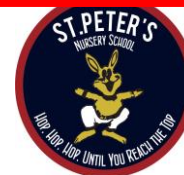


Home Learning December Week 1



Personal, Social and Emotional Development

Christmas Star Breathing: encourage the children to choose a comfortable sitting position and stretch out their hand like a star. Encourage the children to use their pointer finger on the other hand to trace the outline of their hand breathing in as they trace up, pause at the top and exhale as they trace down.



Physical Development

Encourage children to get up and move using the [Holiday Dance and Freeze](#) clip.

Thread your very own Christmas candy cane using a pipe cleaner and cheerios 😊



Language Development

In school we are learning about the real meaning of Christmas. Use books and the clips below:

[The Greatest Journey:](#)

[The Well Good News of Christmas:](#)



Early Mathematical Experiences

Can you create a Christmas candy cane pattern? Collect red and white objects from around your house and create your pattern. 😊 See resource card for interactive pattern game.



The Arts

Christmas Crafts 😊

See Resource card for ideas e.g. Christmas tree and bauble.

Have a go at creating some peppermint playdough to play with- see resource card for recipe.



The World Around Us

Have a go at Santa's Magic Milk Experiment: see resource card.

Encourage the children to make [Melted Snowmen Biscuits](#)

Encourage children to predict, experiment, observe and conclude.



Resource Card



Home Learning
December Week 1



Santa's Magic Milk Science Experiment



Ingredients

- Whole milk or half fat milk
- Green food colouring
- Red food colouring
- Green glitter
- Red glitter
- Peppermint essence
- Liquid soap
- A lolly stick
- A shallow dish



The Activity

1. Pour some milk in the shallow dish.
2. If you would like the experiment to smell, add some peppermint essence.
3. Sprinkle the glitter on top of the milk then add small drops of food colouring towards the edge of the bowl.
4. The food colouring will sit on top of the surface.
5. Dip the lolly stick in the liquid soap then place that end of the lolly stick in the centre of the milk.
6. This is when the magic happens!
7. The food colouring will slowly begin to swirl.
8. The glitter will jump to the edge of the bowl.

Christmas Pattern Game



Peppermint

Cloud Dough



You will need:

- 7 cups flour
- 1 cup vegetable oil
- cup green or red powder paint
- peppermint extract
- sequins
- Christmas shape cutters

Method

1. Combine the powder paint with the flour. You may choose to make one batch of red cloud dough and one batch of green cloud dough.
2. Add a few drops of peppermint extract.
3. Pour in the vegetable oil and mix well.
4. To add that extra Christmassy feel, leave out some sparkly sequins alongside the dough. Children will enjoy making the Christmas shapes and decorating them with the sparkles.

Useful Links:

- [Santa Shark](#)
- [S-A-N-T-A](#)
- [5 Candy Canes](#)
- [Reindeer Pokey](#)
- [I'm a little snowman](#)