



EAT SMART WITH THE LUNCH BUNCH

ea catering

WEEK ONE

MONDAY

MAIN COURSES

Savoury Mince

SIDES

Mashed & Baby Potatoes

And

Baton Carrots

DESSERT

Banana
Yogurt Pot

TUESDAY

MAIN COURSES

Classic Margherita Pizza

SIDES

Steamed Broccoli/
Coleslaw

And

Chipped Potato/Baked
Potato/Salad

DESSERT

Mandarin Orange Sponge
& Custard

WEDNESDAY

MAIN COURSES

Chicken Curry
& Naan Bread

SIDES

Garden Peas
& Sweetcorn

And

Steamed
Rice

DESSERT

Strawberry Jelly, Ice
Cream & Fruit

THURSDAY

MAIN COURSES

Roast of the Day, Stuffing
& Rich Gravy

SIDES

Carrot & Parsnip/Savoy
Cabbage

And

Mashed Potato/Oven
Roast Potato

DESSERT

Chocolate Sponge &
Custard

FRIDAY

MAIN COURSES

Hot Dog with Tomato
Ketchup

SIDES

Garden Peas/Spaghetti
Hoops/Salad

And

Chipped Potatoes/
Baked Potatoes

DESSERT

Fresh
Fruit Pot

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL



EAT SMART WITH THE LUNCH BUNCH

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WEEK TWO

MONDAY

MAIN COURSES

Sausage
Roll

SIDES

Baked Beans
and Garden Peas

And

Chipped Potato/
Salad

DESSERT

Ice Cream, Chocolate
Sauce & Sliced Pears

TUESDAY

MAIN COURSES

Mexican
Chilli

SIDES

Sweetcorn/Coleslaw

And

Steamed Rice/
Salad

DESSERT

Homemade Apple Sponge
& Custard

WEDNESDAY

MAIN COURSES

Chicken Curry
& Naan Bread

SIDES

Garden Peas
& Sweetcorn

And

Rice
Pasta Salad

DESSERT

Rice Pudding
& fruit

THURSDAY

MAIN COURSES

Roast of the Day, Stuffing
& Rich Gravy

SIDES

Cauliflower/Broccoli

And

Mashed Potato/Oven
Roast Potato

DESSERT

Blueberry
Muffin

FRIDAY

MAIN COURSES

Beef Burger with Tomato
Ketchup

SIDES

Sweetcorn/Salad

And

Chipped Potatoes
Mashed Potatoes

DESSERT

Flakemeal Biscuit
& Fruit

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

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WEEK THREE

MONDAY

MAIN COURSES

Golden Crumbed Fish
Fingers

SIDES

Baked Beans/
Broccoli/Coleslaw

And

Chipped/Mashed
Potatoes

DESSERT

Artic Roll with
Peaches & Pears

TUESDAY

MAIN COURSES

Beef Meatballs with
Italian Tomato & Basil
Sauce

SIDES

Garden Peas/Salad

And

Penne Pasta

DESSERT

Fresh
Fruit Pot

WEDNESDAY

MAIN COURSES

Chicken Curry
& Naan Bread

SIDES

Mini Corn
on the Cob

And

Steamed Rice

DESSERT

Lemon Drizzle Cake
& Custard

THURSDAY

MAIN COURSES

Roast of the Day, Stuffing
& Rich Gravy

SIDES

Carrot & Parsnip/
Cauliflower Cheese

And

Mashed Potato/Oven
Roast Potato

DESSERT

Fairy
Cake

FRIDAY

MAIN COURSES

Tasty Pork Sausages with
Tomato Ketchup or Gravy

SIDES

Sweetcorn &
Baked Beans

And

Chipped Potatoes

DESSERT

Melon
Wedge

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

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EAT SMART WITH THE LUNCH BUNCH

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WEEK FOUR

MONDAY

MAIN COURSES

Beef Bolognese with
Garlic Bread

SIDES

Baton Carrots

And

Spaghetti Pasta

DESSERT

Melon, Mandarin &
Pineapple Pot

TUESDAY

MAIN COURSES

Ham & Cheese Pizza with
Garlic Dip

SIDES

Mini Corn on the Cob/
Baked Beans/Coleslaw

And

Chipped Potatoes

DESSERT

Jelly &
Mandarin Oranges

WEDNESDAY

MAIN COURSES

Chicken Curry
& Naan Bread

SIDES

Green Beans
& Sweetcorn

And

Steamed Rice
DESSERT

Cornflake Tart
& Custard

THURSDAY

MAIN COURSES

Roast of the Day, Stuffing
& Rich Gravy

SIDES

Cauliflower Cheese &
Baton Carrots

And

Mashed Potato/Oven
Roast Potato

DESSERT

Ice Cream, Pears &
Chocolate Sauce

FRIDAY

MAIN COURSES

Oven Baked Chicken
Goujons

SIDES

Garden Peas/
Baked Beans

And

Chipped Potatoes

DESSERT

Homemade Ginger
Biscuit & Fruit

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

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TO DELIVERY CHANGES

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