



Home Learning April Week 3



Personal, Social and Emotional Development

Join in with Cosmic Kids Zen Den
[Taste Test Mindful Eating](#)

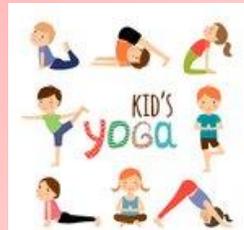
Can you draw a picture of all your favourite foods?



Physical Development

Put on some relaxing music and take part in spring yoga. See resource card for movements.

Join in with Go Noodle Food Pattern Dance '[Banana, Banana, Meatball](#)'



Language Development

Play the Food What Am I? Game uploaded to Seesaw & on School Website: listen to the clues and see if you can guess the food described.

[From Farm to fork](#)

[From Farm to Fork Carrots](#)

Discuss where various foods come from e.g. milk from a cow.



Early Mathematical Experiences

Listen to the Counting Story '[From the Garden](#)' on YouTube:

Practice counting forwards 0-10 and backwards 10-0.

Complete some Patterns Home Learning Challenges: See resource Card.



The Arts

Have fun engaging in some food related arts & crafts activities - see resource card.

[Listen to loud or quiet](#)
[Sesame Street- quiet or loud](#)

Sing some familiar nursery songs loudly and quietly. E.g. twinkle twinkle, humpty dumpty etc.



The World Around Us

Complete the challenge: Can you push a straw through a potato? - see resource card

Complete the science scavenger hunt - see resource card.





Home Learning April Week 3



Can you draw all your favourite foods?



Arts and crafts

DIY FOOD FACE PLATE



Create your own paper plate pizza.



Paint Printing with vegetables and fruit



Cut and stick from food magazines to create a collage.



Can you push a straw through a potato?



Put your finger on the end of the straw and push through the potato. When you trap the air inside, the air molecules compress and give the straw greater strength. This allows the straw to pass through the potato.

Useful Links:

[From Farm to Fork Carrots:](#)

[From Farm to Fork Potatoes](#)

[From Farm to Fork Beef](#)

[From Fark to Fork Cheese](#)

[From Fark to Fork Milk](#)

[Cosmic Kids Zen Den Taste Test](#)

[Mindful Eating](#)

[Go Noodle Food Pattern Dance](#)

['Banana, Banana, Meatball':](#)

Spring Yoga

SPRING YOGA

10 easy yoga poses for kids

1. Say hello to the sun.
2. Pretend to be a tree.
3. Pretend to be a flying bird.
4. Pretend to be the falling rain.
5. Pretend to be planting seeds.

Have a chat with your child about the changes that happen in spring.

Listen to some relaxing music and take part in some spring yoga movements.

KIDS YOGA STORIES

Science Scavenger Hunt



Science Scavenger Hunt

- Can you find a magnet?
- Can you see a light bulb?
- Can you find something that is transparent?
- Can you find something that is rough?
- Can you find something electronic?
- Can you find something that floats?
- Can you find something that will sink?
- Can you find something reflective?
- Can you find something that is magnetic?

Have a go at creating some patterns at home.

Pattern

Home Learning Challenges

Collect 5 pebbles and 5 leaves from outside. Make a pattern that goes 'pebble, leaf, pebble, leaf'. Can you complete it? You could paint the pebbles different colours and make patterns with the colours.

Choose 2 different colours of paint and make stripes across the paper in the 2 colours. Remember to change colour each time to make it a repeating pattern. Can you use the paint to make patterns with spots or circles? How many different patterns can you make with 3 colours of paint?

Can you make a pattern with the fruit from the fruit bowl, or the biscuits in the biscuit tin? Try this one: 'banana, banana, grape, grape' or 'apple, pear, orange, apple, pear, orange'. How many more can you make?

Use the Internet or books to look at patterns on animals. Look at tigers, zebras, snakes, giraffes and elephants. What other animals can you find with patterns? Can you draw any of the patterns?

Choose 2 of your favourite coloured pens. Draw a circle with one colour and a triangle with another, then another circle with the same first colour and another triangle with the same second colour. Continue the pattern. Can you make a pattern with the 2 the same, then another 2 the same, e.g. 'red, red, blue, blue'?

Ask a friend to clap a repeating pattern for you to copy. Repeat it back to them. Then, you clap a repeating pattern and see if they can repeat it. Try this with some other body percussion, including tapping on your legs, knees, shoulders and head. You could tap your hands, knees, head, hands, knees, head.