

# Name of School - Lunch Menu Choice Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 29 <sup>th</sup> Aug 26 <sup>th</sup> Sept 24 <sup>th</sup> Oct 21 <sup>st</sup> Nov 19 <sup>th</sup> Dec 16 <sup>th</sup> Jan	Spaghetti Bolognese or Margherita Pizza  Crusty bread Sweetcorn Salsa Potato Salad  <b>Raspberry Ripple Ice Cream &amp; Fresh Fruit</b>	Roast loin of Pork or Baked Salmon  Stuffing/Gravy Mixed Fresh Vegetables Oven Roast & Mashed Potato  <b>Popcorn Cookies &amp; Milkshake</b>	Chicken Curry & Rice Naan Bread or Fish Fingers Coleslaw Garden Peas Mashed Potato  <b>Chocolate &amp; Pear Sponge with Custard</b>	Chicken Goujons & dip or Chicken Stir Fry  Sweetcorn Herb Diced Potato  <b>Frozen Smoothies &amp; Fresh Fruit</b>	Burger in a Bap sauté onions/ketchup or Sweet & Sour Chicken & Rice  Tossed Salad Baked Beans Chipped & Mashed Potato  <b>Selection of Yoghurt &amp; Fresh Fruit</b>
WEEK 2 5 <sup>th</sup> Sept 3 <sup>rd</sup> Oct 31 <sup>st</sup> Oct 28 <sup>th</sup> Nov 26 <sup>th</sup> Dec 23 <sup>rd</sup> Jan	Oven Baked Sausages or Homemade Chilli Chicken  Savoury Noodles Baked Beans/Tossed Salad Mashed Potatoes  <b>Arctic Roll with Mandarin oranges</b>	Breaded Fish Filets or Beef Lasagne & Crusty bread  Peas /Coleslaw Mashed Potato  <b>Frozen Yoghurt &amp; Fresh Fruit Salad</b>	Chicken Tikka with Boiled Rice Naan Bread or Cheese & Tomato Pizza  Garden Peas Mashed Potato Tossed Salad  <b>Apple Sponge &amp; Custard</b>	Roast Chicken or Baked Salmon  Stuffing / Gravy Mixed Fresh Vegetables Oven Roast & Mashed Potato  <b>Chocolate Brownie &amp; Milkshake</b>	Steak Burger & Bap or Chicken Panini  Chipped / Mashed Potato Tossed Salad  <b>Flakemeal Biscuit &amp; Fresh Fruit</b>
WEEK 3 12 <sup>th</sup> Sept 10 <sup>th</sup> Oct 7 <sup>th</sup> Nov 5 <sup>th</sup> Dec 2 <sup>nd</sup> Jan 30 <sup>th</sup> Jan	Chicken Curry & Rice, Naan Bread or Oven Braised Burger in Onion Gravy Garden Peas Mashed Potato  <b>Frozen Yoghurt &amp; Fresh Fruit Selection</b>	Fish Fingers or Irish Stew & Wheaten Bread  Baked Beans Mashed Potato Tossed Salad  <b>Swiss Roll &amp; Fruit</b>	Breaded Chicken Goujons or Chicken Arribiata  Tossed Salad Sweetcorn, Herb Diced Potato  <b>Vanilla Ice Cream, Chocolate Sauce &amp; Fruit</b>	Roast Gammon or Baked Salmon  Stuffing, Gravy Baton Carrots/Broccoli Oven Roast & Mashed Potatoes  <b>Rice Krispie Cake &amp; Fruit</b>	Hot Dog or Vegetable Pasta Bake  Coleslaw Chips Mashed Potato  <b>Shortbread Biscuit &amp; Fruit</b>
WEEK 4 19 <sup>th</sup> Sept 17 <sup>th</sup> Oct 14 <sup>th</sup> Nov 12 <sup>th</sup> Dec 9 <sup>th</sup> Jan 6 <sup>th</sup> Feb	Spaghetti Bolognese or Fish Fingers & dip Baked Beans Mashed Potato Cucumber Sticks  <b>Cookie &amp; Fresh Fruit</b>	BUFFET: Selection of Sandwiches (Chicken/Cheese/Tuna) Fish Bites Pizza Fingers Cocktail Sausages Carrot Sticks  <b>Fruit Muffin &amp; Milkshake</b>	Chicken Curry with Boiled Rice Naan Bread or Cottage Pie Garden Peas Mashed Potato  <b>Fruit Crumble &amp; Custard or Yoghurt</b>	Roast Turkey or Baked Salmon Stuffing/Gravy Broccoli Fresh Carrots Oven ' ' Roast & Mashed Potato  <b>Chocolate Brownie and Fresh Fruit</b>	Breaded Chicken Bites or Bacon and Cheese Panini Garden Peas/Coleslaw Chipped Baby Boiled Potato  <b>Selection of Yoghurt &amp; Fresh Fruit</b>

Breads  
Milk, Water  
A Choice of Fresh  
Fruit & Yoghurt  
Available Daily

If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form

Menu choices subject to