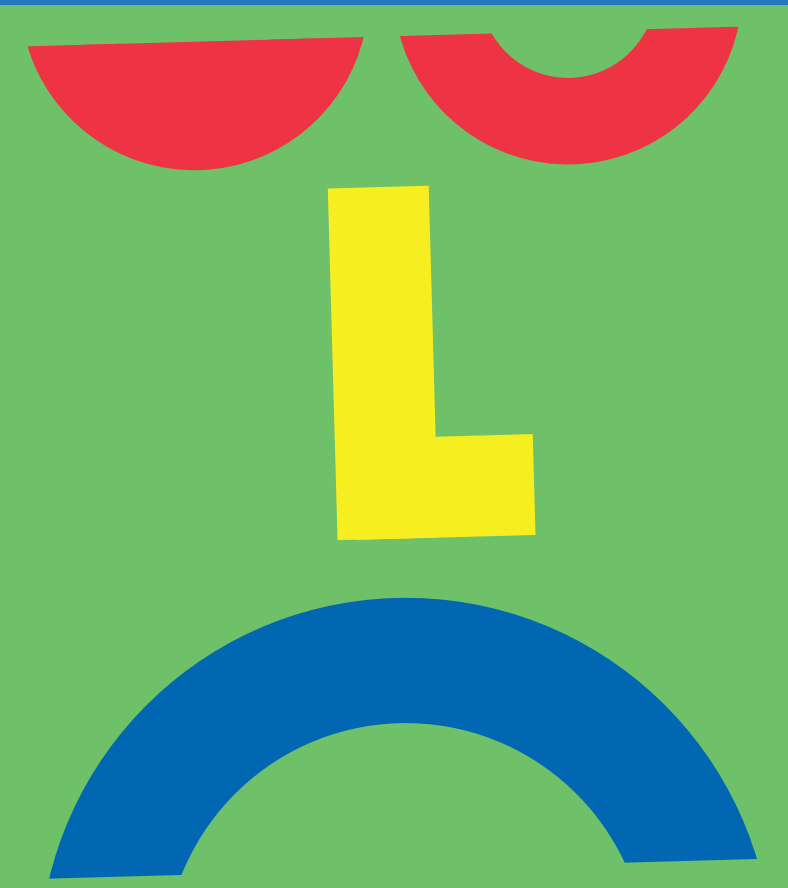


ANCHORING ANXIETY



**Providing Support to Parents of Children
With Anxiety and School Based Avoidance**



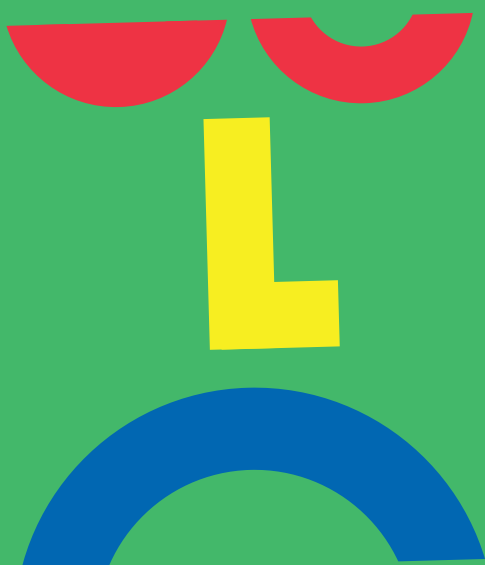
An Chroi (Trench Road) • **Thursday 5th June 2025**

ANCHORING ANXIETY

Providing Support to Parents of Children With Anxiety and School Based Avoidance



**An Chroi
5th June 25**



9-9.30am

Registration and
Tea/Coffee

9.30am

House Rules
and Introduction

9.40-11am

STRIVE NI Understanding
Anxiety and Practical
Strategies

11-11.15am

Break

11.15-12.15pm

Middletown Centre
for Autism
Sensory Regulation

12:15-12.45pm

Parent Participation Team
Children in N. Ireland

12:45 -1:00pm

Nurturing Courage
(Introducing a new
Programme to Help
Children With Anxiety
in School)

1-1:15pm

Questions and Answers

Booking is essential.

Please click on the
link on the right to
book your place.

