



Home Learning Feb Week 1



Personal, Social and Emotional Development

Join in with Space Yoga by clicking the link below:

[Cosmic Kids Space Yoga](#)

See Resource Card for a fantastic breathing strategy- Rocket Breaths



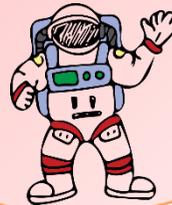
Physical Development

This dance is fun and will get you moving:

[Astronaut Dance](#)

[Spaceship Dance](#)

[Spacebop Dance](#)



Language Development

We have been learning all about modes of transport that travel in the air.

Have a listen to these stories:

[Planes](#)

This book looks at a plane that wants to take part in a race. 😊

[How to Catch a Star](#)



Early Mathematical Experiences

Have a go at completing the patterns using the game:

[Planet Pal](#)

See resource card for a range of other pattern activities.

Listen to the number rhymes by clicking on the links:

[5 Little Men in a Flying Saucer](#)

[10 Little Airplanes](#)



The Arts

Here's a song for you. Maybe you want to sing along or try some of the moves. Or maybe zoom around being a plane while they sing.

[Barney- The Airplane Song](#)

There are so many ways to make an aeroplane. Look at the resource card for some ideas and have a go at home.

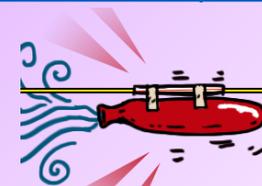


The World Around Us

Can you create your own balloon rocket?

Click on the link below for instructions and resources needed.

[Balloon Rocket Experiment](#)



Resource Card



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Rocket Breaths

Take off into relaxation today! Explain to your child that you are going to practice a deep breath like a rocket. While he/she inhales, taking air into his/her lungs, you will sound the count down until take off when he exhales, letting the air out of his lungs. Invite your child to stand or sit with a straight back. Have him/her hold his hands gently together in front of his chest, getting ready for the take off. As you count to five, have them press their hands together and inhale during the count-down. When you get to five, have them blast off with their exhale, moving their hands in an upward take off motion until arms are straight up. When their hands and arms reach straight up, they can separate their hands allowing them to circle back around to starting position. Invite them to make a whooshing sound during the take-off, fully exhaling as their arms circle around to the start position.

Creating a repeated pattern

Patterns can be made with objects like coloured cubes, small toys, buttons and keys, and with outdoor materials like pine cones, leaves or large blocks, as well as with movements and sounds,



Sound/ movement pattern- clap, jump, jump, clap, jump, jump



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Patterns

Can you make a pattern? You can use things around the house like cups, fruit, cutlery, toys or you could even draw a pattern

Remember a pattern is a repeated design like this:



Here is a fantastic pattern song to give you some ideas:
To access the link type into YouTube the pattern practice song

<https://m.youtube.com/watch?v=MBjxSx45-Q>



To access link type topmarks shape patterns



Select a truck to play

topmarks

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Useful Links:

- [The Airport Diary](#)
- [Nasa Space Shuttle](#)
- [We are going to the moon](#)