

12ú Eanáir 2024 — 12th January 2024 Nóta na hAoine- Friday note



School Closure – Thursday 18th January 2024- Strike Action

Gaelscoil na mBeann will be closed for our pupils next Thursday due to Industrial Strike Action taking place on that day. Please see the letter attached and Gaelscoil website for more details. Naíscoil na mBeann will open as usual.



Stationery

Please ensure that your child has their own stationery (pencils, rubbers etc) and that it is taken to school daily. Gaelscoil na mBeann will provide basic stationary but due to rising costs and budget cuts, we only have limited supplies.



Missing Books and Clothing/Belongings

Please can everyone check their homes over the weekend for Gaelscoil Reading Books and uniform/clothing items that belong to other children and return them to school as soon as possible. All items belonging to your child(ren) should be clearly labelled. This will make it easier for items to be returned to their owners.



Bia Sláintiúil ar scoil



Tá sé tugtha faoi deara againn go bhfuil sean-nósanna míshláintiúla ag sleamhnú isteach arís ó thaobh bia sna boscaí lóin de. Bí cinnte le do thoil go gcloítear le polasaí itheacháin sláintiúil na scoile agus tú ag tabhairt sos nó lón do do leanbh.

Seachnaígí milseáin agus seacláid agus líon na boscaí lóin le torthaí, glasraí agus bia sláintiúil. Ar an drochuair, bíonn tionchar an siúcra go soiléir le feiceáil sna ranganna i ndiaidh am sosa agus am lóin agus bíonn

sé níos deacra ar na páistí bheith ag díriú ar an fhoghlaim.

We have noticed recently that some old bad habits are slipping in with regards to items in children's lunch boxes. Please ensure that our school's Healthy Eating Policy is adhered to when you are packing break or lunch for your child.

Avoid sweets, chocolate and fatty foods and fill lunch boxes with fruit, vegetable and healthy food. Unfortunately, the effects of sugar can be clearly seen in the class after break and lunch and makes it so much harder for the children to focus on their learning.

Sacraments



Rang 3, 4 and 7 have commenced preparation for their upcoming Sacraments. Rang 3 & 4 pupils will have their

Service of Induction in Gaelscoil na mBeann at 10 am on Thursday 24th January. Parents are invited to attend this ceremony in school which will last approximately 20-30 minutes.

A copy of their Baptism Certificate will need to be provided to school by no later than Friday 19^{th} January. If you have misplaced this, a copy can be obtained from the parish office where the child was Baptised.

Conradh na Gaeilge Boirche Íochtar Nuachtlitir Boirche Íochtar - Lower Mourne Gaelic League Newsletter (mailchi.mp)

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