



Home Learning Jan Week 3



Personal, Social and Emotional Development

We have been learning all about People who help us. Can you think of 3 ways you can be helpful at home, in school or in your community?

[Sesame Street-Being helpful](#)

Draw a picture of one of the ways you can be helpful.



Early Mathematical Experiences

Become a postman/woman and sort the different shaped parcels and deliveries.

[Postman Pat Parcel Game](#)

In school we have been learning about 2d/3d shapes. Have a watch at these clips below:

[3d shape song](#)

[Storybots shapes episode 4](#)

Physical Development

When becoming a firefighter, you have to train and exercise to be fit for your job.

Try your best to complete the workout on the resource page.



Language Development

Become an author- if you wrote a book what would it be about?

Download the Khan Kids Academy and complete the activity Title and Author

Choose your favourite book

What is on the front cover of your book?

Can you find the title of the book? Who is the author/illustrator of the book?



The Arts

We have learning all about 'People who help us'

Watch this clip:

[Hospital Visit](#)

We have also been learning about what an x ray is. Create your own x ray using q tips- see resource card.

The World Around Us

Have a go at completing the 'People who help us Match' on the resource card.

Have a chat about each occupation you can see 😊

Become a builder and create a construction using wooden blocks, lego, duplo or household objects.

Take a photograph of your fantastic creation.

Resource Card



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KIDS 7 MINUTE HIIT WORK OUT FOR SELF-REGULATION
Set an interval timer and complete each animal movement for 45 seconds, with 15 seconds of rest in between. Do as many as you can!

FROG JUMPS
Hop, hop, back and forth like a frog

BEAR WALK
Hands & feet on the floor, hips high - walk, left and right

CORILLA SHUFFLE
Sink into a low sumo squat, with hands on the floor, shuffle around the room.

STARFISH JUMPS
Jumping jacks as fast as you can, with arms and legs spread wide.

CHEETAH RUN
Run in place, as FAST as you can! Just like the fastest animal in the Sahara.

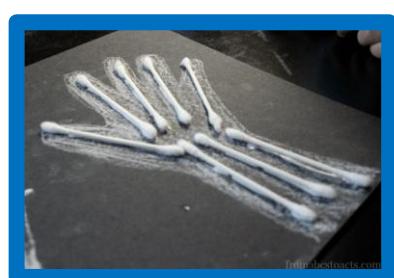
CRAB CRAWL
Sit and place your palms flat on the floor behind you near your hips. Lift up off the ground and crawl.

ELEPHANT STOMPS
March in place lifting your knees as high as you can and stomping the ground as hard as you can!

PIC COLLAGE

Pat's Parcel Sort Game

Khan Academy Kids



Useful Links:

- [Firefighter song](#)
- [Alphabet](#)
- [Occupations](#)
- [Topsy and Tim-dentist.](#)

People who help us Matching Sheet

Match the people who help us to the tools they use.
