



Home Learning September Week 4



Personal, Social and Emotional Development

Ask your child to tell you about a time when they felt angry. Use the 'What can I do when I am feeling angry?' Poster on the resource card to talk about ways to calm down when feeling angry.

Practice the tumble drier breathing technique.



Physical Development

Go on a Goldilocks and the three Bears Cosmic Kids Yoga Adventure.

Practice using scissors by cutting some of the materials listed on the resource card.



Language Development

Listen to the story of 'Goldilocks and the three Bears' then chat to your child about the story. Can they remember what happened first, next, after?



Early Mathematical Experiences

Sort for size using your toys at home. Can you make a set of 'big' and a set of 'small'?

Can you order your toys from biggest to smallest or smallest to biggest?

Play the 'Let's Compare' game to have fun with sorting for size.



The Arts

Use your fingers to paint a picture of Goldilocks and the three Bears. Use your picture to help you retell the story.

Listen and sing along with the rhyme 'When Goldilocks went to the house of the Bears!'.



The World Around Us

Using household items e.g. wooden blocks, tin cans, boxes complete the STEM challenge:

Can you make a tower as tall as yourself?

Building Challenge

Can you build a tower as tall as yourself?
How many blocks are in your tower?



Resource Card



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Building Challenge

Can you race someone and see who can build the tallest tower?



Useful links:

- ❖ [Sort the same group 2 different ways](#)
- ❖ [Comparing Sizes](#)
- ❖ [Patty Shukla: stand up, turn around, sit down](#)
- ❖ [The Learning Station: Heads, Shoulders, Knees and Toes](#)
- ❖ [Michael Gordon: When I am Angry](#)
- ❖ [Engineering for Kids: how high can you stack?](#)

Goldilocks and the three Bears

- What did Goldilocks do when she arrived at the three bears cottage?
- What did Goldilocks eat? How many bowls were there? What size were they? Which bowl had porridge that was too hot? Which bowl had porridge that was too cold? Which bowl had porridge that was just right?
- What did Goldilocks sit on in the three bears cottage? What size was the wooden chair? What size was the pink chair? What size was the blue chair?
- What happened to the small chair?
- Which bed was the perfect size for a young girl?
- What did Pappa Bear say when he arrived home to eat his porridge?
- What did Mamma Bear say when she seen her chair?
- What did Baby Bear say when he seen his bed?
- What did Goldilocks do when she saw the bears?
- Why were the bears angry with Goldilocks?

What Can I Do When I'm Feeling Angry?

It's OK to feel angry – everyone does from time-to-time! Being angry can sometimes make you feel like you want to bash something or hurt somebody else but that wouldn't be a good choice. Use one of the choices below to help you get your angry feelings out.



20 New Materials to use for Scissor Practice

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| 1. Cooked Noodles | 11. Wrapping Paper Scraps |
| 2. Leaves | 12. Old Mail/Envelopes |
| 3. Parchment Paper | 13. Blades of Grass |
| 4. Drinking Straws | 14. Yarn |
| 5. Playdough | 15. Tissue Paper |
| 6. Ribbon | 16. Thin Cardboard |
| 7. Easter Grass | 17. Flowers/Stems |
| 8. Tin Foil | 18. Fabric Scraps |
| 9. Newspaper | 19. Old Magazines |
| 10. Streamers | 20. Photos |