

# Home Learning September Week 3



# Personal, Social and Emotional Development

In nursery we are using our big belly breathing to help us to calm down and learn to manage our emotions. Practice this using the <u>square breathing</u> meditation technique.



# Physical Development

Get up, get moving and get in Shape with the 2d shapes.



### Language Development

Other Shapes Visit Big Heart' by Janet Quinn.

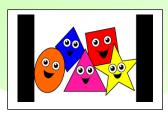
Make a reading den and enjoy some books (see resource card). Ask a grown up to read to you and practice listening to a short story.



# Early Mathematical Experiences

<u>Chant</u> to help you to recognise and name a variety of 2d shapes.

Play the Topmarks <u>Shape</u> Monsters Game.



#### The Arts

Make some 2d shapes using natural resources (twigs and sticks), toys around the house or recycled materials.

(see resource card)



### The World Around Us

Go on a 2d shape hunt and take pictures of the shapes you find.

Use the app 'pic collage' to make a shape collage with the pictures you have taken.



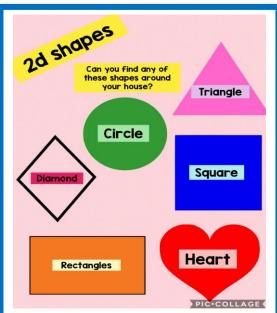
# Resource Card



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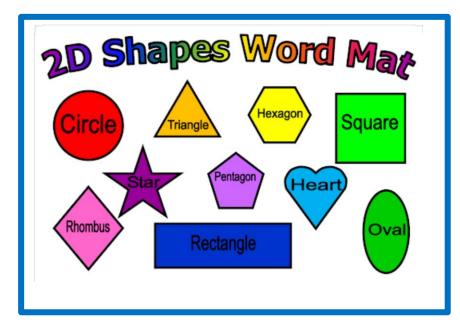






Download the app 'Snap Deluxe'.
Choose the shapes deck and have fun recognising shapes and looking for similarities and differences in order to find a matching pair.





# Useful links:

- Little Star and the Other Shapes:
  - https://www.goodreads.com/vid eos/155744-little-star-andthe-other-shapes-visit-bigheart-read-aloud
- The Singing Walrus 2d Shape Song:
  - https://www.youtube.com/watc h?v=OEbRDtCAFdU
- I See 2d Shapes: https://www.youtube.com/watc h?v=VD7igAckSyE