

# EAT SMART WITH THE LUNCH BUNCH



## WEEKS SERVED

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

|  |  |  |  |  |   |
|--|--|--|--|--|---|
| <b>19 February</b><br><b>18 March</b><br><b>15 April</b><br><b>13 May</b><br><b>10 June</b><br><b>2 September</b><br><b>30 September</b> | Golden Crumbed Fish Fingers<br>- Or -<br>Freshly Baked Ham & Cheese Panini<br><br>Garden Peas/ Chipped Potato / Pasta<br><br>Homemade Flakemeal Biscuit        | Beef Ragu Italia with Rice<br>Or<br>Homemade Margarita Pizza<br><br>Sweetcorn<br>Diced Potato / Coleslaw<br><br>Sponge & Custard                           | Chicken Curry & Naan Bread<br>- Or -<br>Baked Pork Sausages & Gravy<br><br>Baked Beans<br>Boiled Rice / Mashed Potato<br><br>Arctic Roll and Peaches | Roast Chicken, Stuffing & Gravy<br>- Or -<br>Quorn Dippers<br><br>Fresh Vegetables in Season<br>Mashed / Oven Roast Potato<br><br>Homemade Brownie & Orange Wedges   | Chicken Goujons & Sweet Chilli Dip<br>- Or -<br>Roast Mediterranean Vegetable Pasta Bake<br><br>Spaghetti Hoops<br>Chipped Potatoes/ Pasta<br><br>Fruit Muffin & Apple / Orange Juice |
| <b>26 February</b><br><b>25 March</b><br><b>22 April</b><br><b>20 May</b><br><b>17 June</b><br><b>9 September</b>                        | Golden Crumbed Fish Fingers<br>- Or -<br>Creamy Chicken & Broccoli Pasta with Garlic Bread<br>Peas<br>Chipped Potato/ Pasta<br><br>Ice-Cream & Chocolate Sauce | Homemade Cottage Pie<br>- Or -<br>Homemade Margherita Pizza<br><br>Sweetcorn<br>Diced Potato / Pasta<br><br>Summer Fruit Cheesecake                        | Chicken Curry & Naan Bread<br>- Or -<br>Beef Burger<br><br>Baton Carrots<br>Mashed Potato / Steamed Rice<br><br>Sticky Date Pudding & Custard        | Roast Pork, Stuffing & Gravy<br><br>Fresh Vegetables in Season<br>Mashed Potato / Oven Roast Potato<br><br>Golden Krispie Square   | School "Chippy Day" Chicken Goujons<br>- Or -<br>Fish Goujons<br><br>Mushy Peas<br>Chipped Potato/ Pasta / Salad<br><br>Frozen Fruit Yoghurt  |
| <b>4 March</b><br><b>1 April</b><br><b>29 April</b><br><b>27 May</b><br><b>24 June</b><br><b>16 September</b>                            | Baked Pork Sausages & Gravy<br>- Or -<br>Honey Chili Chicken & Caribbean Rice<br><br>Baked Beans / Mashed Potato<br><br>Ice-Cream Tub                          | Chicken Curry & Naan Bread<br>- Or -<br>BBQ Pulled Pork Pizza Wrap<br><br>Sweetcorn<br>Chipped Potatoes / Boiled Rice/ Pasta<br><br>Orange Fruit Jelly Pot | Breaded Fish Fingers<br>- Or -<br>Beef Lasagne, Garlic Bread & Coleslaw<br><br>Mushy Peas<br>Mashed Potato / Pasta<br><br>Fruit Sponge & Custard     | Roast Gammon, Stuffing & Gravy<br>- Or -<br>Roast Butternut Squash, Penne Pasta and Tomato & Pesto Sauce<br><br>Fresh Vegetables in Season<br>Mashed Potato / Oven Roast Potato<br><br>Fresh Fruit Salad & Yoghurt | Beef Burger / Bean Burger in Bap with Onions<br>- Or -<br>Salt & Chilli Chicken<br><br>Corn on the Cob<br>Chipped Potato / Steamed Rice<br><br>Shortbread & Melon Wedge               |
| <b>11 March</b><br><b>8 April</b><br><b>6 May</b><br><b>3 June</b><br><b>26 August</b><br><b>23 September</b>                            | Beef Bolognaise<br>- Or -<br>Chicken Goujon Wrap with choice of dip<br><br>Sweetcorn<br>Pasta Spirals / Mashed Potato<br><br>Chocolate & Orange Cookie         | Breaded Fish & Lemon Mayo<br>- Or -<br>Homemade Margherita Pizza<br><br>Baked Beans<br>Chipped Potato / Pasta<br><br>Raspberry Jelly & Two Fruits          | Chicken Curry & Naan Bread<br>- Or -<br>Beef Burger<br><br>Diced Carrots<br>Mashed Potato / Rice<br><br>Fruit Sponge & Custard                       | Roast Chicken, Stuffing & Gravy<br><br>Fresh Vegetables in Season<br>Mashed Potato / Oven Roast Potato<br><br>Fifteens   | Hot Dog / Veggie Dog with Tomato Ketchup<br>- Or -<br>Chicken & Summer Veg Pie<br><br>Sweetcorn<br>Chipped Potato / Pasta<br><br>Ice-Cream & Mandarin Oranges                         |

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABILITY