

FROM THE HART



'One Kind Word'

HART MEMORIAL PRIMARY SCHOOL

ANTI-BULLYING WEEK 2021

P1TE: The children have been learning about the importance of kind words and kind actions this week. We have been busy singing songs, reading stories and participating in several craft activities including designing a pair of odd socks to celebrate how we are all different; making a 'Heart Full of Kindness' to help us focus on kind acts that we could do for others; and making a 'Hands are for helping' wreath.



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P3H enjoyed learning about anti-bullying this week. We discussed what bullying is, how it can happen and what we can do to STOP this. We designed odd socks to celebrate the fact that we are all different people. We also painted a Kindness Tree and added words of kindness to hang on the branches. Everyone made a pledge to share this **one kind word** with someone else in the class. We watched some lovely videos - without words - which emphasised the importance of kindness.

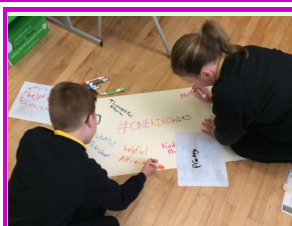


P2LM: P2LM enjoyed designing and colouring their own odd socks and watching the Anti-Bullying powerpoint. We learned about the importance of using kind words and getting help from an adult if someone or something has annoyed us.

P5DK had a lovely time celebrating Anti-Bullying Week. We started the week by looking at a definition of bullying and what we can do to help someone who is being bullied. All of the children then had to pick 5 qualities that made a good friend and put these on their cut-out hands; they decorated and then, cut them out and then put them all together to make a friendship wreath, which has been put on the classroom door for everyone to see. During the week, the children also looked at what cyber-bullying is and what to do if this happens to them. Finally they planned, filmed and made an anti-bullying iMovie.



P4R: For Anti-Bullying Week, we focused on the slogan BLUE - Be Loving and Understanding to Everyone). As a class we discussed the topic of bullying and talked about what it means to be kind to one another. In groups of four, the children thought of 5 words of kindness and wrote them onto their planning page. The class



P6C: **One Kind Word** was the theme for Anti-Bullying Week 2021. In P6C, we wrote about the different ways



that we can be kind. We created a class collage and put together a jigsaw of various ways we can show kindness to each other.

fed back their ideas to the rest of the groups. Each child wrote one kind thing about two members of the class and posted them into our BLUE box. These were then read out to the class. P4 said some *really* lovely things to each other! We must remember to be BLUE every day, showing kindness and respect to each other. We loved this lesson and everyone in the class went home smiling!

P7T: we talked about recognising and being able to discuss emotions; what bullying is; impact of bullying; responsibility of bystanders; understanding the different options to solve the situation - getting help from a trusted adult etc. We also discussed the theme of **One Kind Word** and why words are important - how **one kind word** can brighten a person's day and make a difference to their self-esteem. We came up with many different words and phrases to spread the kindness.



We then made use of freeze frames to portray bullying scenes: a still frame, with each group of pupils portraying different roles: pupil displaying bullying behaviour, pupil experiencing bullying behaviour, bystander, upstander etc. Pupils had to use body language and facial expressions to show the feelings of their character - they couldn't use words. They had a lot of fun doing this and it led to good discussion about what we do in certain situations.

P3T: In P3T we discussed different ways we can be kind to others. We then created a 'Kindness' paper chain. We read the kind words and phrases aloud as we joined our strips of paper together. Once we had created our paper chain, we displayed it in the classroom to remind us to *always* be kind to each other.



P5P: As **One Kind Word** is the theme of Anti-Bullying Week 2021, we wrote and drew about the different ways that we can all be kind at home, school or in the community.



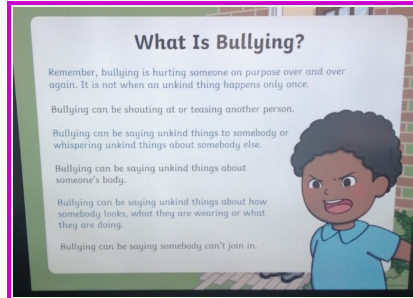
P6M: This week we watched the Anti-Bullying Week 2021 video, then discussed various powerpoints on this year's theme, **One Kind Word**. We wrote about ways in which we could be kind to others at home, at school and in the community.



Each pupil designed a **'One Kind Word'** jigsaw piece, with positive words and actions we could use towards others to show kindness. We then pieced our jigsaw together to celebrate our uniqueness and importance to each other. Children wrote an acrostic poem using the letters of the word KINDNESS and designed a colourful to encourage everyone to be kind to each other. We read an article on Anti-Bullying on Newsdesk and left comments below it using the iPads as well as completing some drama activities of bullying acts that could happen in school and the actions to be taken to stop them.



P1GE: We talked a lot about cooperating at playtime, indoors and out, and watched the 'Respecting Differences' dvd episode on bullying. Circle Time focused on making people happy not sad and what sort of things make us happy - playing together, taking turns, including people in our games etc.



P2H talked about what bullying is and what to do if it happens. We designed odd socks to help us remember that everyone is different but special.



P4S: P4S loved wearing their odd socks to school. We discussed how the odd socks remind us how we are all different and that we should celebrate our differences and the fact that we are unique. After all, life would be very boring if we were all the same!

As the theme for this year's Anti-Bullying Week was **one kind word**, we wrote down as many kind words as we could, then took turns to say kind things to each other.

We also enjoyed a Scripture Union assembly where we learnt that it says in the Bible in Ephesians 4 v 9: *When you talk, don't say anything bad. But say the good things that people need—whatever will help them grow stronger.* We decided that this would be a good motto for our class!

P7MM: Our pupils took part in Odd Sock Day to launch Anti-Bullying Week. Throughout the week, volunteers from the class described a classmate using **one kind word** and designed a 'kind word' for display. We also completed a shared reading activity



about Olympic athlete, Jessica Ennis, learning about how she was bullied in her school days, and how she dealt with it.



We hope you have enjoyed reading about all our Anti-Bullying Week activities including what a difference we can make with just One Kind Word.