Lunch Bunch Chicken Curry & Mini Naan Bread Garden Peas & Fresh Seasonal Salad Steamed Rice & Oven Roast Wedges Peach & Raspberry Traybake Trifle	Roast Pork with Stuffing and Rich Gravy Steamed Broccoli & Cauliflower Mashed Potatoes & Oven Roast Potatoes Chocolate and Pear Sponge Cake	Hot Dog with Tomato Ketchup & Garden Peas & Mini Corn on the Cob Chipped Potatoes & Baked Potato Vanilla Ice Cream with Sliced Pears
23rd February 23rd March 20th April 18th May 15th June	Golden Baked Cod Bites Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato Frozen Strawberry Yoghurt and Fruit Tub	Mild Beef Chilli Sweetcorn, Fresh Seasonal Salad & Coleslaw Steamed Rice & Oven Roast Wedges Homemade Apple Sponge with Custard	Lunch Bunch Chicken Curry & Mini Naan Bread Garden Peas & Diced Carrots Steamed Rice & Mashed Potatoes Fresh Fruit Salad with Strawberry Yoghurt	Roast Turkey with Stuffing and Rich Gravy Roast Carrots & Spring Cabbage Mashed Potatoes & Oven Roast Potatoes Fruit Muffin and Milkshake	Chineseburger with Tomato Ketchup & mini Corn on the Cob & Crunchy Veggie Sticks Chipped Potatoes & Baby Potatoes Oatmeal Biscuit with Orange Wedges
2nd March 30th March 27th April 25th May 22nd June	Golden Crumbed Fish Fingers Garden Peas & Spaghetti Hoops Chipped Potatoes & Mashed Potatoes Banana-flavoured Mousse	Homemade Beef Bolognese Steamed Broccoli & Fresh Seasonal Salad Fusilli Pasta & Herbed Baby Potatoes Summer Fruit Sponge Finger	Lunch Bunch Chicken Curry & Mini Naan Bread Green Beans & Baton Carrots Steamed Rice & Oven Roast Wedges Blueberry and Lemon Sponge with Custard	Roast Gammon with Stuffing and Rich Gravy Cauliflower & Roast Butternut Squash Mashed Potatoes & Oven Roast Potatoes Jelly Whip with Mandarin Oranges	Baked Pork Sausages & Baked Beans Sweetcorn & Baked Beans Chipped Potatoes & Mashed Potatoes Frozen Vanilla Yoghurt with Melon Wedge
9th March 6th April 4th May 1st June 29th June	Homemade Beef Bolognese Baton Carrots & Steamed Broccoli Fusilli Pasta & Oven Roast Wedges	Ham and Cheese Pizza Sweetcorn & Coleslaw Chipped Potatoes & Baby Potatoes Raspberry Jelly with Two Fruits	Lunch Bunch Chicken Curry & Mini Naan Bread Garden Peas & Roast Butternut Squash Steamed Rice & Potato Salad Pineapple Upside Down Cake with Custard	Roast Beef with Yorkshire Pudding, Stuffing and Rich Gravy Baked Salmon and Tomato Pasta Roast Carrot & Cauliflower Mashed Potatoes & Oven Roast Potatoes Chocolate-flavoured Mousse with Chopped Fruit	oven Baked Chicken Goujons & Garden Peas & Baked Beans Chipped Potatoes, Baked Potato & Fresh Seasonal Salad Homemade Flakemeal Biscuit with Melon Wedge

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WEEK BEGINNING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16th February 16th March 13th April 11th May 8th June	Baked Fish Goujons with Lemon Mayo - Or - Classic Margherita Pizza Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato Selection of Fruit Yoghurt Pots	Homemade Beef Bolognese - Or - Penne Pasta and Tomato Bake with Herb Crust Baton Carrots & Green Beans Fusilli Pasta & Fresh Seasonal Salad Mandarin Orange Sponge with Custard	Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Cheese & Tomato Panini Melt with Coleslaw Garden Peas & Fresh Seasonal Salad Steamed Rice & Oven Roast Wedges	Roast Pork with Stuffing and Rich Gravy - Or - Creamy Pepper Chicken Steamed Broccoli & Cauliflower Mashed Potatoes & Oven Roast Potatoes	Hi Dog with Tomato Ketchup - Or - Baked Potato with Butter Beans in Tomato Sauce & Cheese Melt Ga Jen Peas & Mini Corn on the Cob Chipped Potatoes & Baked Potato
23rd February 23rd March 20th April 18th May 15th June	Golden Baked Cod Bites - Or - Sweet Potato and Chicken Bake Steamed Broccoli & Baked Beans Chipped Potatoes & Baked Potato Frozen Strawberry Yoghurt and Fruit Tub	Mild Beef Chilli - Or - Classic Margherita Pizza Sweetcorn, Fresh Seasonal Salad & Coleslaw Steamed Rice & Oven Roast Wedges Home-made Apple Sponge with Custard	Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Oven Roasted Vegetable Sausages with Tomato & Bean Stew Garden Peas & Diced Carrots Steamed Rice & Mashed Potatoes	Roast Turkey with Stuffing and Rich Gravy - Or - Roast Quorn Fillet with Rich Gravy Roast Carrots & Spring Cabbage Mashed Potatoes & Oven Roast Potatoes	Vanilla Ice Cream with Sliced Pears Cheeseburger with Tomato Ketchup - Or - Chicken Caesar Wrap Mil Corn on the Cob & Crunchy Veggie Sticks Chipped Potatoes & Baby Potatoes Jammie Biscuit with Orange Wedges
2nd March 30th March 27th April 25th May 22nd June	Golden Crumbed Fish Fingers - Or - Mighty Mac 'n' Cheese Garden Peas & Spaghetti Hoops Chipped Potatoes & Mashed Potatoes Banana-flavoured Mousse	Homemade Beef Bolognese - Or - Spring Frittata with Coleslaw Steamed Broccoli & Fresh Seasonal Salad Fusilli Pasta & Herbed Baby Potatoes Summer Fruit Sponge Finger	Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Chilli and Garlic Quorn Bites Steamed Broccoli & Fresh Seasonal Salad Fusilli Pasta & Herbed Baby Potatoes Blueberry and Lemon Sponge with Custard	Roast Gammon with Stuffing and Rich Gravy - Or - Savoury Mince Cauliflower & Roast Butternut Squash Mashed Potatoes & Oven Roast Potatoes	Baked Pork Sausages - Or - Classic and Tomato Deli Roll with Fresh Seasonal Salad Sweetcorn & Baked Beans Chipped Potatoes & Mashed Potatoes Frozen Vanilla Yoghurt with Melon Wedge
9th March 6th April 4th May 1st June 29th June	Homemade Beef Bolognese - Or - Chicken Stroganoff Bacon Carrots & Steamed Broccoli Fusilli Pasta & Sweetcorn & Coleslaw Oven Roast Wedges Melon, Mandarin and Pineapple Pot	Ham and Cheese Pizza - Or - Mediterranean Roasted Vegetable Quesadilla with Hummus Tex-Mex Beef and Veg Tortilla Boat Garden Peas & Roast Butternut Squash Chipped Potatoes & Baby Potatoes Raspberry Jelly with Two Fruits	Lunch Bunch Chicken Curry & Mini Naan Bread - Or - Baked Salmon and Tomato Pasta Roast Carrot & Cauliflower Mashed Potatoes & Oven Roast Potatoes	Roast Beef with Yorkshire Pudding Stuffing and Rich Gravy - Or - Baked Salmon and Tomato Pasta Roast Carrot & Cauliflower Mashed Potatoes & Oven Roast Potatoes	Hi-memade Flakemeal Biscuit with Melon Wedge Over Baked Chicken Goujons - Or - Tuna and Pasta Salad Garden Peas & Baked Beans Chipped Potatoes, Baked Potato & Fresh Seasonal Salad