

GLASTRY CENTRAL KITCHEN (subject to alteration)

	Monday	Tuesday	Wednesday	Thursday	Happy Friday
WEEK 1 17.01.22 14.02.22 14.03.22 11.04.22 9.05.22	Steak Casserole Crusty Bread Fresh Diced Turnip Tossed Salads Mashed Potato Ice Cream and Fruit	Oven Baked Breaded Chicken Goujons Garden Peas Selection of Salads Mashed Potato Fresh Fruit Salad & Yoghurt	Breast of Chicken Curry with Boiled Rice, Naan Bread Medley of Fresh Vegetables Carrot Cake & Custard	Roast Loin Pork, Stuffing and Gravy Fresh Baton Carrots Broccoli Florets Dry Oven Roast Potatoes Mashed Potato Artic Roll & Milk	Salmon Fishcake Sweetcorn Crunchy Coleslaw Tossed Salad Chips Chilli Baby Boiled Potatoes Flakemeal Biscuit, & Melon Boat
WEEK 2 27.12.21 24.01.22 21.02.22 21.03.22 18.04.22 16.05.22	Spaghetti Bolognaise Grated Cheese Sliced Crusty Baguettes Broccoli Florets Fresh Baton Carrots Homemade Rice Pudding & Peaches	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Selection of Salads Homemade Shortbread & Fruit Pot	Fresh Breaded Cod Goujons Baked Beans Tossed Salad Mashed Potato Apple Crumble & Custard	Roast Beef, Stuffing & Gravy Diced Carrot & Parsnip Dry Roast Potato Mashed Potato Melon Slice & Yoghurt	Breaded Chicken Goujons Selection of Salads Sweetcorn Chips Jelly & Ice Cream with Fruit Salad
WEEK 3 03.01.22 31.01.22 28.02.22 28.03.22 25.04.22 23.05.22	Savoury Mince & Onion Fresh Baton Carrots Broccoli Florets Mashed Potato Chocolate & Orange Sponge & Custard	Breaded Cod Fish Fingers Baked Beans Sweetcorn Mashed Potato Artic Roll Fresh Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread French Green Beans Tossed Salad Flakemeal Biscuit & Mandarin Orange	Roast Turkey, Stuffing & Gravy Fresh Carrot & Parsnip Dry Oven Roast Potatoes Mashed Potato Homemade Rice Pudding & Pears	Hotdog, Saute Onions Carrot & Cucumber Sticks Chips or Baby Boiled Potatoes Raspberry ripple ice cream & Fresh Fruit Salad
WEEK 4 10.01.22 7.02.22 7.03.22 4.04.22 2.05.22 30.05.22	Fresh Breaded Cod Fillets Lemon Slice & Tartar Sauce Baked Beans Mashed Potato Flakemeal Biscuit, Fruit & Milk	Irish Stew Homemade Wheaten Bread Broccoli Florets Sweetcorn Strawberry Mousse & Fresh Fruit Salad	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Lemon Sponge & Custard	Roast Beef, Stuffing, Gravy Cauliflower with Cheese Sauce Fresh Baton Carrots Dry Roast Potatoes Mashed Potato Chocolate Brownie & Custard	Homemade Marguerite Pizza Crunchy Fresh Coleslaw Tossed Salad Pasta Salad Baked potato or Chips Artic Roll & Jelly & Fresh Fruit

school food

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Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily

