



Paediatric Occupational Therapy Advice Clinic

Who is it for?

Parents or guardians of any child who is having difficulties managing with daily activities who would like advice from an Occupational Therapist.

The child does not need to be on the Occupational Therapy waiting list to avail of the advice clinic.

What does it involve?

You can meet with an Occupational Therapist to get ideas and strategies to support the development of a specific skill area. For example;

- Personal care skills; washing, dressing, grooming, toileting, eating/drinking
- Pre-school/ School; concentrating, sitting still in chair, participation in age appropriate skills
- Play skills; cycling, throwing and catching a ball, playing with other children, engaging in after school clubs or hobbies

The appointment will last approximately 30 minutes. During the appointment, you will be offered some strategies and resources to support the development of this skill.

How can I access it?

To avail of the advice clinic please contact Dana Forde, Admin to Primary Care OT on 01-7956769.

Where do I go for my appointment?

Appointments are generally held either by phone or virtually through an app called attend anywhere. Clinic appointments can be provided if required.

